



NES Inclusion Committee Board Meeting Report (7-8-2014)

USA Swimming Diversity Mission Statement:

USA Swimming is committed to increasing the multicultural, ethnic, and socioeconomic diversity of the sport to achieve and foster an inclusive swimming environment that fosters the growth of swimming at all levels.

N. E. Swimming's Mission

To promote and support personal excellence through competitive swimming.

Inclusion Committee = (I.C.) Purpose: “To Promote, inform and expand competitive swimming to underrepresented groups throughout New England Swimming’s territory”.

Inclusion Committee Work & Service:

On Saturday, May 31st:

A Stroke and Turn Officials Clinic was held at Madison Park Recreational Center

Facilitated by Ken Galica & Paul Memont

7+ attendees (two have completed test and two apprentice sessions)

It was a wonderful informational session and we look forward to hosting another in the fall.

Water Safety Day in 3 Inner City Locations:

Purpose:

To Raise awareness around being safe and the importance of learning to swim and inspire Athletes to become more service oriented and socially responsible and get involved. Great opportunity to showcase new “**Swim Today**” videos.

This will be an excellent leadership opportunity for the LSC Board & Inclusion Athletes Swimmers to get involved and participate in an event and support their local Inclusion Committee, developing and better understanding the benefit of more athlete involvement as well as what a Water Safety Day/Festival should look like.

Last two Saturdays in July 19 & 26, 2014 – 10:00 a.m. – 2:00p.m. Preliminary Day Outline

9:30 – 9:50a.m. Group & Individual Check-in (Groups Coordinated & Assigned)

10:00 – 10:30a.m. Introduction (Local politician, Olympian or USA Swimming Video)

10:15 – 10:30a.m.	Greeting/Welcome, Acknowledgements & Event Overview
10:30 – 10:40a.m.	Station # 1 – Start -
10:45 – 11:05a.m.	Station # 2 – Rotation
11:00 – 12:00p.m.	Potential - Meet, Greet & Photo Op with (potential local celebrity)
11:10 – 11:30a.m.	Station # 3 – Rotation
11:45 – 12:05p.m.	Station # 4 - Rotation
12:10 – 12:30p.m.	Station # 5 – Final Rotation

10:30 - 12:30pm Stations flow (Manned by a Certified Lifeguard and Student teacher)

- *Know the Water* – water fun activities/learn basic swimming skills **(In the water)**
- *Introduction/Water Safety Talk* “Reach or Throw Don’t Go” **(In the water)**
- *Water Safety Equipment* – Learning about Life Jackets (PFD’s) **(In the water)**
- *Basic Swim Stroke* – Learn basic free style, back stroke & Floating **(In the water)**
- *Pool & Water Rules* – Learn to be safe at the pool or waterfront. Be cool, follow the rules **(On deck)**

12:30 – 12:45p.m. Closing Remarks, Goody bag distribution and Clean-up

1:00 – 2:00pm Volunteers Lunch

WSD - Locations:

The Mildred Avenue Community Center – Mattapan, MA

Madison Park Recreation Center – Roxbury, MA

YMCA Roxbury, MA

Advertisement will be done on the “T” – See attached

We are still in need of volunteers to help with putting on WSD days:

- 1) Ideally to have support from NES Board Members
- 2) Spread the word among teams – Life guard volunteers needed
- 3) Work with Student Athletes – Board and Committee to get additional volunteers

Please contact Nadine Jesionek @ najohnjes@gmail.com

Diversity & Inclusion National Committee:

Conference Call held on 7-8-14 (today 4:30 – 5:30p.m.)

National Award winner(s) were chosen to present at USAS Conference

Sue Anderson has retired –Mariejo Truex (aka – M.J.) has taken on Sue’s position

Discussion on having Diversity & Inclusion Awards at the LSC Levels as there is great work being done in many of the LSC’s. More to come.

Discussion was held on the greater detail for the Diversity & Inclusion track at USAS Convention.

Diversity and Inclusion Meet and Greet
Diversity and Inclusion Roundtable Discussion Issues and Concerns
Diversity & Inclusion Committee Meeting
Great Ideas in Your LSC
Zone and LSC Diversity Camps
Diversity & Inclusion Workshop

We were all asked to think about relevant content for these topics. More to come in our next call.

Respectfully submitted:

G. Nadine J.-Jesionek