

WARM UP/START TIMES

Friday

Warm up @ 4:45pm Start @ 6pm {gym doors open at 4:30pm}

Saturday

Session 1 Warm up @ 10:15am, Start @ 11:30am [gym doors open at 10am]

Session 2 Warm up @ 1:30pm, Start @ 2:15pm [gym doors open at 1:15pm]

Sunday

Session 1 Warm up @ 8am, Start @ 9:15am [gym doors open at 7:45am]

Session 2 Warm up @ 12:05pm, Start @ 1:20pm [gym doors open at 11:50am]

Warm up Assignments

Friday

4:45-5:05pm Crim-A LN 1-6

5:10-5:30pm Crim-S LN 1-6

5:35-5:55pm Crim-B LN 1-4, Crim-A LN 5-6

Saturday Session 1

10:15-10:35am Crim-A LN 1-4, USC LN 6

10:40-11:00am KING LN 1-3, WTST LN 4-6

11:05-11:25am Crim-S LN 1-2, Crim-B LN 3-4, SSYS LN 5-6

Saturday Session 2

1:30-1:50pm Crim-A LN 1-5, USC LN 6

1:55-2:15pm Crim-S LN 1-6

2:20-2:40pm Crim-B LN 1-6

Sunday Session 1

8-8:20am Crim-A Ln 1-6

8:25-8:45am Crim-S LN 1-5, USC LN 6

8:50-9:10am Crim-B LN1-4, USC LN 5-6

Sunday Session 2

12:05-12:25pm Crim-A LN 1-4, Crim-S LN 5-6

12:30-12:50pm WTST LN 1-4, Crim-S LN 5-6

12:55-1:15pm Crim-B LN 1-5, USC LN 6

TIMERS (Timers meeting is 20min before start of meet)

Saturday Session 1 Crim-S (1), KING (1), WTST (1)

Sunday Session 2 Crim-B (1), Crim-S (1), WTST (1)