

LSC Travel-Athlete Representative Code of Conduct

The purpose of a code of conduct for Athletes representing our LSC while traveling as IASI Representatives is to establish a consistent expectation for Athletes' behavior.

By signing this code of conduct, I, _____, agree to the following:

- ☐ I will respect and show courtesy to my fellow Athletes and Non-Athletes at the event, at all times.
- ☐ I will set a good example of behavior and work ethic for my fellow Athlete representatives from the Iowa LSC, and from others.
- ☐ I will attend, and be on time for, all scheduled meetings, training sessions, and activities unless I have checked in with, and am excused by, a Non-Athlete adult representative traveling with me on this trip.
- ☐ I will notify the adult Non-Athlete representatives traveling with me, should I seek to leave the event facility for any *unscheduled* reason. (For example – a group of Athletes wants to walk together to a nearby restaurant.)
- ☐ I will show respect for all facilities and other property (including my hotel room, meeting spaces, locker rooms) used during travel.
- ☐ I will be respectful of others feelings and personal space at all times. I will not enter hotel rooms other than my own, nor will I ask anyone to enter my hotel room, other than an assigned roommate. Public meeting spaces will be utilized for interactions with my fellow athlete reps.
- ☐ I will refrain from foul language, violence, behavior deemed dishonest, unsafe, offensive, or illegal.
- ☐ I understand I should ask any Non-Athlete IASI member on the trip for help, if needed.
- ☐ I will obey all of USA Swimming's rules and codes of conduct.
- ☐ Athletes who exhibit inappropriate behavior will be faced with consequences. I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by the Iowa LSC's Board of Directors.

Swimmer's signature

Date

Parent Acknowledgement

The purpose of the Parent/Legal Guardian Acknowledgement is to clarify expectations for athletes' behavior, and give parents/legal guardians a snapshot of the athletes' environment while traveling as IASI Representatives for this event.

By signing this acknowledgement, I _____, understand the following:

- ☐ My Athlete will be traveling and attending this event as a member of the Iowa LSC, accompanied by adult Non-Athlete members from IASI, *but will not be under constant supervision*.
- ☐ Non-Athletes from the Iowa LSC will be on-site throughout the event, and available to assist an Athlete with anything, should they need it. However, all Athletes are expected to manage their own schedule independently, including getting themselves out of bed on time, attending meals, meetings, training sessions, and social events on time, and returning to their room at a reasonable time. Room checks will not be conducted.
- ☐ My Athlete will have their own hotel room, *or* will share a room with an athlete of the same gender, and close in age, from the Iowa LSC.
- ☐ My Athlete is expected to participate in everything on their event schedule, and to check in with a Non-Athlete member of the Iowa LSC when/if it is ever necessary to deviate from that schedule, or to leave the hotel. For example:
 - ☐ Illness or injury
 - ☐ Leaving the hotel to walk to a nearby restaurant for dinner with a group of fellow athletes, or visit a local point of interest with a group of fellow athletes.
 - ☐ Any other reason
- ☐ LSC Athlete representatives in attendance at USA Swimming Workshops and Meetings range in age from approximately 15-22 years of age. USA Swimming Minor Athlete Abuse Prevention Policy is in effect at this event, as it is for all USA Swimming events.
- ☐ I am aware that alcohol is present. Alcohol is not served to minors. However, it is available to adults at the event, at the hotel restaurant/bar.

Please visit with your Athlete about any concerns or additional expectations that you may have.

Parent/Legal Guardian signature

Date