

USA Swimming Partners with Futures Without Violence to Introduce Coaching Boys Into Men and Athletes as Leaders Programs to Swimming Community

USA Swimming is excited to announce a partnership with Futures Without Violence (FUTURES) to introduce two new free programs for teams across the United States: Coaching Boys Into Men and Athletes as Leaders. Both programs provide curriculum for teams to encourage healthy relationships and promote leadership among athletes in the fight against sexual violence.

As the only evidence-based program endorsed by the Center for Disease Control and Prevention (CDC), the Coaching Boys Into Men's curriculum is meant for male coaches to discuss with their male-identifying athletes ages 12 and older. It allows coaches to positively influence how their young male athletes think and behave in and out of the pool.

The Athletes as Leaders curriculum was created by Harborview Abuse & Trauma Center and is meant for female coaches or team mentors to run with their female-identifying athletes ages 12 and older. In this program, athletes are encouraged to be leaders in changing peer norms to a culture of safety and respect.

These programs are a free resource for teams to participate in, virtually or in person. They are not required for completion of the Safe Sport Club Recognition program.

More information:

- [Access these curriculum cards](#)
- [Learn more about Coaching Boys Into Men](#)
- [Learn more about Athletes as Leaders](#)
- [FAQ sheet](#)