



**NEW
ENGLAND
SWIMMING**

Gator Swim Club - Seekonk October 2020 Distance Intra-Squad Meet

PODS Pool, 111 Commercial St, East Providence, RI

October 3, 2020

Held under the sanction of USA Swimming/New England #NE21-1003BGSC

Meet Director	Ray Grant	Raycgrant@gmail.com	774-991-1268
Meet Referee:	Abby Marino	abbyswimofficial@gmail.com	401-824-4901
Entry Chairperson:	Ray Grant	Raycgrant@gmail.com	774-991-1268
Admin Official:	Ray Grant	Raycgrant@gmail.com	774-991-1268
Safety Monitor	Brian Cameron	Briancameron444@gmail.com	508-284-4018

SAFETY INFORMATION: *An inherent risk of exposure to COVID-19 exists in any public place where people are present COVID-19 is an extremely contagious disease that can lead to severe illness and death.*

According to the Centers for Disease Control and Prevention, senior citizens and individual with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND NEW ENGLAND SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

SAFETY PROTOCOLS DUE to COVID RESTRICTIONS: some of these items may change. Participating coaches will be notified of changes by Wednesday the week of the meet.

- Spectators will not be allowed. Parents not working in assigned roles will have to stay outside. Each team may be assigned jobs so parents may rotate through who is working on the deck. Safe Sport considerations always allow parents access to their child when needed. Live stream will be in place for parents to be able to watch swims. Login information and instructions will be provided to parents.
- Workers and coaches will enter the facility at the main entrance to the pool. There will be one-way traffic flow around the pool deck. Workers will proceed to the deep end on the near side of the pool and will proceed to exit on the far side of the pool.
- All workers, officials (except referee blowing whistles), and coaches will wear masks at all times.

- Swimmer seating will be outside on spaces that are designated for 8' of social distancing. Swimmers must bring their own chair. Chairs will not be provided.
- The activities when swimmers may remove their masks and when they need to put a mask back on will be determined and sent to the coaches at least one week before the meet.
- Showers will NOT be available at the facility. Swimmers should wear their suit to the meet.
- Swimmers will be brought in through the side door, in lane order, once the previous heat has completed their race and exited the building.
- Once all swimmers in a heat have finished their race, swimmers will climb out and exit the building using the back door behind lane 6.
- **Safe Sport considerations always allow parents access to their child when needed.**
- [Rhode Island Youth and Adult Sports Guidelines](#)

MEET FORMAT: The meet will be swum as timed finals. Each session will be **pre-seeded**. Coaches will be able to pick up heat sheets for each event at the control office.

No events will swim with more than one swimmer per lane.

SITE: The PODS Competition Pool is a 6 lane, 25-yard pool with 7 foot-wide lanes and non-turbulent lane lines. The timing system includes a fully automatic Daktronics Time Systems electronic timing system with touchpads at the finish end of the pool. There is no electronic display. There are no touchpads at the turn end of the pool. The finish end of the pool is 4 feet deep; the turn end of the pool is 6 feet deep. **Spectator seating is not available for this meet.** The pool is located inside the PODS Aquatic Center, 111 Commercial Way, East Providence, RI 02100. Directions may be found later in this document. The competition course has not been certified in accordance with 104.2.2C(4).

COURSE: Short course yards 25 yards

RESERVE THE RIGHT TO MAKE CHANGES: Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.

MEET COMMITTEE/ JURY: The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the Meet Jury but not vote. The three members shall be from separate teams. The Meet Jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.

ENTRY POLICY: 100%

Teams that are included in the 100% of guaranteed entries must submit their entry no later than 7 calendar days before the first date of entries, and payment to the host team by the first date of entry acceptance, or the host team may remove them from the 100% of guaranteed entries. The team will still be liable for payment of the entry fee and will be referred to the Admin Review Board if necessary. The host team can release this liability if it is able to fill the meet with entries from other teams. In addition, no LSC teams other than New England Swimming will be allowed to enter the meet until after day 7 (midnight) of entries, at which point entries will be opened to non-New England Swimming LSC's.

CUT PROTOCOL: If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour rule using the following cut protocols in any order deemed necessary:

- (a.) May be asked to cut each athlete to two less events per day than the maximum allowed.
- (b.) Entries may be cut by time or to a specific number of heats for specified events.

If deck scratches allow a reasonable timeline, swimmers may be reinstated into those previously entered events. Clubs will be notified of cuts no later than Monday before the meet

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is a decision of the Meet Director and the Meet Referee. If weather requires the cancellation of any finals session, the results of the preliminary session will be the final order.

ELIGIBILITY: All swimmers must be current registered swimmers with United States Swimming. Age is determined by the age of the swimmer on the first day of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMWEAR: Per New England Swimming policy, swimmers **age 12** years old and younger are not allowed to wear "Tech" suits at any sanctioned or approved meet. The age of the swimmer is determined on the first day of the meet. A list of banned suits is found on www.neswim.com under ADMIN/Governance/Policies.

REGISTRATIONS: All swimmers must be registered (includes proof of age and payment) with USA Swimming before 5:00 pm on the Thursday before the first day of the start of the meet. New England teams are required to check their entries with the online registration check tool on the New England Swimming web site to verify registration status. Coaches must be registered before the start of the meet.

FALSE REGISTRATIONS: If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC will impose a fine of up to \$100.00 per event against the individual, member coach, or a member club submitting a meet the entry.

DECK REGISTRATIONS: Will not be accepted

DECK ACCESS: Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck **within the Covid-19 safety protocol restrictions**. All non-athletes on the pool deck must produce proof of their valid USA Swimming registration when asked. Deck Pass is an acceptable proof of membership. Individuals without proof of a valid membership in USA Swimming will be removed from the pool deck and will be subject to a fine by New England Swimming of \$100 to the coach, and \$200 to the coach's club.

DISABILITY SWIMMERS: Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary,

then the coach or athlete must notify the Meet Referee and Meet Director of any disability prior to competition.

EVENTS and SESSIONS: See attached list.

ENTRY INFORMATION:

First date of entry acceptance: September 26, 2020 (any entry received before this date will be considered received on September 26, 2020)

Final date of entry acceptance: September 30, 2020

Make checks payable to "Seekonk Aquatics, Inc".

Mail completed signed entry cover page and waiver, and payment to

Ray Grant
80 Davis St
Seekonk MA 02771

Payment due date for all entries: October 3, 2020. Any team that fails to send payment, cover page and waiver form, by this due date can be scratched from the meet at the discretion of the Entry Chairperson.

Entries will be acknowledged within 24 hours of the first date of entry if they are accepted into the meet. *Your entry is considered received only if you receive an acknowledgement.*

All unattached swimmers must be declared as unattached, on the entry cover sheet, before the meet begins.

Any team who has not paid their meet fees by the start of the meet will be assessed a \$100 fine. If no payment is received after 30 days, the fine is doubled. This fine is payable to the meet host. Late payment of entry fees may result in future exclusion from meets hosted by our club.

Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made per the New England policy.

ENTRY LIMITS: Athletes may enter as many events as they choose but may only compete in a maximum of 4 individual events per day for timed final events. Time trials count in the per day event count.

ENTRY FEES:

Ind events 200 and shorter: \$5.00

Distance events, 400 and higher: \$10

Participation Fee: \$14 per swimmer

Travel Fee: \$1.00 per swimmer

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at atsanders@aol.com . Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by October 3, 2020.

ENTRY TIME UPDATES: Entry times may be updated until the Monday prior to the first day of the meet. No new entries will be accepted after the entry deadline. Entry time updates should be sent via email to the entry chairperson at bobsmith@email.com. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

ENTRY TIMES: All entry times must be entered in the specified meet course. (Coach's times should be used instead of NT's)

TIME TRIALS: Will not be offered

LEGAL SPLITS – Individual Events: Legal splits must be requested before the event, by a coach, using a legal split form (available from the Control Table) and the requesting party must supply an additional timer(s) on the lane for the split, if necessary, to meet the USA-S requirement. (1 timer with touchpad timing, 3 timers without touchpad timing). Timers must be positioned over the lane at the end of the racing course.

ADMISSION: No admission Fee

PROGRAMS: No program Fee

MEET MOBILE HEAT SHEETS: Meet Mobile heat sheets will be offered at this meet for free. The Meet Mobile heat sheet includes smart phone access to all heat sheets for the whole meet, including last minute changes and re-seeds.

MEET MOBILE: Meet Mobile will be functional for this meet, (dependent upon satisfactory internet access) All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.

OFFICIALS: If you are available to work sessions at this meet, please email the Meet Referee and let him/her know your level of certification, team, and sessions you will be available. The Meet Referee will be in contact to confirm assignments and to schedule the pre-meet virtual officials briefing. Numbers of officials will be limited due to social distancing requirements and walk-ons will not be possible.

WARM-UPS: The pool will open for warm-ups as designated on the event list. The pool will close five minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received.

SAFETY:

- Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- No shaving is permitted at the competition site.
- No glass containers are permitted within the facility.
- Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
- Deck changes are prohibited.

RULES: Current USA Swimming rules and the Minor Athlete Protection Abuse Policy (MAAPP) will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

SAFE SPORT: The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to the Meet Referee or Meet Director. USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Anne Kaufman: nesafesport@gmail.com (857-928-3638) or through the [USA-S online reportable form](#).

ON DECK PHOTOGRAPHY: As per New England Swimming policy, professional photographers contracted by Gator Swim Club - Seekonk, or press photographers who have been approved in advance by the Meet Director, are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests

AWARDS: There are no awards

SCORING: The meet will not be scored.

FOOD: There will be no concession

VENDOR: There will be no vendor

MISCELLANEOUS: New England Swimming and *Gator Swim Club – Seekonk* assume no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

PARKING: Parking is available

DIRECTIONS. 111 Commercial St, East Providence for GPS directions

LODGING: *Providence is a major capital city with ample lodging facilities.*

EVENTS:

Gator Swim Club - Seekonk
October 3, 2020 Intra-Squad Distance Meet
PODS Pool, 111 Commercial St, East Providence, RI

Saturday 10&U

Warmup 11:00am Session starts at 11:20am

Mixed Events	Event
1	200 Free
2	500 Free

Saturday 11-12

Warmup 12:20 Session starts at 12:40

Mixed Events	Event
3	500 Free

Saturday 13-14

Warmup 1:40 Session starts at 2:00

Mixed Events	Event
4	500 FR
5	400 IM

Saturday 15&O

Warmup 3:00 Session starts at 3:20

Mixed Events	Event
6	500 FR
7	400 IM

