Crimson Aquatics Wellesley



NEW ENGLAND SWIMMING CA vs WCP Wayland Community Pool, Wayland, MA Sunday Dana Hall School Wellesley, MA February 26-28, 2021

Held under the sanction of USA Swimming/New England #NE21-0226SAC

Meet Director	Susan Trainer	swimsac@gmail.com	5084460437
Meet Referee:	Matt Soska		
Entry Chairperson:	Matthew Craven	Matthewcraven316@hotmail.com	5084460437
Admin Official:	Matthew Craven	Matthewcraven316@hotmail.com	5084460437
Safety Monitor	Susan Trainer	swimsac@gmail.com	5084460437

IMPORTANT DEADLINES:

First date of entry: February 14, 2021 Final date of entry: February 25, 2021 Payment deadline: February 25.2021

ASSUMPTION OF RISK: We, Crimson Aquatics, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating on site at Wayland Community Pool. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at WCP vs. CA and being on site at Wayland Community Pool, you voluntarily assume all risks related to exposure to COVID-19.

RELEASE: An inherent risk of exposure to COVID-19 exists in any public place where people are present COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease, therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition you voluntarily assume all risks associated with exposure to Covid-19 and forever release and hold harmless USA Swimming and New England Swimming and each of their Officers, Directors, Agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection with exposure, infection and/or spread of Covid-19 related to participation in this competition.

SAFETY PROTOCOLS DUE to COVID RESTRICTIONS:

Statement of your State Department of Health protocols and requirements, or local guidelines, whichever is more restrictive: <u>Place here</u>

Statement outlining the plan for spectator ingress and egress, use of locker rooms and other facility restrictions in place: We will have a revolving door for entrance and exit way.

Number of individuals gathering in each area of the facility including all spaces, the pool, deck and spectator seating, and all other areas to be used: No more than 40% of capacity.

Any parent or legal guardian requesting access to their child will be allowed following all safety guidelines, by contacting the Meet Director, Susan Trainer at: 5084460437

LIST OTHER PROTOCOLS SPECIFIC TO YOUR SITE:

- Pool is inside.
- Health check will be conducted upon entry to facility.
- Swimmers will be seated in spectator area and benches on deck.
- Warm up limited numbers in lanes. We may run two warm-ups for a session.
- Max number of: 4 Officials 2 meet staff and up to 2 coaches per team will be allowed on deck. Meet director has final say on number of coaches on deck.
- We will make the pool available through Zoom link and meet directors phone number. Parents are not permitted on deck.
- There will be 10 volunteers on deck to time while swimmer is in the pool area. Others will be encouraged to watch on zoom.
- Only one person allowed in the bathroom area at a time.
- We will disinfect/ clean after each session.

STATE GUIDELINES: <u>Link</u>

MEET FORMAT: The meet will be swum as timed finals. Each session will be PRE-SEEDED, no scratches or deck entries will be accepted. Heat sheets emailed out.

No events will swim with more than one swimmer per lane.

SITE: The Wayland Community Pool is a 10-lane, 25-yard pool with non-turbulent lane lines. There is a fully automatic, electronic timing system with touch pads at the finish end of the pool with single-line electronic display. There are no touchpads at the turn end of the pool. The finish end of the pool is 11 feet deep; the turn end of the pool is 4 feet deep. Spectator seating is for approximately 300. The pool is located is located at 258 Old Connecticut Path, Wayland, MA. Directions may be found later in this document. The competition course has not been certified in accordance with 104.2.2C(4).

COURSE: Short course yards (25 yards)

25-YARD EVENTS: 25-yard events will start at the starting turn end of the pool and finish at the turn start end with electronic timing.

RESERVE THE RIGHT TO MAKE CHANGES: Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, <u>Patrick Johnstone</u>. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.

MEET COMMITTEE/ JURY: The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the Meet Jury but not vote. When possible, the three members shall be from separate teams. The Meet Jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.

ENTRY POLICY: Dual Meet

CUT PROTOCOL: If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour rule using the following cut protocols in any order deemed necessary:

If deck scratches allow a reasonable time-line, swimmers may be reinstated into those previously entered events. Clubs will be notified of cuts no later than Monday before the meet

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is a decision of the Meet Director and the Meet Referee. If weather requires the cancellation of any Finals session, the results of the preliminary session will be the final order.

ELIGIBILITY: All swimmers must be currently registered as athlete members of United States Swimming. Age is determined by the age of the swimmer on the first day of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMWEAR: Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under <u>Tech Suit Restriction for 12-and-Under Swimmers</u>.

REGISTRATIONS: All swimmers must be registered (including proof of age and payment) with USA Swimming before 5:00 pm on the Thursday before the first day of the start of the meet. New England teams are required to check their entries with the online registration check tool on the New England Swimming website to verify registration status. Coaches must be registered before the start of the meet.

FALSE REGISTRATIONS: If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC will impose a fine of up to \$100.00 per event against the individual, member coach, or a member club submitting a meet the entry.

DECK REGISTRATIONS: Will not be accepted.

DECK ACCESS: Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must produce proof of their valid USA Swimming registration when asked. Deck Pass is an acceptable proof of membership. Individuals without proof of a valid membership in USA Swimming will be removed from the pool deck and will be fined by New England Swimming of \$100 to the coach, and \$200 to the coach's club.

DISABILITY SWIMMERS: Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the Meet Referee and Meet Director of any disability prior to competition.

EVENTS and SESSIONS: See attached list.

ENTRY INFORMATION:

First date of entry acceptance: February 14, 2021 (any entry received before this date will be considered received February 14, 2021)
Final date of entry acceptance: February 21, 2021,
Make checks payable to SAC Swimming.
Mail completed signed entry cover page and waiver, and payment to the entry chairperson:
SAC SWIMMING
PO BOX 190
DOVER, MA 020030.
Payment due date for all entries: February 21, 2021, Any team that fails to send payment, cover page and

waiver form, by this due date can be scratched from the meet at the discretion of the Entry Chairperson.

Any team that has been entered into the meet but is prevented from attending due to a change in restrictions imposed by state or local health authorities or the facility shall not be responsible for any meet fees.

Entries will be acknowledged within 24 hours of the first date of entry if they are accepted into the meet. *Your entry is considered received only if you receive an acknowledgement.*

All unattached swimmers must be declared as unattached, on the entry cover sheet, before the meet begins.

Any team who has not paid their meet fees by the start of the meet will be assessed a \$100 fine. If no payment is received after 30 days, the fine is doubled. This fine is payable to the <u>SAC Swimming</u>. Late payment of entry fees may result in future exclusion from meets hosted by our club.

Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made per the New England policy.

ENTRY LIMITS: Athletes may enter as many events as they choose but may only compete in a maximum of 4 individual events per day for timed final events, Time trials count in the per day event count.

ENTRY FEES: Electronic entries:

\$5.00 for all timed final individual events 200 yards and under. \$10.00 for distance events (events 400 yards and over). \$10.00 for time trials Non-electronic entries: \$5.50 for individual \$10.50 for distance and \$25.00 for relays. Swimmer Participation Fee is \$25 per swimmer

NE Swimming Travel Fee of \$1.00 per swimmer (to be included in the check and the host team will send to NE Swimming)

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format should be emailed as an attachment to the entry chairperson at matthewcraven316@hotmail.com. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by: February 14, 2021

ENTRY TIME UPDATES: Entry times may be updated until the Monday prior to the first day of the meet. No new entries will be accepted after the entry deadline. Entry time updates should be sent via email to the entry chairperson at matthewcraven316@hotmail.com. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

ENTRY TIMES: All entry times must be entered in the specified meet course. (Coach's times should be used instead of NT's)

TIME TRIALS: Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are \$10.00 for individual events, and \$40.00 for relays.

LEGAL SPLITS – **Individual Events:** Legal splits must be requested before the event, by a coach, using a legal split form (available from the Control Table) and the requesting party must supply an additional timer(s) on the lane for the split, if necessary, to meet the USA-S requirement. (1 timer with touchpad timing, 3 timers without touchpad timing). Timers must be positioned over the lane at the end of the racing course.

LEGAL SPLITS – Relays: All lead-off splits for relays are automatically loaded into SWIMS and do not require additional watches for validation unless there are no touchpads present, or the second swimmer starts in the water. If there are no touchpads, or the second swimmer starts in the water, a legal split form with three watches will be required for entry into SWIMS. Timers must be positioned over the lane at the end of the racing course. It is recommended that coaches report lead-off time discrepancies to the Administrative Referee or Administrative Official.

ADMISSION: NO ADMISSSIONS

PROGRAMS: NO PROGRAMS

MEET MOBILE: Meet Mobile will be functional for this meet, (dependent upon satisfactory internet access) All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.

OFFICIALS: Officials that know they will be attending the meet are highly encouraged to email the Meet Referee and let him/her know your level of certification, team, and sessions you will be available. Walk-on officials may not be accepted to limit the number of people on the deck.

WARM-UPS: We will be warming up at the same time one swimmer at the wall both ends and one at the flags at shallow end and deep end. Should be maintaining 7 feet or greater apart.

SAFETY:

- Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- No shaving is permitted at the competition site.
- No glass containers are permitted within the facility.
- Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
- Deck changes are prohibited.

RULES: Current USA Swimming rules will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

SAFE SPORT: The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to the Meet Referee or Meet Director. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Anne Kaufman: <u>nesafesport@gmail.com</u> (857-928-3638) or through the <u>USA-S online reportable form</u>.

ON DECK PHOTOGRAPHY: As per New England Swimming policy, professional photographers contracted by the Meet Host, or press photographers who have been approved in advance by the Meet Director, are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests

AWARDS: NO AWARDS

SCORING: The meet will not be scored.

FOOD: NO FOOD

VENDOR: NO VENDOR

MISCELLANEOUS: New England Swimming and CRIMSON AQUATICS AND SAC SWIMMING assume no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

PARKING: There is ample parking available in the parking lot adjacent to the Dana Hall Pool.

DIRECTIONS. 258 Old Connecticut Path, Wayland, MA

Crimson Aquatic- Wellesley Wayland Community Pool February 26-28, 2021

Friday Night Session 1

۱	Narm-Up: 4:0	OPM Start: 4:20PM
Event #	Age Group	Event
1	11-12	100 Free
2	11-12	100 Breast
3	11-12	50 Back
4	11-12	200 Breast
5	11-12	200 IM
6	11-12	50 Fly
7	11-12	500 Free

Session 2

١	Narm-Up: 5:2	20PM Start: 5:40PM
Event #	Age Group	Event
100	10 & Under	100 Free
101	10 & Under	50 Fly
102	10 & Under	100 Breast
103	10 & Under	50 Back
104	10 & Under	200 IM
105	10 & Under	200 Free

Session 3

	Warm-Up: 6:4	OPM Start: 7:00PM
Event #	Age Group	Event
200	13-14	100 Free
201	13-14	200 IM
202	13-14	200 Back
203	13-14	200 Breast
204	13-14	200 Fly
205	13-14	1000/ 1650

Session 4

۱۱	Narm-Up: 8:0	OPM Start: 8:20PM
Event #	Age Group	Event
300	Open	100 Free
301	Open	200 IM
302	Open	200 Back
303	Open	200 Breast
304	Open	200 Fly

305	Open	1000 Free
306	Open	1650 Free

Saturday Morning Session 5

N	Warm-Up: 8:3	SOAM Start: 9:00AM
Event #	Age Group	Event
10	11-12	200 Free
11	11-12	100 Back
12	11-12	100 Fly
13	11-12	50 Breast
14	11-12	100 IM
15	11-12	200 Back
16	11-12	50 Free

Session 6

V	/arm-Up: 10:2	20AM Start: 10:50AM
Event #	Age Group	Event
110	10 & Under	100 Back
111	10 & Under	50 Free
112	10 & Under	100 Fly
113	10 & Under	50 Breast
114	10 & Under	100 IM

Session 7

V	/arm-Up: 12:	10PM Start: 12:40PM
Event #	Age Group	Event
210	13-14	200 Free
211	13-14	100 Back
212	13-14	100 Breast
213	13-14	50 Free
214	13-14	100 Fly
215	13-14	400 IM
216	13-14	500 Free

Session 8

١	Warm-Up: 2:0	OPM Start: 2:30PM
Event #	Age Group	Event
310	Open	200 Free
311	Open	100 Back
312	Open	100 Breast
313	Open	50 Free
314	Open	100 Fly
315	Open	400 IM
316	Open	500 Free

Sunday Morning Dana Hall Crimson Wellesley ONLY

Session 9

\\	Varm-Up: 9:00	DAM Start: 9:20AM
Event #	Age Group	Event
21	Junior	100 Free
22	Junior	100 Time Trial
23	Junior	50 Time Trial

Session 10

W	/arm-Up: 10:3	SOAM Start: 10:50AM
Event #	Age Group	Event
121	Age Group 2	100 Free
122	Age Group 2	100 Time Trial
123	Age Group 2	50 Time Trial

Session 11

V	/arm-Up: 12:0	00PM Start: 12:20PM	
Event #	Age Group	Event	
221	Age Group 1	100 Free	
222	Age Group 1	100 Time Trial	
223	Age Group 1	50 Time Trial	

Session 12

Warm-Up: 1:30PM		SOPM Start: 1:50PM	
Event #	Age Group	Event	
321	Senior 1	100 Time Trial	
322	Senior 1	50 Free	
323	Senior 1	200/100 Time Trial	

Session 13

Warm-Up: 3:00PM		OPM Start: 3:20PM	
Event #	Age Group	Event	
421	Senior 2/3	100 Time Trial	
422	Senior 2/3	50 Free	
423	Senior 2/3	200/100 Time Trial	

Crimson AQUATICS Wayland Community Pool, Wayland, MA February 26-28, 2021

CONTACT INFORMATION (all fields required)

Team Name:		A	Abbreviation:
Deck Coach: Phon		E	Email:
Entries Contact:	Phone:	Email:	
Address:			
Unattached Swimmer	s:ENTRY FEES (non-electro		
	Individual Entries all distances Trials/Finals Event Entries Distance events Relays Swimmer Participation Fee: # athlete NE Travel Surcharge: # athletes	@ \$6.00 = @ \$10.00 = @ \$20.00 each s @ \$ 25.00	\$ = \$ = \$
Make check payable t Mail entries and check PO BOX 190 Dover, MA 02030 Phone: 5084460437	6	Entry Deadline: 2	es, this form and payment

LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, his/her theirs, executors and administrators, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, CRIMSON AQUATICS, SAC SWIMMING, Wayland Community Pool for any and all injuries suffered by him/her at said meet. In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND NEW ENGLAND SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Signature of Authorized Team Official