

New England Swimming

★ 2024 Junior Athlete Representative Candidate ★

Name: Catherine Sperry

Hometown: Westford, MA

Club: United Swim Club (USC)

Swimming Experience:

- ★ United Swim Club: Acton MA (2021-present)
- ★ Westford Academy High School: Swim Team (2022- present)
- ★ Chelmsford Swim & Tennis Team: Chelmsford MA (2015-present)
- ★ Dolphin Swim Team: Westford MA (2015-2021)
- ★ MIAA Sectionals and States Swimmer (2023, 2024)
- ★ NES Age Group Swimmer (2022)
- ★ ISCA Swimmer: Florida (2022)

Leadership Experience:

- ★ Member of NES Athlete Executive Committee (2023- present)
- ★ NES Athlete Leadership Summit: Colby College, ME (2023)
- ★ Swim Lesson Instructor: Chelmsford Swim (2022-present)
- ★ Lifeguard: Chelmsford Swim and Tennis (2023-present)
- ★ Westford Academy Swim and Dive Unsung Hero Award (2024)
- ★ Girl Scouts of Eastern MA Board of Directors Youth Member (2023-present)
- ★ Girl Scouts of Eastern MA Women's Leading Change Retreat (2023)
- ★ Girl Scouts of Eastern MA Silver and Bronze Award Recipient (2021-2022)
- ★ Youth Adult Advisory Board Member: JV Fletcher Library, Westford MA (2023-present)
- ★ Westford Academy Peer Counselor (2023-present)
- ★ Westford Academy Spanish Club Vice President (present)
- ★ Household Goods Volunteer: Acton MA (2023-present)
- ★ Sending Sunshine Volunteer: Canada (present)
- ★ Co-Founder of UniquelyYou, art website for young aspiring artists- (present)

Why do you want to be the Junior Athlete Representative?

I am interested in being the Junior Athlete Rep because it presents a unique opportunity to bring my ideas to the table, work with other amazing leaders, and apply/enhance my leadership skills! I feel empowered to speak on behalf of all athletes and bring their ideas to light. Additionally, I am motivated to implement not only my own thoughts in NE Swim but also to represent everyone's collective goals. I am excited to create many new opportunities for the athletes of NE Swim, for example, a leadership summit for the athletes, and water sports days. I attended the Maine Athlete Leadership Retreat last summer, and I was



able to see front and center, how the Reps worked together. Listening to all of their stories about getting involved inspired me to do the same! I am excited to bring opportunities like this to NE Swim, so that many athletes can have an experience similar to mine! Lastly, I aim to create more opportunities for athletes of all levels. Events such as a leadership retreat and/or a water sports day, are perfect ways for inclusivity!

Fun Fact: I won a silver medal in the National Spanish Exam in 2023!!