



Iowa Swimming House of Delegates Proposal

Proposal A

☐ Proposed New Legislation

☒ Proposed Change of Policy and Procedure

☐ Proposed Interpretation of existing Policy

☐ For Discussion Only

Proposed Legislation must be submitted on this form to the ISI Secretary at least 20 days prior to the meeting date. Any proposals received within 20 days will require a 90% Approval in order to pass.

Date Submitted: 08/31/2019

Date of Meeting to be Discussed: 10/06/2019

Name of Proposal: Section G Update, part 1

Policy and Procedure Manual location:

Please provide section notation of the rule which would be affected by the Proposal within the P&P Manual, if applicable.

Section G (Officials)

Description of Issue:

An amendment to the Section G re-write was passed at the Spring 2019 HoD, to retain the ISI officials' dress code as part of Section G. This amendment leaves a few minor issues to be addressed:

The dress code language retained from the old Section G needs updating to reflect current expectations.

The amendment retained the requirement for meet referees to explicitly specify the dress code for every meet. Many meet referees do not currently do this, and it is preferred to make this optional.

~~Language regarding low key officiating was retained by the amendment that had already been moved~~

Solution/Rationale and Proposal/Legislation Requested:

Revise dress code language to reflect current expectations.

Change requirement for meet referee to specify dress code into an option to modify it.

Merge the language retained from old Section G from the General into the Introduction section, eliminating the duplicated language regarding low key officiating.

Effective Date: 10/06/2019

Proposed by: Officials Committee

Club:

Action: ☐ (Adopted) ☐ (Defeated) ☐ (Adopted-Amended) ☐ (Tabled) ☐ (Postponed) ☐ (Withdrawn) ☐ (Referred to Committee)

I. Introduction

The integrity of a swimming competition is dependent upon its administration by competent and conscientious officials. Iowa Swimming, Inc. (ISI or Iowa LSC) sponsors training clinics for meet officials and conducts a testing and certification program for officials in accordance with the standards and guidelines of USA Swimming. The rules of swimming are designed to provide fair and equitable treatment and competition for all swimmers. Meet officials are there to see that the rules are followed and administered fairly and uniformly, and are expected to carry out their duties in a low key, inconspicuous, and professional manner. Meet officials should present a professional appearance. General dress code for officials at ISI meets is white collar shirt, navy pants, shorts or skirt, and white (or mostly white) socks and shoes. The shirt may include ISI, USA Swimming or approved meet logos. The meet referee may modify the dress code for a meet or for any individual session.

All swim officials conducting ISI sanctioned events shall be current non-athlete members of USA Swimming, have a current Level 2 background check, be current with Athlete Protection Training, and have completed the training and certification program implemented by their LSC Officials Committee. Certification and recertification requirements for all officials' positions maintained by the Iowa LSC are published on the ISI Officials website. Official certifications are valid for two years and expire on December 31. ISI officials must be able to provide their certification, either by card or from the USA Swimming website, showing their name, expiration dates and positions for which they are certified to officiate. It is the general policy of ISI to use volunteer officials in all capacities.

~~H. General~~

- ~~1. Every effort must be made to assure that meet officiating be conducted in a low key, inconspicuous, and professional manner. Dress code for a meet or individual session shall be determined by the meet referee.~~
- ~~2. General dress code for officials officiating at ISI meets is white top (preferably not t-shirt), navy pants, shorts or skirt and white shoes. ISI, USA Swimming or approved meet logos may be included with the top.~~



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Date Submitted: 08/31/2019

Date of Meeting to be Discussed: 10/06/2019

Name of Proposal: Section G Update, part 2

Policy and Procedure Manual location:

Please provide section notation of the rule which would be affected by the Proposal within the P&P Manual, if applicable.

Section G (Officials)

Description of Issue:

The detailed Section G proposal, for a section regarding disputes and disciplinary actions, failed to pass at the Spring HoD meeting. This leaves Section G with no language on this subject, leading to the perception that no procedures exist to handle these potential issues.

Solution/Rationale and Proposal/Legislation Requested:

Because it is desired not to duplicate language already available in USA Swimming policy and guidelines documents, it is proposed to add an abbreviated section regarding disputes and disciplinary actions. The section is to be inserted into Section G following the Officials Committee section. The proposed language simply gives information:

- a. That a procedure exists
- b. That the procedure follows USA Swimming guidelines
- c. On the appropriate individual to contact with an issue

Effective Date: 10/06/2019

Proposed by: Officials Committee

Club:

Action: ☐ (Adopted) ☐ (Defeated) ☐ (Adopted-Amended) ☐ (Tabled) ☐ (Postponed) ☐ (Withdrawn) ☐ (Referred to Committee)

Disputes and Disciplinary Action

Any complaint, protest or dispute involving an official should be reported to the Officials Committee Chair. If the issue involves a member of the Officials Committee, it should be reported to the Senior Vice Chair. All complaints, protests and disputes shall be resolved following USA Swimming guidelines.



Iowa Swimming House of Delegates Proposal

- ☐ Proposed New Legislation ☒ Proposed Change of Policy and Procedure
☐ Proposed Interpretation of existing Policy ☐ For Discussion Only

Proposal C

Proposed Legislation must be submitted on this form to the ISI Secretary at least 20 days prior to the meeting date. Any proposals received within 20 days will require a 90% Approval in order to pass.

Date Submitted:

Date of Meeting to be Discussed:

Name of Proposal: Removal of 11-12 1500/1650 Free from 2020 ISI Championship Meets

Policy and Procedure Manual location:

Please provide section notation of the rule which would be affected by the Proposal within the P&P Manual, if applicable.

Remove the 11-12 1500/1650 from the 2020 ISI Championships and Silver Championships.

Description of Issue:

Solution/Rationale and Proposal/Legislation Requested:

Rational: As a 10 & Under, athletes do not compete in anything longer than a 400/500 Freestyle. Aging up into 11-12 adds both the 800/1000 and the 1500/1650. Removing the 1500/1650 from these meets would allow for more of a gradual development, especially since they also add 200s of stroke and the 400 IM without losing any event. These changes would also greatly aide our timelines at these championships.

Effective Date: 10/06/2019

Proposed by: Brian Ruffles

Club:

Action: ☐ (Adopted) ☐ (Defeated) ☐ (Adopted-Amended) ☐ (Tabled) ☐ (Postponed) ☐ (Withdrawn) ☐ (Referred to Committee)



Proposal Submission to
Iowa Swimming
House of Delegates



Proposal Title: Outreach Proof of Eligibility Expansion

Submitted By: Jen Matthews

Effective Date: 2020 Registration Year (beginning Sept 1, 2019)

*Required. If left blank the default effective date for Fall Proposals will be April 1st of following year. Spring Proposals will be September 1st

Location within current Policies of Proposal Change: Section C, III

Proposal Description:

Change from:

"The applicant MUST include one of the following proofs to be considered for the reduced fee, along with athlete registration form: proof of reduced/free lunch program; show proof of food stamps; show proof of annual income."

To

"The applicant MUST include proof of participation in at least one program on the USA Swimming Outreach Membership Criteria List to qualify for the reduced fee, along with athlete registration form."

Rationale:

Our LSC Outreach criteria are limited. Expanding our LSC proof of eligibility options from only 3 types to the full list of criteria recommended by USA Swimming will provide more flexibility and less roadblocks for Outreach athlete families.

Examples:

- Child has recently entered foster care (State program)-does not receive free/reduced lunch, but can provide proof of Medicaid.
- Disabled athletes (as defined by USA Swimming rule 105.1.1) would now qualify for Outreach.
- Homeschooled athlete - family does not receive free/reduced lunch at school, does not qualify for SNAP (food stamps), and income is not quite low enough to meet the Federal Income eligibility, but the family does qualify for WIC.

In the past two years, I have encountered each of these situations, and others. Potential to increase Outreach membership, as well as disability membership.

**USA Swimming
Outreach Membership Criteria List**

Program Name/Description <i>Description</i>	Form of Proof <i>Card/Letter/Certificate</i>	Website	Notes
SNAP (food stamps)	Current date Notice of Action letter	https://www.fns.usda.gov/snap/apply	Each state has it's own application form.
Emergency Food Assistance Program (TEFAP)	The Homeless Coalition use their letterhead letter to confirm families' homeless status after screening the parents A letter from school district detailing students living situation	https://www.acf.hhs.gov/ https://nche.ed.gov/	
Federal Poverty Guidelines - Household's income is within the limits on the Federal Income Eligibility Guidelines. LSC determines %.	Previous or current IRS Tax Return.	https://aspe.hhs.gov/poverty-guidelines	
Section 8 low income housing	Section 8 Voucher / Lease agreement / Rent Receipt	https://www.hud.gov/program_offices/public_indian_housing/programs/hcv/abou/fact_sheet	See state housing authority for more information.
Medicaid and other low income needs based health insurance programs including CHIP (children's health insurance program).	Annual Letter (including Medi-Cal)	https://www.cms.gov/ https://www.medicaid.gov/	
Medicare -- especially for grandparents raising grandchildren.	Notice of Action letter	https://www.medicare.gov/	
Emergency Food Assistance Program (TEFAP)	Approval Letter	https://www.fns.usda.gov/tefap/emergency-food-assistance-program-tefap	Based on income levels and participation in programs like SNAP, CSFP, LEAP, etc.
Social Security Disability Insurance	Social Security Disability Notice Letter	https://www.ssa.gov/disability/	The Social Security Office will send them a notice with the amount participants will receive and when payments will start. IMPORTANT: Disability benefits will not necessarily continue indefinitely. The Social Security Disability Office reviews cases periodically. In a dual income household one person may qualify for SSDI while the other earner's income may exceed the poverty guidelines.
LIEAP -- Low Income Energy Assistance Program	Approval Letter	https://www.acf.hhs.gov/ocs/programs/liheap	The Office of Community Services will provide participants with the approval letter.
SSI -- Supplemental Security Income	Annual Statement	https://www.ssa.gov/disabilityssi/ssi.html	
Consider YMCA/YWCA or Parks & Rec low income memberships. If athletes qualify for these memberships, have the applicant submit the income standards for the membership for consideration.	Letter from YMCA/YWCA or Parks and Rec Program		Contact local YMCA/YWCA or Park & Rec administrator for more information.
WIC -- Special Supplemental Nutrition Program for Women, Infants and Children	Copies of WIC document that show participation in program.	https://www.fns.usda.gov/wic/women-infants-and-children-wic	WIC participants have to go through an approval process. WIC doesn't send an approval letter. They will provide copies of documents to show that families are participating. Contact local WIC office.
TANF -- Temporary Assistance to Needy Families Program	Verification letter from Department of Health and Human Services	https://www.acf.hhs.gov/ofa/programs/tanf	Contact family caseworker for documentation. IMPORTANT: Plan and work requirements are part of TANF. If they are not followed TANF benefits may be cut. Also the employment situation may change (new job) that will push participants out of program. Work with TANF Caseworker to monitor status.
School Financial need based program - Private/Parochial	Verification letter from School administrator		See schools administrator for criteria for need based programs.

USA Swimming Outreach Membership Criteria List

Disability -- allow all athletes who are disabled under USA Swimming definitions to qualify for an outreach membership.		https://www.usaswimming.org/utility/landing-pages/club/disability/	Contact LSC Disability Swimming Chairperson.
Children's Health Insurance Program (CHIP)	Copy of welcome letter from the Health Insurance Marketplace.	https://www.healthcare.gov/medicaid-chip/childrens-health-insurance-program/	IMPORTANT: CHIP benefits are different in each state. But all states provide comprehensive coverage. Must contact local state office. CHIP participants must show marketplace documents to prove income level. Participants will first receive a welcome letter in the mail. A couple of weeks later a more detailed packet will follow. CHIP provides low-cost health coverage to children in families that earn too much money to qualify for Medicaid. Designed for families that have a low income.
Participation in Head Start	Letter from the Family Advocate/Family Support Specialist that states the family has been approved to participate in the Head Start program	https://www.acf.hhs.gov/ohs	The Health & Human Services (HHS) Poverty Guidelines are used to determine income eligibility for participation in Head Start and Early Head Start programs. Children from birth to age five who are from families with incomes below the poverty guidelines are eligible for Head Start and Early Head Start services. The family works directly with the Family Advocate/Family Support Specialist to find a Head Start program that has space for the family.
Housing Choice Voucher Program	Copy of the Housing Voucher that the PHA issues to qualified families to either rent or purchase an apartment or home.	https://www.hud.gov/program_offices/public_indian_housing/programs/hcv/ab out/fact_sheet	Housing choice vouchers allow very low-income families to choose and lease or purchase safe, decent, and affordable privately-owned rental housing. Housing choice vouchers are administered locally by public housing agencies (PHAs). A housing subsidy is paid to the landlord directly by the PHA on behalf of the participating family. The family then pays the difference between the actual rent charged by the landlord and the amount subsidized by the program. IMPORTANT: Under certain circumstances, if authorized by the PHA, a family may use its voucher to purchase a modest home. It is possible for a family with a low income to purchase a home.
Child and Adult Care Food Program (CACFP)		https://www.fns.usda.gov/cacfp/child-and-adult-care-food-program	CACFP provides aid to child and adult care institutions and family or group day care homes for the provision of nutritious foods that contribute to the wellness, healthy growth, and development of young children, and the health and wellness of older adults and chronically impaired disabled persons.
FDPIR -- Food Distribution Program on Indian Reservations		https://www.fns.usda.gov/fdpir/food-distribution-program-indian-reservations-fdpir	USDA Foods to income eligible households living on Indian reservations, and to American Indian households residing in approved areas near reservations or in Oklahoma. Households are certified based on income standards set by the Federal government and must be recertified at least every 12 months. Income level guidelines - https://fns-prod.azureedge.net/sites/default/files/fdpir/exhibit-m-net-monthly-income-standard.pdf IMPORTANT: Households may not participate in FDPIR and SNAP in the same month.

USA Swimming Outreach Membership Criteria List

Summer Food Service Program	Verification letter from site administrator	https://www.fns.usda.gov/sfsp/summer-food-service-program	The Summer Food Service Program (SFSP) ensures that low-income children continue to receive nutritious meals when school is not in session. Program operates during school vacations, primarily in the summer months from May through September. Certain categories of children are automatically eligible for free meals (categorically eligibility). Participation in comparable Federal assistance program (SNAP, FDIPIR, TANF, etc.), documentation that the child is homeless, runaway, or migrant; a foster child; or enrollment in Head Start Program.
Seamless Summer Option	Current date, Individual Letter from the <u>school</u> <u>district</u>	https://www.fns.usda.gov/school-meals/opportunity-schools	Meals are provided free of charge to children, 18 years and under, from low-income areas. IMPORTANT: THE LEVELS - Open - On a first-come, first served basis, serves all children age 18 and under at a site that is located within an area where at least 50 percent of the children are certified eligible for free or reduced price school meals. Restricted Open - On a first-come, first-served basis, serves children age 18 and under at a site that is located within the geographical boundaries of the attendance area of a school where at least 50 percent of the children are certified eligible for free or reduced price school meals or based on other data as discussed in Q17. Closed Enrolled - Serves only an identified group of children through age 18 who are participating in a specific program or activity. Meals are reimbursed for all children in attendance at the appropriate NSLP or SBP free rates
Federal free and reduced Hot Lunch Program	Current date, Individual Letter from the <u>school</u> <u>district</u>	https://www.fns.usda.gov/nsip/national-school-lunch-program-nsip	Acceptable in areas that do not participate in the Community Eligibility Provision
Special Request - For cases not falling under these guidelines (foster children, children of veterans, etc.), the LSC should have an appeals process in place such as appealing to the Outreach Chair, Registration Chair, or the General Chair.	Determination made by LSC Registration Chair		IMPORTANT: Foster children - Guardianship of the foster child must be linked to the household of the guardian through custody papers.



**DIVERSITY &
INCLUSION**



Proposal Submission to
Iowa Swimming
House of Delegates



Proposal Title: \$2 LSC Membership Fee increase to Premium, Seasonal & Non-Athlete

Submitted By: Jen Matthews

Effective Date: January 1, 2020

*Required. If left blank the default effective date for Fall Proposals will be April 1st of following year. Spring Proposals will be September 1st

Location within current Policies of Proposal Change: ISI P&P Section C Part IV and VI

Proposal Description:

Increase the Iowa Swimming LSC membership fee by \$2 for Premium, Seasonal and Non-Athlete registration types.

Premium - currently \$12, raise to \$14
Seasonal - currently \$8, raise to \$10
Flex - currently capped at \$10, no increase
Outreach - currently \$0, no increase
Non-Athlete - currently \$7, raise to \$9

Rationale:

With the Central Zone increase in LSC fees to CZ from \$100 annually to \$0.25/athlete (of Flex, Outreach and Premium members, as calculated at the end of the registration year and invoiced to the LSC) Iowa Swimming must be prepared to cover this. A \$2 increase to Premium, Seasonal, and Non-Athlete fees would cover the \$0.25 CZ increase, as well as increase revenue to continue to support current services to members.

Outreach membership fee would remain the USA-S fee only, keeping this fee as low as possible. Flex LSC fees are capped at \$10, but the \$2 increase would apply to Flex to Premium upgrades.

\$2 increase keeps Iowa below the average in our annual registration fees across all LSCs. It has been over 5 years since the LSC increased any membership fees. Membership is a once-per-year fee and the LEAST expensive piece families pay (of monthly club dues, meet fees, equipment and apparel, meet travel, etc)



Proposal Submission to
Iowa Swimming
House of Delegates



Proposal Title: \$1 LSC Membership Fee increase to Premium, Seasonal & Non-Athlete

Submitted By: Jen Matthews

Effective Date: January 1, 2020

*Required. If left blank the default effective date for Fall Proposals will be April 1st of following year. Spring Proposals will be September 1st

Location within current Policies of Proposal Change: ISI P&P Section C Part IV and VI

Proposal Description:

Increase the Iowa Swimming LSC membership fee by \$1 for Premium, Seasonal and Non-Athlete registration types.

Premium - currently \$12, raise to \$13
Seasonal - currently \$8, raise to \$9
Flex - currently capped at \$10, no increase
Outreach - currently \$0, no increase
Non-Athlete - currently \$7, raise to \$8

Rationale:

With the Central Zone increase in LSC fees to CZ from \$100 annually to \$0.25/athlete (of Flex, Outreach and Premium members, as calculated at the end of the registration year and invoiced to the LSC) Iowa Swimming must be prepared to cover this. A \$1 increase to Premium, Seasonal, and Non-Athlete fees would cover the \$0.25 CZ increase in fees, as well as increase revenue to continue to support current services to members.

Outreach membership fee would remain the USA-S fee only, keeping this fee as low as possible. Flex LSC fees are capped at \$10, but the \$1 fee would apply to upgrades from Flex to Premium.

\$1 increase keeps Iowa below average in our annual registration fees across all LSCs.

It has been over 5 years since the LSC increased any membership fees.

Membership is a once-per-year fee and the LEAST expensive piece families pay (of monthly club dues, meet fees, equipment and apparel, meet travel, etc)