



**NEW
ENGLAND
SWIMMING**

Green Mountain Aquatics – BYD - EDGE Swim Team Tri-Meet

Saint Michael's College Pool, Colchester, VT
October 20, 2019

Held under the sanction of USA Swimming/New England #NE20-1020GMA

Meet Director	Laura Matuszak	lmatuszak@smcvt.edu	802-238-9168
Meet Referee:	Jess Workman	jessworkman@comcast.net	802-238-2326
Entry Chairperson:	Laura Matuszak	lmatuszak@smcvt.edu	802-238-9168
Admin Official:	Elizabeth Austin	elizabethaustinvt@gmail.com	802-363-3229
Safety Monitor	Eileen Hall	Ehall2@smcvt.edu	802-999-5016

IMPORTANT DEADLINES:

First date of entry: October 14, 2019

Final date of entry: October 19, 2019

Payment deadline: October 20, 2019

MEET FORMAT: The meet will be swum as timed finals. Each session will be seeded by computer based on positive check-in at the beginning of each session. Coaches will receive a positive check-in sheet before each session that must be returned no later than 30 minutes before the beginning of the session. Heat sheets will be posted around the pool deck. Coaches will be able to pick up heat sheets for each event at the control office.

No events will swim with more than one swimmer per lane.

SITE: The Saint Michael's College Competition Pool is a 6-lane, 25-yard pool with seven-foot-wide lanes and non-turbulent lane lines. The timing system includes a fully-automatic Colorado Timing electronic timing system with touchpads at the finish end of the pool with single-line electronic display. There are no touchpads at the turn end of the pool. The finish end of the pool is 13 feet deep; the turn end of the pool is 3.5 feet deep. Spectator seating is for 250. The pool is located inside the Ross Sport Center, 1 Winooski Park, Colchester, VT 05446. Please enter through the front door of the Ross Sport Center, the side door of the Ross Sport Center near the pool or the front door of the Tarrant Center.. Directions may be found later in this document. The competition course has not been certified in accordance with 104.2.2C(4).

COURSE: Short course yards (25 yards).

25-YARD: 25-yard events will start at the starting block end of the pool and finish at the turn end with manual timers using three watches.

CUT PROTOCOL: If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour rule using the following cut protocols in any order deemed necessary:

For meets using the FCFS entry policy:

- (a.) May be asked to cut each athlete to two less events per day than the maximum allowed.
- (b.) Entries may be cut by time or to a specific number of heats for specified events.
- (c.) May be asked to cut relay events

If deck scratches allow a reasonable time-line, the swimmers may be reinstated into those previously entered events. Clubs will be notified of cuts no later than Monday before the meet

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is a decision of the Meet Director and the Meet Referee. If weather requires the cancellation of any finals session, the results of the preliminary session will be the final order.

ELIGIBILITY: All swimmers must be current registered swimmers with United States Swimming. Swimmers may register with Carol Healey, PO Box 920133, Needham, MA 02492: office@neswim.com. Age is determined by the age of the swimmer on the first day of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

SWIMWEAR: Per New England Swimming policy, swimmers 12 years old and younger are not allowed to wear "Tech" suits at this meet. The age of the swimmer is determined on the first day of the meet.

REGISTRATIONS: All swimmers (except athletes from the Greater Burlington YMCA) and coaches must be registered (includes proof of age and payment) with USA Swimming before 5:00 pm on the Thursday before the first day of the start of the meet. New England teams are required to check their entries with the online registration check tool on the New England Swimming web site to verify registration status.

FALSE REGISTRATIONS: If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC will impose a fine of up to \$100.00 per event against the individual, member coach or a member club submitting a meet the entry.

DECK REGISTRATIONS: Will not be accepted

DECK ACCESS: Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must display proof of their valid USA Swimming registration when asked. Deck Pass is an acceptable proof of membership. Individuals without proof of a valid membership in USA Swimming will be removed from the pool deck, and will be subject to a fine by New England Swimming.

DISABILITY SWIMMERS: Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the Meet Referee and Meet Director of any disability prior to competition.

EVENTS and SESSIONS: See attached list.

ENTRY POLICY: *First Come First serve (FCFS) Closed Tri-Meet for BYD, EDGE and GMA swimmers only.*

All unattached swimmers must be declared as unattached, on the entry cover sheet, before the meet begins.

ENTRY LIMITS: Athletes may enter as many events as they choose, but may only compete in a maximum of 4 individual events per day for timed final events. Time trials count in the per day event count.

ENTRY INFORMATION:

First date of entry acceptance: October 14, 2019 (any entry received before this date will be considered received October 14, 2019)

Final date of entry acceptance: October 19, 2019

Make checks payable to "Green Mountain Sports Performance, LLC".

Mail completed signed entry cover page and waiver, and payment to the entry chairperson:

Laura Matuszak

P.O. Box 9372

South Burlington, VT 05407-9372

Payment due date for all entries: October 20, 2019. Any team that fails to send payment, cover page and waiver form, by this due date can be scratched from the meet at the discretion of the Entry Chairperson.

Entries will be acknowledged within 24 of the first date of entry if they are accepted into the meet. *If you do not receive acknowledgement you should **not** consider your entry received and begin alternate contact efforts.*

Any team who has not paid their meet fees by the start of the meet will be assessed a \$100 fine. If no payment is received after 30 days, the fine is doubled. This fine is payable to the meet host. Late payments of entry fees may result in future exclusion from meets hosted by our club

Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made per the New England policy.

ENTRY FEES: Electronic entries:

Swimmer Fee is \$10.00 per swimmer

NE Swimming Travel Fee of \$1.00 per swimmer (to be included in the check and the host team will send to NESwimming)

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at lmatuszak@smcvt.edu . Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by: October 13, 2018.

ENTRY TIME UPDATES: Entry times may be updated until the Monday prior to the first day of the meet. No new entries will be accepted after the entry deadline. Entry time updates should be sent via email to the entry chairperson at lmatuszak@smcvt.edu . Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

ENTRY TIMES: All entry times must be entered in the specified meet course. (Coach's times should be used instead of NT's)

RELAYS: All relay swimmers must be officially entered into the meet. Unattached swimmers may not participate in any relays.

TIME TRIALS: Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are \$10.00 for individual events, and \$40.00 for relays.

LEGAL SPLITS: Legal splits (including relay lead-offs) must be requested before the event, by a coach, using a legal split form (available from the Control Table) and the requesting party must supply an additional timer(s) on the lane for the split, if necessary, to meet the USA-S requirement.(1 timer with a pad, 3 timers when no pad) When this form is submitted for relay take offs, it will be used to verify a time that is in question. It can also be used to verify and record a lead off split in an event that does not automatically go into SWIMS.

ADMISSION: There will be no charge for admission.

PROGRAMS: There will be no charge for programs.

MEET MOBILE: Meet Mobile will be functional for this meet, (dependent upon satisfactory internet access). All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.

OFFICIALS: If you know that you will be attending this meet, please email the Meet Referee and let him/her know your level of certification, team, and sessions you will be available. This is for pre-meet planning purposes only. All officials are welcome to work any number of sessions and walk-ons are always welcome. The Officials meetings will begin at 12:30 PM in the upstairs back hallway, behind the pool bleacher area.

WARM-UPS: The pool will open for warm-ups as designated on the event list, one-hour before the beginning of the session. The pool will close 2 minutes before the beginning of the session. Teams will be assigned to a 30-minute warm-up session after all entries are received.

SAFETY:

- Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- No shaving is permitted at the competition site.
- No glass containers are permitted within the facility.
- Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
- Deck changes are prohibited.

MISCELLANEOUS SAFETY: Saint Michael's College forbids the propping of any doors in the facility.

RULES: Current USA Swimming and Minor Athlete Abuse Protection Policy (MAAPP) rules will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

DRONES Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

SAFE SPORT: The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to an official, the Meet Referee or the Meet Director.

USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Anne Kaufman: nesafesport@gmail.com (857-928-3638) or through the [USA-S online reportable form](#).

ON DECK PHOTOGRAPHY: As per New England Swimming policy, professional photographers contracted by Green Mountain Aquatics, GMSP, LLC or Saint Michael's College, or press photographers who have been approved in advance by the Meet Director, are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests

AWARDS: Heat winner prizes will be awarded to the winners of each heat.

SCORING: The meet will be scored as a dual meet.

FOOD: There will be no concessions offered at the meet. Athletes and families are encouraged to pack their own nutritious food for the meet.

Equipment Vendor: There will not be an equipment vendor at the meet.

Miscellaneous: New England Swimming and Green Mountain Aquatics, GMSP, LLC and Saint Michael's College assume no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

Parking: There is ample parking available in the parking lot adjacent to the Saint Michael's College Ross Sport Center. You can insert a map here if the facility publishes one.

Directions: The Saint Michael's College Pool is located in the Ross Sports Center at One Winooski Park, Colchester, VT, 05439. From the north, take 89 South to exit 16. Take a right off the exit onto Route 2/7 South. Follow into downtown Winooski. At the traffic light downtown, take a left onto Route 15 East. Follow Route 15 to the fourth traffic light. Take a left at the light into the Saint Michael's College main entrance. The Ross Sports Center is located at the far left end of the parking lot. Ample parking is available. Enter the Ross Sports Center through the main doors. The pool

office and spectator seating entrance is located at the end of the first right hallway. The locker rooms are located off the pool deck.

From the south, take 89 North to exit 15. Take a right off the exit onto Route 15 East. Take Route 15 East to the first traffic light. Take a left at the light into the Saint Michael's College main entrance. The Ross Sports Center is located at the far left end of the parking lot. Ample parking is available. Enter the Ross Sports Center through the main doors. The pool office and spectator seating entrance is located at the end of the first right hallway. The locker rooms are located off the pool deck. From the south, take 89 North to exit 15. Take a right off the exit onto Route 15 East.



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Girls	EVENT	Boys
	12:00 PM Warm-Up, 1:00 PM Meet Start	
1	200 Medley Relay - Combined Ages (1-10 & Under, 1-11-12, 1-13-14 and 1-15-19 swimmer)	2
3	8 & Under 25 Butterfly	4
5	10 & Under 50 Butterfly	6
7	11-12 50 Butterfly	8
9	13-14 100 Butterfly	10
11	Open 100 Butterfly	12
13	8 & Under 25 Backstroke	14
15	10 & Under 50 Backstroke	16
17	11-12 50 Backstroke	18
19	13-14 100 Backstroke	20
21	Open 100 Backstroke	22
23	8 & Under 25 Breaststroke	24
25	10 & Under 50 Breaststroke	26
27	11-12 50 Breaststroke	28
29	13-14 100 Breaststroke	30
31	Open 100 Breaststroke	32
33	8 & Under 25 Freestyle	34
35	10 & Under 50 Freestyle	36
37	11-12 50 Freestyle	38
39	13-14 100 Freestyle	40
41	Open 100 Freestyle	42
43	200 Free Relay – Combined Ages (1-10 & Under, 1-11-12, 1-13-14 and 1-15-19 swimmer)	44



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Saint Michael's College Pool, Colchester, VT
October 20, 2019

CONTACT INFORMATION

Team Name: _____ Abbreviation: _____

Deck Coach: _____ Phone: _____ Email: _____

Entries Contact: _____ Phone: _____ Email: _____

Address: _____

Unattached Swimmers: _____

ENTRY FEES *(non-electronic add .50 per entry)*

____ Individual Entries all distances @ \$0.00 = \$ _____

____ Trials/Finals Event Entries @ \$0.00 = \$ _____

____ Distance events @ \$0.00 = \$ _____

____ Relays @ 0.00 each = \$ _____

____ Swimmer Fee: # athletes____ @ \$ 10.00 = \$ _____

____ NE Travel Surcharge: # athletes____ @ \$1.00 each = \$ _____

Total: \$ _____

Make check payable to: Green Mountain Sports Performance, LLC

Mail entries and check to:

Green Mountain Sports Performance, LLC

Laura Matuszak

P.O. Box 9372

South Burlington, VT 05407-9372

Phone: 802-238-9168

Entry Deadline: 10/19/19 *For e-mailed entries, this form and payment must be received by: 10/14/18*

LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, Green Mountain Aquatics, GMSP, LLC or Saint Michael's College for any and all injuries suffered by him/her at said meet. **In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.**

Signature of Authorized Team Official

Date