

## Swimmers with a Disability Coach and Meet Referee Communication

Meet \_\_\_\_\_ Session \_\_\_\_\_ Date \_\_\_\_\_

Please give copy to admin to put with meet information

| Swimmer | Age Group | Event | Necessary Accommodation |
|---------|-----------|-------|-------------------------|
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### **Examples of Necessary Accommodations to start the conversation**

- Take longer to get to blocks
- Have an assistant at the block
- In the water start
- Longer to get out of the pool.
- Ask to see if a mat can be placed at lane getting in and out of the pool
- 1 layer of towel on the blocks at the start
- Hand signals for the heat start

**Any stroke movement(s) that are different from technical rules & regulations of USA-S swimming**