

2022 REGIONAL MEET TIME STANDARDS

Use times achieved since January 1, 2020

Cut-Off Time is the Age Group Championship cut time for each corresponding age group
Athletes with cuts between Silver and AG cut in an event will be swum as exhibition (non-scoring)

Girls					SCY	Boys				
15-18	13-14	11-12	10&U	8&U	Event	8&U	10&U	11-12	13-14	15-18
				29.99	25 FR	29.99				
29.99	31.39	37.99	50.99	59.99	50 FR	59.99	50.99	38.79	31.09	27.99
1:05.79	1:08.59	1:21.99	1:42.99	1:59.99	100 FR	1:59.99	1:43.99	1:23.79	1:10.69	1:00.49
2:21.49	2:28.89	2:51.99	3:15.99	3:15.99	200 FR	3:22.99	3:22.99	2:52.39	2:26.59	2:15.99
6:08.29	6:30.99	7:15.99	8:26.99	8:26.99	500 FR	8:43.99	8:43.99	7:20.99	6:27.39	5:52.29
12:25.99	12:44.69	14:24.99			1000 FR			14:29.99	12:21.29	12:11.99
20:25.99	20:30.79	22:45.99			1650 FR			23:59.99	20:20.69	19:59.99
				34.99	25 BK	34.99				
		45.99	56.99	1:09.99	50 BK	1:09.99	56.99	46.99		
1:16.69	1:23.39	1:36.99	1:50.09	1:53.99	100 BK	1:53.99	1:52.99	1:37.99	1:22.99	1:13.59
2:35.79	2:49.99	3:06.99			200 BK			3:10.99	2:46.99	2:26.99
				39.99	25 BR	39.99				
		50.99	1:01.99	1:19.99	50 BR	1:19.99	1:01.99	51.99		
1:25.79	1:34.99	1:47.99	1:59.99	2:01.99	100 BR	2:01.99	1:59.99	1:49.99	1:29.99	1:17.89
2:55.59	3:12.09	3:35.99			200 BR			3:39.99	3:03.79	2:44.99
				34.99	25 FL	34.99				
		46.99	58.99	1:09.99	50 FL	1:09.99	58.99	47.99		
1:14.99	1:24.89	1:43.99	1:49.99	1:49.99	100 FL	1:49.99	1:49.99	1:43.99	1:23.79	1:12.09
2:40.99	2:49.29	3:19.99			200 FL			3:19.99	2:40.09	2:25.09
		1:34.99	1:57.99	2:19.99	100 IM	2:19.99	1:56.99	1:35.99		
2:40.59	2:54.49	3:18.99	3:36.99	3:39.99	200 IM	3:39.99	3:35.99	3:18.99	2:50.19	2:31.79
5:36.99	5:39.79	6:10.99			400 IM			6:27.99	5:47.69	5:30.19

BONUS STRUCTURE

- Achieve 1 cut = 3 bonus
- Achieve 2 cuts = 2 bonus
- Achieve 3 cuts = 1 bonus
- Achieve 4+ cuts = 0 bonus

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Girls					SCM	Boys				
15-18	13-14	11-12	10&U	8&U	Event	8&U	10&U	11-12	13-14	15-18
				33.29	25 FR	33.29				
33.29	34.89	42.19	56.59	1:06.59	50 FR	1:06.59	56.59	43.09	34.49	31.09
1:12.99	1:16.09	1:30.99	1:54.29	2:13.19	100 FR	2:13.19	1:55.39	1:32.99	1:18.49	1:06.99
2:36.99	2:45.29	3:10.89	3:37.49	3:37.49	200 FR	3:45.29	3:45.29	3:11.29	2:42.69	2:30.89
5:22.29	5:42.09	6:21.49	7:23.59	7:23.59	400 FR	7:38.49	7:38.49	6:25.89	5:38.99	5:08.29
10:52.79	11:09.09	12:36.89			800 FR			12:41.29	10:48.59	10:40.49
20:10.29	20:14.99	22:28.49			1500 FR			23:41.59	20:05.09	19:44.59
				38.79	25 BK	38.79				
		50.99	1:03.19	1:17.69	50 BK	1:17.69	1:03.19	52.09		
1:25.09	1:32.49	1:47.59	2:02.19	2:06.49	100 BK	2:06.49	2:05.39	1:48.69	1:32.09	1:21.59
2:52.89	3:08.59	3:27.49			200 BK			3:31.99	3:05.29	2:43.09
				44.29	25 BR	44.29				
		56.59	1:08.79	1:28.69	50 BR	1:28.69	1:08.79	57.69		
1:35.19	1:45.39	1:59.79	2:13.09	2:15.39	100 BR	2:15.39	2:13.09	2:01.99	1:39.79	1:26.39
3:14.89	3:33.29	3:59.69			200 BR			4:04.09	3:23.99	3:03.09
				38.79	25 FL	38.79				
		52.09	1:05.39	1:17.59	50 FL	1:17.59	1:05.39	53.19		
1:23.19	1:34.19	1:55.39	2:01.99	2:01.99	100 FL	2:01.99	2:01.99	1:55.39	1:32.99	1:19.99
2:58.69	3:07.89	3:41.89			200 FL			3:41.89	2:57.69	2:40.99
		1:45.39	2:10.89	2:35.29	100 IM	2:35.29	2:09.79	1:46.49		
2:58.19	3:13.59	3:40.79	4:00.79	4:04.09	200 IM	4:04.09	3:59.69	3:40.79	3:08.89	2:48.39
6:13.99	6:17.09	6:51.79			400 IM			7:10.59	6:25.89	6:06.49

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- Achieve 1 cut = 3 bonus
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Girls					LCM	Boys				
15-18	13-14	11-12	10&U	8&U	Event	8&U	10&U	11-12	13-14	15-18
					25 FR					
34.09	35.69	42.99	57.39	1:07.39	50 FR	1:07.39	57.39	43.89	35.29	31.89
1:14.59	1:17.69	1:32.59	1:55.89	2:14.79	100 FR	2:14.79	1:56.99	1:34.59	1:20.09	1:08.59
2:40.19	2:48.49	3:13.59	3:40.69	3:40.69	200 FR	3:48.49	3:48.49	3:14.49	2:45.89	2:34.09
5:28.69	5:48.99	6:29.09	7:32.49	7:32.49	400 FR	7:47.69	7:47.69	6:33.59	5:45.79	5:14.39
11:05.79	11:22.49	12:51.99			800 FR			12:56.49	11:01.59	10:53.29
20:50.49	20:55.39	23:13.29			1500 FR			24:28.79	20:45.10	20:23.99
					25 BK					
		51.59	1:03.79	1:18.29	50 BK	1:18.29	1:03.79	52.69		
1:26.29	1:33.69	1:48.79	2:03.39	2:07.69	100 BK	2:07.69	2:06.59	1:49.89	1:33.29	1:22.79
2:55.29	3:10.99	3:29.89			200 BK			3:34.39	3:07.69	2:45.49
					25 BR					
		57.59	1:09.79	1:29.69	50 BR	1:29.69	1:09.79	58.69		
1:37.19	1:47.39	2:01.79	2:15.09	2:17.39	100 BR	2:17.39	2:15.09	2:03.99	1:41.79	1:28.39
3:18.89	3:37.29	4:03.69			200 BR			4:08.09	3:27.99	3:07.09
					25 FL					
		52.79	1:06.09	1:18.29	50 FL	1:18.29	1:06.09	53.89		
1:24.59	1:35.59	1:56.69	2:03.39	2:03.39	100 FL	2:03.39	2:03.39	1:56.79	1:34.49	1:21.39
3:01.49	3:10.69	3:44.69			200 FL			3:44.69	3:00.49	2:43.79
					100 IM					
3:01.39	3:16.79	3:43.99	4:03.99	4:07.29	200 IM	4:07.29	4:02.89	3:43.99	3:12.09	2:51.59
6:20.39	6:23.49	6:58.19			400 IM			7:13.99	6:29.29	6:12.89

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Achieve 1 cut = 3 bonus
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