## **CRIMSON AQUATICS**



NEW **ENGLAND SWIMMING** 

10&U Intra squad Meet Greater Lawrence Tech High School, Andover, MA January 2, 2021 Held under the sanction of USA Swimming/New England #NE21-0102CRIMA

Meet Director	Patty Spring	crimaquatics@gmail.com	Call entry Chair
Meet Referee:	Dave Hunt	davidhunt@live.com	Call entry Chair
Entry Chairperson:	Mike Spring	crimaquatics@gmail.com	978-495-1317
Admin Official:	Gabe Hunt	gabriellehunt@live.com	Call entry Chair
Safety Monitor	Mike Spring	crimaquatics@gmail.com	978-495-1317

#### **IMPORTANT DEADLINES:** First date of entry: December 21, 2020 Final date of entry: January 1, 2021

**SAFETY INFORMATION:** An inherent risk of exposure to COVID-19 exists in any public place where people are present COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individual with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible To prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND NEW ENGLAND SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN. IN CONNECTION WITH EXPOSURE. INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

# SAFETY REGULATIONS

**Facility Specifics:** 

- All Officials, Volunteers, Coaches, Staff & Swimmers will need to check in at the front door to ensure they have completed the waiver / medical questions and have their temperature taken before entering.
- A full list of everyone entering the building will be collected at check in to ensure proper contact tracing.
- Swimmers are to arrive in their suits and leave in their suits. Lock rooms will be available for bathroom use only.

- All Officials, Volunteers, Coaches, Staff & Swimmers must always wear a face covering during check in and while on deck, in the bathroom or within 6ft of another person.
- There is a separate entry and exit.
- There will be staff to cleaning on deck items who will clean stop watches as well as any additional shared items between uses.

Individuals Gathering #s & Parents on Deck:

- Pool is inside.
- Swimmers will be seated in bleachers and benches on deck.
- Only 48 swimmers will be allowed on the deck at a time.
- Swimmers will be put into heats of 6 and swim with that heat for every race.
- Max number of: 2 Officials 2 meet staff and up to 2 coaches per team will be allowed on deck. Meet director has final say on number of coaches on deck.
- We will make the pool available through Zoom link and meet directors phone number.
- There will be 6 volunteers on deck to time while swimmer is in the pool area. Others will be encouraged to watch on zoom.
- Only one person allowed in the bathroom area at a time.
- Max Total number on deck: 68 (40% capacity of pool area space)
- To meet Safe Sport regulations, any parent who requests access to their child will be able to do so following the PPE safety rules and by contacting Mike Spring at 978-495-1317.

#### STATE OF MASSACHUSETTS SAFETY REGULATIONS: LINK

**MEET FORMAT** The meet will be swum as Trials/finals and a timed finals session. Each session will be preseeded based on entries. Heat sheets emailed out.

No events will swim with more than one swimmer per lane.

**SITE:** The GLTS Competition Pool is a 6-lane, 25-yard pool with seven-foot-wide lanes and non-turbulent lane lines. The timing system includes a fully-automatic Colorado Time Systems electronic timing with touchpads at the finish end of the pool with 6-line electronic display. There are no touchpads at the turn end of the pool. The finish end of the pool is 12 feet deep; the turn end of the pool is 4 feet deep. Spectator seating is for 200. The pool is located inside the Greater Lawrence Tech School, 57 River Rd, Andover, MA 01810. Please enter through the Athletic facilities doors in front of the school on the left side of the building. Directions may be found later in this document. The competition course has not been certified in accordance with 104.2.2C(4)

#### COURSE: Short course yards (25 yards)

**25-YARD EVENTS:** 25-yard events will start at the staring block end of the pool and finish at the turn end with manual timers using three watches, or two buttons, or with electronic timing.

**RESERVE THE RIGHT TO MAKE CHANGES**: Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.

**MEET COMMITTEE/ JURY:** The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the Meet Jury but not vote. When possible, the three members shall be from separate teams. The Meet Jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.

#### ENTRY POLICY: 100%

**CUT PROTOCOL**: If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour rule using the following cut protocols in any order deemed necessary:

(a.) May be asked to cut each athlete to two less events per day than the maximum allowed.

(b.) Entries may be cut by time or to a specific number of heats for specified events.

If deck scratches allow a reasonable timeline, swimmers may be reinstated into those previously entered events. Clubs will be notified of cuts no later than Monday before the meet

**WEATHER PROTOCOL:** If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is a decision of the Meet Director and the Meet Referee. If weather requires the cancellation of any finals session, the results of the preliminary session will be the final order.

**ELIGIBILITY:** All swimmers must be current registered swimmers with United States Swimming. Age is determined by the age of the swimmer on the first day of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**SWIMWEAR**: Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under <u>Tech Suit Restriction for 12-and-Under Swimmers</u>.

**REGISTRATIONS:** All swimmers must be registered (includes proof of age and payment) with USA Swimming before 5:00 pm on the Thursday before the first day of the start of the meet. New England teams are required to check their entries with the online registration check tool on the New England Swimming web site to verify registration status. Coaches must be registered before the start of the meet.

**FALSE REGISTRATIONS**: If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC will impose a fine of up to \$100.00 per event against the individual, member coach, or a member club submitting a meet the entry.

#### DECK REGISTRATIONS: Will not be accepted

**DECK ACCESS:** Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must produce proof of their valid USA

Swimming registration when asked. Deck Pass is an acceptable proof of membership. Individuals without proof of a valid membership in USA Swimming will be removed from the pool deck and will be subject to a fine by New England Swimming of \$100 to the coach, and \$200 to the coach's club.

**DISABILITY SWIMMERS:** Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the Meet Referee and Meet Director of any disability prior to competition.

EVENTS and SESSIONS: See attached list. Qualifying Times are on meet file.

### **ENTRY INFORMATION:**

First date of entry acceptance: December 21, 2020 (any entry received before this date will be considered received December 21, 2020)
Final date of entry acceptance: January 1, 2021
Make checks payable to Crimson Aquatics
Mail completed signed entry cover page and waiver, and payment to the entry chairperson:
Mike Spring
16 Brady Loop,
Andover, MA 01810.
Payment due date for all entries: January 1, 2021. Any team that fails to send payment, cover page and waiver form, by this due date can be scratched from the meet at the discretion of the Entry Chairperson.

Entries will be acknowledged within 48Hrs of the first date of entry if they are accepted into the meet. *Your entry is considered received only if you receive an acknowledgement.* 

All unattached swimmers must be declared as unattached, on the entry cover sheet, before the meet begins.

Any team who has not paid their meet fees by the start of the meet will be assessed a \$100 fine. If no payment is received after 30 days, the fine is doubled. This fine is payable to Crimson Aquatics. Late payment of entry fees may result in future exclusion from meets hosted by our club.

Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made per the New England policy.

**ENTRY LIMITS:** Athletes may enter as many events as they choose but may only compete in a maximum of 5 individual events per day. Time trials count in the per day event count.

FEES: Electronic entries: \$5.00 for all timed final individual events 200 yards and under. \$10.00 for distance events (events 400 yards and over). \$10.00 for all T/F events \$10.00 for time trials Swimmer Participation Fee is \$10.00 per swimmer Swimmer Covid/PPE Surcharge is \$15.00

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry

chairperson at crimaquatics@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by: December 5, 2020.

**ENTRY TIME UPDATES:** Entry times may be updated until the Monday prior to the first day of the meet. No new entries will be accepted after the entry deadline. Entry time updates should be sent via email to the entry chairperson at crimaquatics@gmail.com. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

**ENTRY TIMES:** All entry times must be entered in the specified meet course. (Coach's times should be used instead of NT's)

**TIME TRIALS:** Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are \$10.00 for individual events, and \$40.00 for relays.

**LEGAL SPLITS** – **Individual Events:** Legal splits must be requested before the event, by a coach, using a legal split form (available from the Control Table) and the requesting party must supply an additional timer(s) on the lane for the split, if necessary, to meet the USA-S requirement. (1 timer with touchpad timing, 3 timers without touchpad timing). Timers must be positioned over the lane at the end of the racing course.

#### **ADMISSION:** No spectators

#### PROGRAMS: No programs

**MEET MOBILE HEAT SHEETS**: Meet Mobile heat sheets will be offered at this meet for \$0. The Meet Mobile heat sheet includes smart phone access to all heat sheets for the whole meet, including last minute changes and re-seeds.

**MEET MOBILE:** Meet Mobile will be functional for this meet, (dependent upon satisfactory internet access) All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.

**OFFICIALS:** If you are available to work sessions at this meet, please email the Meet Referee and let him/her know your level of certification, team, and sessions you will be available. The Meet Referee will be in contact to confirm assignments and to schedule the pre-meet virtual officials briefing. Numbers of officials will be limited due to social distancing requirements and walk-ons will not be possible.

**WARM-UPS:** The pool will open for warm-ups one-hour before the beginning of each session. The pool will close five minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received

SAFETY:

- Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- No shaving is permitted at the competition site.
- No glass containers are permitted within the facility.
- Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
- Deck changes are prohibited.

**RULES:** Current USA Swimming rules and the Minor Athlete Protection Abuse Policy (MAAPP) will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

**SAFE SPORT:** The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to the Meet Referee or Meet Director. USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Anne Kaufman: <a href="mailto:nesafesport@gmail.com">nesafesport@gmail.com</a> (857-928-3638) or through the <a href="mailto:USA-S">USA-S</a> online reportable form.

**ON DECK PHOTOGRAPHY:** As per New England Swimming policy, professional photographers contracted by the Crimson Aquatics, or press photographers who have been approved in advance by the Meet Director, are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests

**AWARDS:** There are no awards.

**SCORING:** The meet will not be scored.

FOOD: No concession stand.

VENDOR: None.

**MISCELLANEOUS:** New England Swimming, *Crimson Aquatics and GLTS* assume no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

PARKING: There is ample parking available in the parking lot behind the School

**DIRECTIONS**. From North: Follow Route 93 to exit 45 (River Road South Lawrence) At the end of the ramp turn right and the school is on your left in 1/4 mile.

From all other points: Take 495 or 128 to 93 North. Take exit 45 (River Road South Lawrence). At the end of the ramp turn left and the school is on your left in 1/4 mile

Crimson Aquatics 10&U Intra squad Meet Greater Lawrence Tech High School, Andover, MA

#### January 2, 2021 CONTACT INFORMATION (all fields required)

Team Name:		Abbreviation:
Deck Coach:	Phone:	Email:
Entries Contact:	Phone:	Email:
Address:		
Unattached Swimmers:		
	ENTRY FEES (non-electronic ad	ld .50 per entry)
Timed Fin	nal Individual Entries all distance	es @ \$5.00 = \$
Distance	events 400yds or longer @ \$10.00	0 = \$
Swimmer	Participation Fee: # athletes	@ \$ 10.00 = \$
Swimmer	r Covid/PPE Fee: # athletes @ \$	\$15.00 = \$
NE Trave	l Surcharge: # athletes @ \$1	1.00  each = \$
		Total: <u>\$</u>
Make check payable to: Crimson Mail entries and check to:	-	Deadline: January 1, 2021

Make check payable to: Crimson Aquat Mail entries and check to: Crimson Aquatics 16 Brady Loop Andover, MA 01810 Phone: 978-495-1317

Entry Deadline: January 1, 2021 For e-mailed entries, this form and payment must be received by: 1/1/21

#### LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, his/her theirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, Crimson Aquatics and GLTS for any and all injuries suffered by him/her at said meet. In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.

Signature of Authorized Team Official

Date

Crimson Aquatics 10&U Intra squad Meet Greater Lawrence Tech High School, Andover, MA

# Saturday, January 9, 2021

2pm Warm up 2:35pm Start

EVENT #	EVENTS
1	MIXED 10&U 25 FREE
2	MIXED 10&U 25 BACK
3	MIXED 10&U 25 BREAST
4	MIXED 10&U 25 FLY
5	MIXED 10&U 50 FREE