

SHORT COURSE CHAMPIONSHIPS (need to be included in meet announcement)

ENTRY & SEED TIMES

1. Entry times must meet or exceed the Iowa Q-Time standard and must be submitted in the same length course in which they were achieved. Conforming seed times are Short Course Yards. Short Course Meters and Long Course Meters are non-conforming times and will be seeded after Short Course Yards times. Converted times are not allowed.
2. If an athlete fails to achieve the Iowa Q-time Standard during the preliminary round of an event or in a timed finals event, the athlete will have until 30-minutes after the close of the session in which the swim took place to provide proof of time.
3. If proof of time is not provided within allotted time, the athlete's club will be assessed a \$100 fine payable to the {host club} and the athlete will be disqualified from the event. After the allotted time, clubs may appeal the fine to the Meet Referee by providing proof of time, but the disqualification from the event will remain.
4. Acceptable methods for providing proof of time include a copy of final results from Hy-Tek or an equivalent meet management software, results directly from the Meet Mobile app, or directly from the USA Swimming database.
5. Clubs may provide proof of time for some or all athletes at any time prior to the {day before meet} scratch deadline.
6. Only relays may enter as a "NO TIME" entry.
7. An athlete who has achieved an Iowa Q time standard in either the 800/1000 Free or the 1500/1650 Free may compete in either event or both events even if they have not met the Iowa Q time standard in both events.

SHORT COURSE AGE GROUP CHAMPIONSHIPS (need to be included in meet announcement)

ENTRY & SEED TIMES

1. Entry times must meet or exceed the Iowa Q-Time standard and must be submitted in the same length course in which they were achieved. Conforming seed times are Short Course Yards. Short Course Meters and Long Course Meters are non-conforming times and will be seeded after Short Course Yards times. Converted times are not allowed.
2. If an athlete fails to achieve the Iowa Q-time Standard during the preliminary round of an event or in a timed finals event, the athlete will have until 30-minutes after the close of the session in which the swim took place to provide proof of time.
3. If proof of time is not provided within allotted time, the athlete's club will be

assessed a \$100 fine payable to the {host club} and the athlete will be disqualified from the event. After the allotted time, clubs may appeal the fine to the Meet Referee by providing proof of time, but the disqualification from the event will remain.

4. Acceptable methods for providing proof of time include a copy of final results from Hy-Tek or an equivalent meet management software, results directly from the Meet Mobile app, or directly from the USA Swimming database.
5. Only relays may enter as a “NO TIME” entry.
6. 13-14 age group athletes that have achieved a qualifying standard in either the 1000/800 Free or the 1650/1500 Free may compete in either or both events, even when having not met the qualifying standard in the other event. For the event not meeting the qualifying standard, the seed time will be the slowest non-conforming seed time for that event.

BONUS EVENTS

Athletes that have achieved a qualifying standard in one (1) event and are entered in that event, may enter up to two (2) bonus events. Athletes that have achieved qualifying standards in two (2) events and are entered in those events, may enter one (1) bonus event.

1. Bonus entries are limited to events of 200 yards or less.
2. Bonus entries will be seeded at the slowest non-conforming time for that event.
3. Clubs must indicate bonus entries on the entry file, or on manual entries.

WINTER REGIONAL and 8 & UNDER CHAMPIONSHIPS (need to be included in meet announcement)

ENTRY & SEED TIMES

1. Conforming seed times are Short Course Yards. Short Course Meters and Long Course Meters are non-conforming times and will be seeded after Short Course Yards times. Converted times are not allowed.
2. For events requiring an IASI Regional time standard, athletes will have until 30-minutes after the close of the session in which the swim took place to provide proof of time, should the athlete have failed to achieve the IASI Regional time standard.
3. If proof of time is not provided within allotted time, the athlete’s club will be assessed a \$50 fine payable to the {host club} and the athlete will be disqualified from the event. After the allotted time, clubs may appeal the fine to the Meet Referee by providing proof of time, but the disqualification from the event will remain.

4. Athletes who age up to a new age group between the Regional Championships and the IASI {upcoming championship meets} will be able to swim in the age group corresponding to their age on the first day of the Regional Championships in those events offered in their current age group in which they do not have an Iowa Q-time standard for their new age group, even if they have an Iowa Q-time standard in those events for their current age group. Athletes who swim events under this rule will not be eligible for awards or points. This rule will not change the current IASI rule regarding relay competition.

GUIDANCE & PROCEDURES

As a warning, this adjustment has the potential to slow down the distribution of prelim-to-final results, depending on the number of swimmers in an event and where the line for missing the Q-time lands.

If an athlete is disqualified during the swim in prelims or timed finals, proof of time must still be provided because the athlete was able to compete and failed to achieve the Q-time in the results.

If a club provides proof of time prior to the meet, it should be advised that coaches provide a reference document to increase efficiency for meet admin and to avoid mistakes.

Admin officials need to have a method for indicating bonus events and crossover distance entries, because those athletes will not need to provide proof of time. Slowest non-conforming times will be a good indicator that it may be a bonus entry.