# **2024 LCM Championship Meets Formats**

# 10 & Under Age Groups (3 Days)

# **Age Groups**

- 9-10
- 8 & Under
- Swim events as 10 & Under but separate out results except for the 400 (10 & Under event)

## **Awards (Provided by NES Office)**

- Medals will be awarded for places 1–8 and ribbons will be awarded for places 9–16 in both age groups.
- High Point: 1-8 for both 9-10 8 & under for Boys and girls.

### **Cut Times**

• The qualifying period is January 1, 2023 (18 Months from July 1) to date of entry.

### **Format- Timed Finals**

• Distance Format (400 Free) Standard

- 7 events total.
- 6 events per day for 9-10 + 8 & under swimmers.
- Bonus events are allowed to get up to 5 total events per swimmer.
  - Qualify in 1 event get 4 bonus events
  - Qualify in 2 events get 3 bonus events
  - Qualify in 3 events get 2 bonus events
  - Qualify in 4 events get 1 bonus event
    - o All entry times, including Bonus events, will be verified through SWIMS.
    - o 400 Free will have a Bonus Cut to be able to swim

# 11-14 LCM Age Groups (3 ½ Days)

# **Age Groups**

- 11-12
- 13-14

## **Awards (Provided by NES Office)**

- Medals will be awarded for places 1–8 and ribbons will be awarded for places 9–16 in both age groups.
- High Point: 1-8 for both age groups

### **Cut Times**

• The qualifying period is January 1, 2022 (18 Months from July 1) to date of entry.

### **Format**

- The Meet will be conducted in a trials/finals format, with one Consolation heat (B final) and one Championship heat (A final) in each age group (11-12 and 13-14) except for distance events:400 IM/400 Free 2 heats.
- Distance Format: 800/1500 alternate girl, boy Fast to slow alternating
- 11-12 Timed final for 400 Free/400 IM

- 7 events total.
- Bonus events are allowed to get up to 5 total events per swimmer.
- Qualify in 1 event get 4 bonus events
- Qualify in 2 events get 3 bonus events
- Qualify in 3 events get 2 bonus events
- Qualify in 4 events get 1 bonus event
- 400, 800, 1500 Free will have a bonus qualifying time
- All entry times, including Bonus events, will be verified through SWIMS.

# **Senior Championships (4 Days)**

## **Age Groups**

• Open

## **Awards (Provided by NES Office)**

- Medals will be awarded for places 1–3
- High Point: 1-3 for each gender
- High Point Distance Award for top female and male in combined events.

### **Cut Times**

- The qualifying period is January 1, 2022 (18 Months from July 1) to date of entry.
- There will be bonus event qualifying times

### **Format**

• The meet will be conducted in a trials/finals format. Prelims and Finals will be conducted in 8 lanes. There will be 4 heats in Finals: D (bonus final protected 16 & Under), C (bonus final), B (consolation), and A (Championship) heats, in that order, in all individual events, except the 800 Freestyle and 1500 Freestyle. The A and B finals will score. The 800 Freestyle and 1500 Freestyle are timed finals events.

- 7 events total.
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- Bonus Structure:
  - Qualify in 1 event get 3 bonus events
  - Qualify in 2 events get 2 bonus events
  - O Qualify in 3-6 events get 1 bonus event
  - o ALL BONUS EVENTS MUST MEET THE BONUS TIME STANDARDS

# LCM Silver Championships (2 ½ Days)

# **Age Groups**

- 10 & Under (8 & Under and 9-10) events swum multiage
- 11-12
- 13-14
- 15-18

## **Awards (Provided by NES Office)**

• Ribbons will be awarded for places 1–8

### **Cut Times**

- The qualifying period is January 1, 2023 (18 Months from July 1) to date of entry.
- All distance Free will have Bonus qualifying times.

### **Format**

- Timed Finals
- Distance Format: Fastest to Slowest alternating girls, boys

- 7 events total. 6 per day
- Bonus Event Structure:
  - o 1 Qualifying Event = 4 Bonus
  - o 2 Qualifying Events = 3 Bonus
  - o 3 Qualifying Events = 2 Bonus
  - o 4 Qualifying Events = 1 Bonus
  - 5+ Qualifying Events = 0 Bonus
- All entry times, including Bonus events, will be verified through SWIMS
- All distance Free will have Bonus qualifying times.