

Age-Group Committee

BOD Meeting Report

January 25, 2026

Age-Group Committee Members:

- Greg Morse (BETT) – Committee Chair (greg.morse@iaswim.org)
- Madyson Gomez (IFLY) - Vice Chair
- Nicolai Paulson (Athlete) - Secretary
- Gabriella Cwiertny (Athlete)
- Gwen Soresen
- Kyle Bry
- Karyl Palmer

2026 Midwest All-Star Championship

Iowa Swimming was well represented and came away with second place in the girls, boys, and combined team scores. Congratulations to all our outstanding Athletes and a big thank you to our parents and to All-Star coaches who served on the Team Iowa staff. All-Star Summary posted on IASI BOD Page and the AG Committee page

Task Force - South Section:

Iowa Swimming has established two task forces that will work with the other LSCs in the South Section and the Central Zone “hierarchy” in finalizing initial policies and procedures around the new regional approach to Zones Championships. One task force, led by Phil Barnes, will focus on policies and procedures. The other task force will focus on the Zones Championship meet.

Age-Group Development Meets

- Iowa Swimming is committed to providing young swimmers, 12 & under, a structured developmental swim meet program. The developmental swim program offers IASI-registered swimmers a chance to experience swim meets while enjoying the fun, excitement and character lessons that comes with being a member of a competitive team. The program will be aligned with USA Swimming Rules and Regulations sections 102.1.3, 102.10.4, and 205.11.

The goal of this program:

- low-cost to families and clubs
- Beneficial to swimmers, parents, clubs, and officials.
- Easy to set up and administer
- Encourage older swimmers to participate as Junior Officials
- Participation by Flex Members will not count towards the annual meet limit for Flex members

Age-Group Swim Camps

IASI Age Group Swim Camp structured for younger competitive swimmers, 12 & under, focusing in skill development stroke technique, starts, turns, race strategy, nutrition, and mental health. Goal, boost performance beyond regular practice Task Force that will be headed by Madyson Gomez and Nicolai Paulson

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2025 Budget Allocations:

All-Star Meet Expenses:

	Actual	Estimated	Budget	Over Budget
Coaches Expenses	\$1,912	\$1,900	\$1,200	\$712
Stipends	\$2,200		\$1,400	\$800
Relay Fees/Photos	\$936		\$1,450	(\$514)
Travel				
Discretionary		\$200	\$200	
Gear Clothing	\$0	\$300	\$300	(\$300)
TOTALS	\$5,048	\$3,100	\$4,550	\$498