

New Bedford YMCA

Freestyle Frenzy

New Bedford YMCA, 25 South Water St, New Bedford, MA 02740

November 2-3, 2019

Held under the sanction of USA Swimming/New England #NE20-1102NBY-A

Meet Director	Brett Pacheco	Bpacheco@ymcasc.org
Meet Referee:	Tony Parente	Tony.parente1969@gmail.com
Entry Chairperson:	Louis Arruda	Likeafin@gmail.com
Admin Official:	Louis Arruda	Likeafin@gmail.com
Safety Monitor	Brett Pacheco	Bpacheco@ymcasc.org

IMPORTANT DEADLINES:

First date of entry: Sunday, October 6, 2019

Final date of entry: Sunday, October 27, 2019

Payment deadline: Sunday, November 3, 2019

MEET FORMAT: This a closed meet, only available for YMCA Teams in the SENEKY Swim League. The meet will be swum as timed finals. **Swimmers must meet all of the qualifying times for their respective age group, listed later in this document, in order to enter the meet.** Furthermore, please adhere to the following protocol for entry times for the following events:

- 8 & Under 75 free-----Use their 50 Freestyle time
- 9-10 75 free-----Use their 50 Freestyle time

Swimmers must be entered in all individual events offered, complete with seed times. Swimmers' times will be cumulatively added for a final standing at the completion of the respective age group's 4th individual freestyle event. However, the 4th individual event for each respective age group will be limited to the top-18, based on the cumulative times achieved from the previous three individual events. Swimmers who qualify to compete in the 4th individual event will be seeded by the cumulative time they have achieved from the first 3 individual events.

Each session will be seeded by computer based on positive check-in at the beginning of each session. Coaches will receive a positive check-in sheet before each session that must be returned no later than 30 minutes before the beginning of the session. Heat sheets will be posted around the pool deck. Coaches will be able to pick up heat sheets for each event at the control office. No events will swim with more than one swimmer per lane.

DISQUALIFICATIONS: DQs will result in a swimmer being removed from consideration to compete in the 4th event in their respective age group.

SITE: The New Bedford YMCA features a 6-lane, 25-yard pool with 6-foot-wide lanes and non-turbulent lane lines. The timing system includes a semi-automatic Daktronics Time Systems electronic timing system with a two-button finish at the finish end of the pool with a single-line electronic display. There are no touchpads at the turn end of the pool. The finish end of the pool is 9 feet deep; the turn end of the pool is 3.5 feet deep. Spectator seating is limited. The pool is located inside the New Bedford YMCA, 25 South Water St, New Bedford, MA 02740. Directions may be found later in this document.

The competition course has not been certified in accordance with 104.2.2C(4).

COURSE: Short course yards 25 yards

25-YARD & 75-YARD EVENTS: These 8 events will start at the starting block end of the pool and finish at the turn end with manual timers using three watches.

ENTRY POLICY: *First Come First serve (FCFS)*

CUT PROTOCOL: If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour rule using the following cut protocols in any order deemed necessary:

For meets using the FCFS entry policy and for teams included in the 25% of the 75%/ 25% entry policy:

- (a.) May be asked to cut each athlete to two less events per day than the maximum allowed.
- (b.) Entries may be cut by time or to a specific number of heats for specified events.
- (c.) May be asked to cut relay events

If deck scratches allow a reasonable time-line, swimmers may be reinstated into those previously entered events. Clubs will be notified of cuts no later than Monday before the meet

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is a decision of the Meet Director and the Meet Referee. If weather requires the cancellation of any finals session, the results of the preliminary session will be the final order.

ELIGIBILITY: All swimmers must be current fully privileged YMCA members for the team they represent, for a period of at least 30 days prior to the first day of competition. Swimmers who are also currently certified USA Swimming members, in good standing, will have their times entered into the national SWIMS database. Age is determined by the age of the swimmer on the first day of the meet. Any swimmer entered in the meet must be certified as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMWEAR: Per New England Swimming policy, swimmers **age 12** years old and younger are not allowed to wear "Tech" suits at any sanctioned or approved meet. The age of the swimmer is determined on the first day of the meet. A list of banned suits is found on www.neswim.com under ADMIN/Governance/Policies.

DECK REGISTRATIONS: Will not be accepted

DECK ACCESS: Only current USA Swimming or YMCA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must produce proof of their valid USA Swimming or YMCA Swimming registration when asked. Deck Pass is an acceptable proof of membership. Individuals without proof of a valid membership will be removed from the pool deck.

DISABILITY SWIMMERS: Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the Meet Referee and Meet Director of any disability prior to competition.

EVENTS and SESSIONS: See attached list.

ENTRY INFORMATION:

First date of entry acceptance: October 6, 2019 (any entry received before this date will be considered received 10/6/19)

Final date of entry acceptance: October 27, 2019

Make checks payable to "YMCA Southcoast".

Mail completed signed entry cover page and waiver, and payment to the entry chairperson:

Brett Pacheco-YMCA Swim Team

25 South Water St

New Bedford, MA 02740

Payment due date for all entries: November 3, 2019 Any team that fails to send payment, cover page and waiver form, by this due date can be scratched from the meet at the discretion of the Entry Chairperson.

Entries will be acknowledged within 48 hours of the first date of entry if they are accepted into the meet. *Your entry is considered received only if you receive an acknowledgement.*

Any team who has not paid their meet fees by the start of the meet will be assessed a \$100 fine. If no payment is received after 30 days, the fine is doubled. This fine is payable to YMCA Southcoast. Late payment of entry fees may result in future exclusion from meets hosted by our club.

ENTRY LIMITS: Athletes are required to enter all four (4) individual events offered, complete with seed times.

ENTRY FEES: Electronic entries:

\$10.00 for time trials

Swimmer Participation Fee is \$22.00 per swimmer

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at likeafin@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by: November 3, 2019

ENTRY TIME UPDATES: Entry times may be updated until the Monday prior to the first day of the meet. No new entries will be accepted after the entry deadline. Entry time updates should be sent via email to the entry chairperson at likeafin@gmail.com. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

ENTRY TIMES: All entry times must be entered in the specified meet course. (Coach's times should be used instead of NT's)----75 yard events use 50-yard time

RELAYS:

- Use of Electronic Relay Judging Pads: Dual Human Confirmation of relay take off violations will be required at all New England Swimming meets. If Electronic Relay Judging pads are to be used at a meet, they will serve in the following capacity. Once a Dual Confirmation of a relay take off has been confirmed (Dual Human Confirmation), the Meet Referee or his/her designee shall request the RJP data. This data can only be used to support the disqualification or overturn the disqualification. In the event the RJP data is either missing or deemed invalid, the disqualification will stand.
- All relay swimmers must be officially entered into the meet.

- Unattached swimmers may not participate in any relays.
- Mixed relays must consist of two of each gender.

TIME TRIALS: Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are \$10.00 for individual events, and \$40.00 for relays.

LEGAL SPLITS: Legal splits (including relay lead-offs) must be requested by a coach, before the event, using a legal split form (available from the Control Table) and the requesting party must supply an additional timer(s) on the lane for the split, if necessary, to meet the USA-S requirement.

ADMISSION: No admission fee will be charged.

PROGRAMS: \$2.00 per person per session.

MEET MOBILE: Meet Mobile may be functional for this meet, (dependent upon satisfactory internet access) All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.

OFFICIALS: If you know that you will be attending this meet email the Meet Referee and let him/her know your level of certification, team, and sessions you will be available. This is for pre-meet planning purposes only. All officials are welcome to work any number of sessions and walk-ons are always welcome. (Officials meetings will be at least 30 minutes prior to the start of a session.)

WARM-UPS: Teams will be assigned warm-up lanes after all entries are received.

SAFETY:

- Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- No shaving is permitted at the competition site.
- No glass containers are permitted within the facility.
- Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
- Deck changes are prohibited.

RULES: Current USA Swimming rules and the Minor Athlete Protection Abuse Policy (MAAPP) will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

SAFE SPORT: The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to the Meet Referee or Meet Director.

USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Anne Kaufman: nesafesport@gmail.com (857-928-3638) or through the [USA-S online reportable form](#).

ON DECK PHOTOGRAPHY: As per New England Swimming policy, professional photographers contracted by the YMCA Southcoast, or press photographers who have been approved in advance by the Meet Director, are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests

AWARDS: Heat prizes will be awarded. Based on overall cumulative times at the conclusion of the fourth individual event, trophies will be awarded to places 1-3, medals awarded to places 4-6, ribbons awarded to places 7-12.

SCORING: The meet will not be scored.

FOOD: A concession stand will be in operation for the duration of the meet

VENDOR: A swimming equipment vendor – *BEACH PARTY SWIMWEAR* - will be selling suits, goggles, and other accessories for the duration of the meet.

MISCELLANEOUS: New England Swimming and YMCA Southcoast assume no responsibility for lost or stolen property. Pets of any kind (except service animals) and smoking are not permitted within the facility.

PARKING: Ample parking is available on-site and on adjacent side streets (strictly metered)

DIRECTIONS

From the East and West:

Take Route 195 to Exit 15 in MA (Route 18 South). At the second traffic light, turn right onto Union St., then take a left onto South Water St. The entrance to the New Bedford YMCA is immediately on the right, once turning onto South Water St.

EVENTS:**SESSION 1: Saturday Afternoon: Ages 9-12 (Warmups at Noon, Start at 1:15pm)**

Girls Event #	Qual Time	Event	Qual Time	Boys Event #
1	45.00	9-10 50 Free	45.00	2
3	34.50	11-12 50 Free	40.00	4
5	-----	9-10 75 Free	-----	6
7	1:20.00	11-12 100 Free	1:29.00	8
9	1:40.00	9-10 100 Free	1:40.00	10
11	-----	11-12 200 Free	-----	12
13	-----	9-10 200 Free Relay	-----	14
15	-----	11-12 200 Free Relay	-----	16
17	-----	9-10 200 Free (top 18)	-----	18
19	-----	11-12 500 Free (top 18)	-----	20

SESSION 2: Sunday Morning: Ages 8 & Under and 13+ (Warmups at 7am, Start at 8:15am)

Girls Event #	Qual Time	Event	Qual Time	Boys Event #
21	29.00	8 & Under 25 Free	32.00	22
23	<u>13-14</u> 36.00	13+ 50 Free	<u>13-14</u> 38.00	24
	<u>15+</u> 34.00		<u>15+</u> 35.00	
25	1:02.00	8 & Under 50 Free	1:06.00	26
27	<u>13-14</u> 1:18.50	13+ 100 Free	<u>13-14</u> 1:24.00	28
	<u>15+</u> 1:12.00		<u>15+</u> 1:12.00	
29	-----	8 & Under 75 Free	-----	30
31	-----	13+ 200 Free	-----	32
33	-----	8 & U 100 Free Relay	-----	34
35	-----	13+ 200 Free Relay	-----	36
37	-----	8 & U 100 Free (top 18)	-----	38
39	-----	13-14 500 Free (top 18)	-----	40
41	-----	15+ 500 Free (top 18)	-----	42

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CONTACT INFORMATION

Team Name: _____ Abbreviation: _____

Deck Coach: _____ Phone: _____ Email: _____

Entries Contact: _____ Phone: _____ Email: _____

Address: _____

ENTRY FEES (*non-electronic add .50 per entry*)

_____ Swimmer Participation Fee: # athletes _____ @ \$22.00 = \$ _____

Total: \$ _____

Make check payable to: YMCA Southcoast
Mail entries and check to:
Brett Pacheco
25 South Water St
New Bedford, MA 02740

Entry Deadline: 10/27/19
For e-mailed entries, this form and payment
must be received by: 11/03/19

LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, and/or YMCA Southcoast for any and all injuries suffered by him/her at said meet. In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.

Signature of Authorized Team Official

Date