



**NEW
ENGLAND
SWIMMING**

SOLO Aquatics

CS Racing Series
Haverhill High School, Haverhill, MA

February 15-19, 2021

Held under the sanction of

USA Swimming/ New EnglandSwimming #NE21-0215SOLO



Meet Director:	Paul Mueller	SOLOMeetDirector@gmail.com	978-289-2524
Meet Referee:	Ivana Kosova	Ivana.kisova@gmail.com	978-494-4454
Entry Chairperson:	Paul Mueller	SOLOMeetEntries@gmail.com	978-289-2524
Admin Official:	Ladislav Kiv	lacok@hotmail.com	978-208-2226
Safety Monitor:	Meg Feran	SOLOMeetDirector@gmail.com	978-2892524

Date	Age Group	Warm Up/Start Times
Monday, February 15th	10&U Girls & Boys	5:30 p.m. Start 6:30p.m.
Tuesday, February 16th	11-12 Girls & Boys	5:30 p.m. Start 6:30p.m.
Wednesday, February 17th	13-14 Girls & Boys	5:30 p.m. Start 6:30p.m.
Thursday, February 18th	15 & Over Boys	5:30 p.m. Start 6:30p.m.
Friday, February 19th	15 &Over Girls	5:30 p.m. Start 6:30 p.m.

Important Deadlines:

First date of entry:

Final date of entry: February 15,2021

SAFETY INFORMATION:

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death.

According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc. nor New England Swimming, Inc. cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND NEW ENGLAND SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL

INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

SAFETY PROTOCOLS DUE to COVID RESTRICTIONS:

STATE OF MASSACHUSETTS SAFETY REGULATIONS: [LINK](#)

MEET FORMAT: The meet will be swum as timed finals. Each session will be PRE-SEEDED, no deck entries will be accepted. Heat sheets will be emailed to coaches the day before each session. All events will be competed mixed gender, but results will be separated by gender.

No events will swim with more than one swimmer per lane.

Facility Specifics:

- All officials, volunteers, coaches, staff & swimmers will need to check in at the front left side door to the Charles C. White Pool to ensure they have completed the waiver/medical questions and have their temperature taken before entering.
- There will be one-way traffic flow around the pool deck. Workers will proceed to the deep end of the pool and will proceed to exit at the deep end of the pool.
- A full list of everyone entering the building will be collected at check in to ensure proper contact tracing.
- Swimmers are to arrive in their suits and leave in their suits. Showers will **not** be allowed at the meet. Locker rooms will be closed. A bathroom is available in the lobby.
- All workers, officials (except referee blowing whistles), and coaches will wear masks/and or face shields at all times.
- There is a separate entry and exit.
- There will be staff to clean on deck items (stop watches, clip boards, and any additional shared items) between uses.

Gathering Limits on Deck:

Number of individuals gathering in each area of the facility including all spaces the pool, and the lobby spectator seating, and all other areas to be used:

- No more than 25 coaches, swimmers, and officials spaced distantly apart on the pool deck.
- Overflow space for swimmers will be housed in the lobby (25 people).
- The meet will be available through a zoom link. The link will be available the day of the meet.

Participant Specifics:

- Spectators will **not** be allowed in the pool area.
- Only one person is allowed in the bathroom area at a time.
- To meet Safe Sport regulations, any parent who requests access to their child will be able to do so following PPE safety rules and by contacting Meghan Feran 978-886-003.
- Parents working in an assigned job will be allowed in the facility for the duration of their assigned job.

- Swimmer seating will be social distanced on the bleachers or lobby area. Areas will be clearly marked.
- The activities when swimmers may remove their masks and when they need to put a mask back on will be determined and sent to the coaches at least one week before the meet.
- Swimmers will be lined up in lane order for their heat and be brought to the start area in small groups adhering to social distance guidelines.

SITE: The Charles C. White Pool is a 6-lane, 25-yard pool. The timing system includes a fully automatic Colorado Time Systems electronic timing system with touch pads at the finish end of the pool with single-line electronic display. There are no touch pads at the turn end of the pool. The finish end of the pool is 13 feet deep; the turn end of the pool is four feet deep. There will be **no** spectator seating. The pool is located at 137 Monument St, Haverhill, Ma 01832. Please enter through the front left door.

Directions are found later in this document. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is not on file with USA Swimming.

COURSE: Short course yards (25 yards)

25-YARDS EVENTS: 25-yard events will start at the starting block end of the pool and finish at the turn end with manual timers using three watches, or two buttons, or with electronic timing.

SCRATCHES: All scratches will be due by 6:00 p.m.

RESERVE THE RIGHT TO MAKE CHANGES: Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, [Patrick Johnstone](#). Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.

MEET COMMITTEE/ JURY: The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the Meet Jury but not vote. When possible, the three members shall be from separate teams. The Meet Jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.

ENTRY POLICY: 100%

CUT PROTOCOL: If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour rule using the following cut protocols in any order deemed necessary:

(a.) May be asked to cut each athlete to two less events per day than the maximum allowed. (b.) Entries may be cut by time or to a specific number of heats for specified events.

If deck scratches allow a reasonable time-line, swimmers may be reinstated into those previously entered events. Clubs will be notified of cuts no later than Monday before the meet

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is a decision of the Meet Director and the Meet

Referee. If weather requires the cancellation of any Finals session, the results of the preliminary session will be the final order.

ELIGIBILITY: All swimmers must be currently registered as athlete members of United States Swimming. Age is determined by the age of the swimmer on the first day of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMWEAR: Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under [Tech Suit Restriction for 12-and-Under Swimmers](#).

REGISTRATIONS: All swimmers must be registered (including proof of age and payment) with USA Swimming before 5:00 pm on the Thursday before the first day of the start of the meet. New England teams are required to check their entries with the online registration check tool on the New England Swimming website to verify registration status. Coaches must be registered before the start of the meet.

FALSE REGISTRATIONS: If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC will impose a fine of up to \$100.00 per event against the individual, member coach, or a member club submitting a meet the entry.

DECK REGISTRATIONS: Will **not** be accepted.

DECK ACCESS: Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must produce proof of their valid USA Swimming registration when asked. Deck Pass is an acceptable proof of membership. Individuals without proof of a valid membership in USA Swimming will be removed from the pool deck and will be fined by New England Swimming of \$100 to the coach, and \$200 to the coach's club.

DISABILITY SWIMMERS: Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the Meet Referee and Meet Director of any disability prior to competition.

EVENTS and SESSIONS: See attached list.

ENTRY FEES:

\$5.00 for individual events

\$10.00 for the all distances 400 and above

Swimmer Participation Fee is \$11.00 per swimmer

NE Swimming Travel Fee of \$1.00 per swimmer

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format should be emailed as an attachment to the entry chairperson at SOLOMeetEntries@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by: February 15, 2021.

ENTRY TIME UPDATES: Entry times may be updated until the Monday prior to the first day of the meet. No new entries will be accepted after the entry deadline. Entry time updates should be sent via email to the entry chairperson at . Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

ENTRY LIMITS: Athletes may enter as many events as they choose but may only compete in a maximum of 6 individual events per day for timed final events.

ENTRY PROCESS: All entry times submitted for this competition must be from Official USA Swimming sanctioned, approved or observed competitions and must be provable. Entry times not proven by the entry deadline will be considered as false or incorrect times and are subject to action under provisions of the USA Swimming Rules and Regulations.

Send your electronic entry file to the Entry Chair before the deadline: Paul Mueller, solomeetentries@gmail.com.

Make checks payable to “ MF SWIMMING LLC ”. Mail completed signed entry cover page and waiver, and payment to the entry chairperson: Attn: Paul Mueller, 27 Currierville Road, Newton, NH 03858.

Payment due date for all entries: February 21, 2021.

Entries will be acknowledged within 48 hours of the first date of entry if they are accepted into the meet. Your entry is considered received only if you receive an acknowledgement.

All unattached swimmers must be declared as unattached, on the entry cover sheet, before the meet begins.

Any team who has not paid their meet fees by the start of the meet will be assessed a \$100 fine. If no payment is received after 30 days, the fine is doubled. This fine is payable to the meet host. Late payment of entry fees may result in future exclusion from meets hosted by our club.

Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made per the New England policy.

Any team that has been entered into the meet but is prevented from attending due to a change in restrictions imposed by state or local health authorities or the facility shall not be responsible for any meet fees.

ENTRY TIMES: All entry times must be entered in the specified meet course. (Coach's times should be used instead of NT's). Any swimmer entered in the 500 free with NT will be scratched from the meet.

LEGAL SPLITS – Individual Events: Legal splits must be requested before the event, by a coach, using a legal split form (available from the Control Table) and the requesting party must supply an additional timer(s) on the lane for the split, if necessary, to meet the USA-S requirement. (1 timer with touchpad timing, 3 timers without touchpad timing). Timers must be positioned over the lane at the end of the racing course.

ADMISSION: No spectators

PROGRAMS: No Programs

MEET MOBILE: Meet Mobile will be functional for this meet, (dependent upon satisfactory internet access) All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.

OFFICIALS: Officials that know they will be attending the meet are highly encouraged to email the Meet Referee and let him/her know your level of certification, team, and sessions you will be available. Walk-on officials may not be accepted to limit the number of people on the deck. Officials meetings will be at least 30 minutes prior to the start of a session and may be conducted virtually in the days before the meet.

WARM-UPS: Athletes will be broken up into groups of max 25. The groups will enter the pool via the original pool entrance. No more than 2 athletes at each end of the lane. The athlete will take off and place their masks at the end of each lane. At the conclusion of the warm up athletes will exit the pool, place their masks on and exit the pool. There will be a 5 minute break before the next group comes in. The pool will be open for warm-ups as designated on the event list... 45 minutes before the beginning of each session. The pool will close five minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received.

SAFETY:

- Diving will not be prohibited during warm-ups except in specifically announced one-way sprint lanes.
- No shaving is permitted at the competition site.
- No glass containers are permitted within the facility.
- Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
- Deck changes are prohibited.

RULES: Current USA Swimming rules will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

SAFE SPORT: The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to the Meet Referee or Meet Director.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Anne Kaufman: nesafesport@gmail.com (857-928- 3638) or through the USA-S online reportable form.

ON DECK PHOTOGRAPHY: As per New England Swimming policy, professional photographers or press photographers who have been approved in advance by the Meet Director, are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests.

AWARDS: Ribbons will **not** be awarded.

SCORING: The meet will not be scored.

FOOD: No Concessions

VENDOR: No Vendor

MISCELLANEOUS: New England Swimming and SOLO AQUATICS assume no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

PARKING: There is ample FREE parking available in the parking lots at the high school, or along the street. Parking information will be provided to all accepted teams.

DIRECTIONS: Haverhill High School is located at 137 Monument St, Haverhill, MA 01830.

From the North:

Take I-495 South to Route 97/route 110/Route 113 Exits 50-49 Towards Downtown Haverhill/Salem, NH. Follow the Route 97 Sign Take a LEFT onto Broadway/Route 97S Turn LEFT at the Lights onto MONUMENT STREET School on the RIGHT Following the Four Way Intersection The pool is located in the back building in front of the track.

From the South:

Take I-495 North to Route 97 Broadway, Exit 50 Towards Haverhill and Salem, NH Keep RIGHT at the FORK on the Ramp Go THROUGH the Light and Stay STRAIGHT to go onto Monument Street School is on the RIGHT Following the Four Way Intersection
The pool is located in the back building in front of the track.

2021 SOLO AQUATICS COVID CUP

Charles C White Pool Haverhill High School
137 Monument St Haverhill, Ma 01835

February 15-19, 2021

CONTACT INFORMATION (All fields required)

Team Name: _____ Abbreviation: _____
Deck Coach: _____ Phone: _____ Email: _____
Enteries Contact: _____ Phone: _____ Email: _____
Address: _____
Unattached Swimmers _____

ENTRY FEES (non-electronic add .50 per entry)

____ Individual Entries @ \$5.00 = \$ _____
____ Distance events @ \$10.00 = \$ _____
____ Swimmer Participation Fee: # athletes ____ @ \$11.00 = \$ _____
____ NE Travel Surcharge: # athletes ____ @ \$1.00 each = \$ _____

Make check payable to: "MF SWIMMING LLC"
Mail entries and check to: Paul Mueller 27 Currierville Road,
Newton, NH 03858
Entry Deadline: 02/15/2021
For e-mailed entries, this form and payment must be received by: 02/15/2021

LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, his/her theirs, executors and administrators, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, SOLO Aquatics, Haverhill High School for any and all injuries suffered by him/her at said meet. In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND NEW ENGLAND SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Signature of Authorized Team Official Date