

New England Swimming

★ 2024 Junior Athlete Representative Candidate ★

Name: Audrey Spiridopoulos

Hometown: Leverett, MA

Club: Amherst Tritons Swim Team (ATST)

Swimming Experience:

- ★ Amherst Tritons Swim Team, Amherst, MA (2016 - present)
- ★ NES Age Group Finalist
- ★ NES Seniors Finalist

Leadership Experience:

- ★ Member, NES Athlete Executive Committee (2023 - present)
- ★ Junior Coach, Amherst Tritons Swim Team (2023 - present)
- ★ Volunteer Coach, Amherst Tritons Swim Team (2022 - 2023)
- ★ Member, Amherst Regional High School (ARHS) Environmental Action Club (2023 - present)
- ★ Member, ARHS French Club (2023 - present)
- ★ Member, ARHS Women's Rights Club (2023)
- ★ Member, ARHS Varsity Alpine Ski Team (2023 - present)
- ★ Member, ARHS Track Team (2022)
- ★ Photographer, Elms College Swim Team (2023 - present)
- ★ Photographer, ARHS Swim Team (2023 - 2024)
- ★ Photographer, ARHS Yearbook (2023 - 2024)



Why do you want to be the Junior Athlete Representative?

I'm running for Junior Athlete Representative because I would like to connect swimmers of all levels, as well as swimmers in all areas of New England. Over the years that I have been swimming, I've seen New England Swimming evolve with the ideas and hard work of many. I have seen the incredible work that our current athlete reps and AEC have done, like creating and organizing start and turn clinics, water safety events, and leadership summits. I've been part of the Athletes Executive Committee for the past year, and would love the opportunity to continue working toward a better, more inclusive, supportive, and motivating New England Swimming for all.

As a Junior Athlete Rep, I would strive to create connections for swimmers all over New England, of all ages and swimming abilities. To do this, I would work to create more opportunities to train together, share ideas, and build supportive friendships. I think communicating to a broader population, through social media and outreach programs, would be a great way to let people know there is a welcoming place for them in NE Swimming. I have met some of my closest friends through NES, and one of my top priorities would be providing opportunities for others to experience and build similar relationships. Swimming has been such a huge part of my life for as long as I can remember, and I would love to be able to give back to a community that means so much to me.