Last Name	Write in the workshop(s) you found the most helpful	List at least two ideas you heard about that you would like to see	Other comments or suggestions relating to the convention and
	and most notpid.	implemented in New England Swimming:	purpose:
Johnson-Jesionek	1) Safe Sport at Meets 2) Western Zone - D & I Meeting 3) D & I Committee - Business Meeting 4) D & I Panel: Outside the Instrustry 5) Swimbiz: Marketing tips to grow your team	1) More partnerships with outside organizations; like minded; goal driven 2) What is our LSC's compelling vision & goal? Are we effecting change? 3) Create a welcome entry/friendly front door. Are we fun inviting friendly to everyone? How many of the members/parents know there is a board?	1) I enjoyed hearing perspective from outside industries. Building bridges 2) Safe sport identified that everyone has a part to play - creating a tool box. 3) Creating an on boarding process for new board members. 4) Better understanding processes and navigating board/committees. 5) Up to date information on the Free & reduce lunch across the nation, be sure to address with sensitivity, we don't know everyone's circumstance. 6) Just because something is racial doesn't mean it's racist. 7) How can we create an environment where active committee members know they are valued? 8) Inclusion means: Value of support and respect of diversity.
Healey	Registration updates/ Safe Sport/ Diversity/Leadership/	athlete programs, work with Board to increase enthusiasm/ meet in a box from Safe Sport	NE is far ahead of other LSC/s but needs work on coach and team relationships. Too much competition with each other and not enough respect
Davis	O.R. workshop and part of the bus. mtg. Disability workshop Safe Sport mtg.	Three point entry Hypoxic training and awareness Hotel safety	A friend of mine died in a hotel room. He was having a heart attack and called the front desk on his cell phone. By the time he was found, he was dead. Always use the hotel's phone to summon help.
Matuszak	I really enjoyed the Board Orientation session led by Jane Grosser and the Athlete Engagement session led by Ceallach Gibbons. Both inspired some great ideas for ways that I can offer to help New England Swimming.	I would like to help facilitate or foster a Board Orientation each year for all New England Swimming Board Members and I would love to help our athlete reps develop some programming for athletes, including an athlete retreat.	Convention is exhausting and inspiring. THANK YOU USA and New England Swimming!
Black Sholudko	Operational Risk Meeting, Disability Swimming Meeting, Official's Clinics and Workshops, Rules And Regs Meeting, Governance Task Force Meeting	Discussion and review of Operational Risk Reports (Occurrence Reports) to look for common themes and ways to mitigate risks. New Rules, Regs., Interpretations to bring to officials in New England. Some thoughts regarding the integration of disabled swimmers into LSC Championships.	I am very appreciative of the opportunity afforded to me by New England Swimming. I found the convention to be informative and enjoyable. Thank you! I will review my materials and will forward any files (some have not been uploaded yet) from the convention page after that.

Last Name	Write in the workshop(s) you found	List at least two ideas you heard	Other comments or suggestions
	the most helpful	about that you would like to see implemented in New England Swimming:	relating to the convention and purpose:
Menck	Round table Coaches and officials Rules and Regulations	We have a large number of rules that will be updated section R in addition to all of the new G legislation. Open Water Application reduced from 8 pages to 4 pages Flex Memberships	Many of the meetings which were set up as business meetings, were identical to the presentations at either workshops or committee meeting. This is a huge waste of time. Should be listed as a repeat. Also the tech suit for kids was a bust. They could have done an online survey to gather the information and actually presented something in Dallas!
PAYSON	zone board of review diversity /inclusion make a splash just to name a few	broadening the diversion umbrella and developing criteria for participation in select camps. learn to swim/community teams and how to bring them in to New England Swimming task force/panel to investigate flex	I feel that in the future, votes for hod at convention should be represented from office, coach, official, and board member. I was shocked that I didnt have a vote for coaches in NE as coach rep
Tynan	Membership Roundtable Open Forum on Tech Suits	memberships Coach workshops/meetings/roundtables to discuss current ideas/trends	
Buckley	Engaging and empowering LSC athlete leadership workshop	coach and official gathering 1. Having an athlete committee retreat to show what being an athlete rep is all about and promote the LSC 2. Having an LSC wide practice day	
Kaufman	Only had time to attend the Safe Sport Committee business meeting. Learned a lot from Jim Sheehan about governance changes during conversation at that meeting.	website to include information about	Very glad that next year's convention is at the end of September and doesn't even conflict with Jewish High Holidays. Athletes who sign up for national committees should have something to do (as Consi said). At the LSC and national level veteran members have lots to offer newbies but sometimes don't share institutional history, leading both to a feeling of division and newbies being less effective than they might otherwise be.
Russell	I mostly went to meetings, not workshops. Got useful information from all, cannot pick one that outshone the others	Change - in general. Let's try to look at and do things in a different way, with different perspective. Safe Sport - would like to see more Safe Sport information incorporated into meet signage and programs.	Language is important. oCan be inclusive or exclusive oEmpathy is required – even though you may not understand how someone can possibly feel a certain way, you have no right to dismiss the feelings of others oListen, then be heard