



**NEW
ENGLAND
SWIMMING**

Eagle Aquatics December Intra-Squad Meet

Margot Connell Recreation Center, Chestnut Hill, MA
Sunday, December 20, 2020

Held under the sanction of USA Swimming/New England #NE21-1220BC

Meet Director	Patrick Hunter	phunter.usaswimming@gmail.com	612-845-3031
Meet Referee:	Frank Ching	geeten@verizon.net	781-835-8667
Entry Chairperson:	Patrick Hunter	phunter.usaswimming@gmail.com	612-845-3031
Admin Official:	Patrick Hunter	phunter.usaswimming@gmail.com	612-845-3031
Safety Monitor	Michael Stephens	michael.stephens@bc.edu	301-873-6297

IMPORTANT DEADLINES:

First date of entry: Monday, December 7, 2020
 Final date of entry: Monday, December 14, 2020
 Payment deadline: Sunday, December 20, 2020

ASSUMPTION OF RISK: We, Eagle Aquatics, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at the Eagle Aquatics December Intrasquad or on site at Boston College. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at the Eagle Aquatics December Intrasquad and being on site at Boston College, you voluntarily assume all risks related to exposure to COVID-19.

RELEASE: *An inherent risk of exposure to COVID-19 exists in any public place where people are present COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease, therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.*

By attending or participating in this competition you voluntarily assume all risks associated with exposure to Covid-19 and forever release and hold harmless USA Swimming and New England Swimming and each of their Officers, Directors, Agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection with exposure, infection and/or spread of Covid-19 related to participation in this competition.

SAFETY PROTOCOLS DUE to COVID RESTRICTIONS:

All athletes, coaches, officials, and other meet staff will enter the Margot Connell Recreation center via the main doors and will complete a health screening upon arrival, in accordance with the policies of Boston College and the Margot Connell Recreation Center.

All athletes, coaches, officials, and other meet staff are required to wear face coverings at all times, with the exception of while swimming. Athletes will wear the face coverings to the blocks, removing the covering only to race. Athletes will promptly replace their face coverings upon exiting the pool.

General spectators are not permitted.

The maximum number of athletes allowable in the water (40% capacity) at any one time is 56.

The maximum number of individuals allowable on-deck (40% capacity) at any one time is 100. Eagle Aquatics has, to maintain safe social distancing, limited on-deck capacity to 75.

Any parent or legal guardian requesting access to their child will be allowed following all safety guidelines, by contacting the Meet Director, Patrick Hunter, at 612-845-3031.

COMMONWEALTH OF MASSACHUSETTS GUIDELINES: [Link](#)

MEET FORMAT: The meet will be swum as timed finals. Each session will be PRE-SEEDED, no scratches or deck entries will be accepted. Heat sheets will be provided to coaches and officials, and posted for athletes to reference on deck. Heats will be seeded slowest to fastest. Breaks may be inserted as needed at the discretion of the Meet Director and Meet Referee.

No events will swim with more than one swimmer per lane.

DISTANCE EVENTS: This meet will offer the 500 Yard Freestyle, 1000 Yard Freestyle, 1650 Yard Freestyle, and 400 Yard Individual Medley. Heats will be seeded slowest to fastest.

SITE: The Margot Connell Recreation Center Competition Pool is a 10-lane, 25-yard pool with seven-foot wide lanes and non-turbulent lane lines. The timing system includes a fully-automatic Daktronics electronic timing system with touchpads at the finish end of the pool. There are no touchpads at the turn end of the pool. The start and finish end of the pool is 6.5 feet deep; the turn end of the pool ranges from 6.5-11.5 feet deep. A separate 4-lane, 25-yard pool is available for warm-up and warm-down. Spectator seating is for 250.

The pool is located inside the Boston College Margot Connell Recreation Center, 140 Commonwealth Avenue, Chestnut Hill, MA 02467. Please enter through the main entrance of the Margot Connell Recreation Center.

The competition course not been certified in accordance with 104.2.2C(4).

COURSE: Short course yards (25 yards)

RESERVE THE RIGHT TO MAKE CHANGES: Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, [Patrick Johnstone](#). Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.

MEET COMMITTEE/ JURY: The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the Meet Jury but not vote. When possible, the three members shall be from separate teams. The Meet Jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.

ENTRY POLICY: This meet is open exclusively to members of Eagle Aquatics, members of the Boston College Swimming & Diving Team (competing unattached), and other swimmers at the invitation of the Meet Director. Athletes may be registered in any USA Swimming LSC.

CUT PROTOCOL: If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour rule using the following cut protocols in any order deemed necessary:

- (a.) May be asked to cut each athlete to two less events per day than the maximum allowed.
- (b.) Entries may be cut by time or to a specific number of heats for specified events

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is a decision of the Meet Director and the Meet Referee. If weather requires the cancellation of any Finals session, the results of the preliminary session will be the final order.

ELIGIBILITY: All swimmers must be currently registered as athlete members of United States Swimming. Age is determined by the age of the swimmer on the first day of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMWEAR: Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under [Tech Suit Restriction for 12-and-Under Swimmers](#).

REGISTRATIONS: All swimmers must be registered (including proof of age and payment) with USA Swimming before 5:00 pm on the Thursday before the first day of the start of the meet. New England teams are required to check their entries with the online registration check tool on the New England Swimming website to verify registration status. Coaches must be registered before the start of the meet.

FALSE REGISTRATIONS: If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC will impose a fine of up to \$100.00 per event against the individual, member coach, or a member club submitting a meet the entry.

DECK REGISTRATIONS: Will not be accepted.

DECK ACCESS: Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must produce proof of their valid USA Swimming registration when asked. Deck Pass is an acceptable proof of membership. Individuals without proof of a valid membership in USA Swimming will be removed from the pool deck and will be fined by New England Swimming of \$100 to the coach, and \$200 to the coach's club.

DISABILITY SWIMMERS: Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the Meet Referee and Meet Director of any disability prior to competition.

EVENTS and SESSIONS: See attached list.

ENTRY INFORMATION:

First date of entry acceptance: Monday, December 7, 2020 (any entry received before this date will be considered received on Monday, December 7, 2020)

Final date of entry acceptance: Monday, December 14, 2020

Make checks payable to "Boston College Swimming & Diving".

Mail completed signed entry cover page and waiver, and payment to the entry chairperson:

Boston College Swimming & Diving

140 Commonwealth Avenue

Chestnut Hill, MA 02467

Payment due date for all entries: Sunday, December 20, 2020—Any team that fails to send payment, cover page and waiver form, by this due date can be scratched from the meet at the discretion of the Entry Chairperson.

Any team that has been entered into the meet but is prevented from attending due to a change in restrictions imposed by state or local health authorities or the facility shall not be responsible for any meet fees.

Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made per the New England policy.

ENTRY LIMITS: Athletes may enter as many events as they choose but may only compete in a maximum of 6 individual events per day for timed final events. Time trials count in the per day event count.

ENTRY FEES:

\$0.00 for all timed final individual events

\$0.00 for time trials

NE Swimming Travel Fee of \$1.00 per swimmer (to be included in the check and the host team will send to NE Swimming)

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format should be emailed as an attachment to the entry chairperson at phunter.usaswimming@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by: Sunday, December 20, 2020

ENTRY TIME UPDATES: Entry times may be updated until the Monday prior to the first day of the meet. No new entries will be accepted after the entry deadline. Entry time updates should be sent via email to the

entry chairperson at phunter.usaswimming@gmail.com. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

ENTRY TIMES: All entry times must be entered in the specified meet course. Both estimated times and NT entries will be accepted.

TIME TRIALS: Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are offered at no charge.

LEGAL SPLITS – Individual Events: Legal splits must be requested before the event, by a coach, using a legal split form (available from the Control Table) and the requesting party must supply an additional timer(s) on the lane for the split, if necessary, to meet the USA-S requirement. (1 timer with touchpad timing, 3 timers without touchpad timing). Timers must be positioned over the lane at the end of the racing course.

ADMISSION: N/A

PROGRAMS: N/A

MEET MOBILE: Meet Mobile will be functional for this meet, dependent upon satisfactory internet access. All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.

OFFICIALS: Officials will be limited at this meet and will be selected by the Meet Director in conjunction with the Meet Referee. Please contact the Meet Director and/or Meet Referee if interested in officiating.

WARM-UPS: The pool will open for warm-ups as designated on the event list, 1 hour, 30 minutes before each session. The pool will close five minutes before the beginning of each session. The separate warm-up pool will be available during the meet for warm-up and warm-down.

SAFETY:

- Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- No shaving is permitted at the competition site.
- No glass containers are permitted within the facility.
- Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
- Deck changes are prohibited.

RULES: Current USA Swimming rules will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or

spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

SAFE SPORT: The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to the Meet Referee or Meet Director.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Anne Kaufman: nesafesport@gmail.com (857-928-3638) or through the [USA-S online reportable form](#).

ON DECK PHOTOGRAPHY: As per New England Swimming policy, professional photographers contracted by Eagle Aquatics, or press photographers who have been approved in advance by the Meet Director, are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests.

AWARDS: None.

SCORING: The meet will not be scored.

FOOD: N/A

VENDOR: N/A

MISCELLANEOUS: New England Swimming, Eagle Aquatics, and Boston College assume no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

PARKING: Parking for coaches, officials, and meet staff is available in the Margot Connell Recreation Center lot.

DIRECTIONS: The Margot Connell Recreation Center is located at 140 Commonwealth Avenue, Chestnut Hill, MA 02467.

**Eagle Aquatics
December Intra-Squad Meet
Sunday, December 20, 2020**

**Morning Session
Warm-Ups: 8:30 AM-9:55 AM, Meet Start: 10:00 AM**

Women #	Event	Men #
1	500 Yard Freestyle	2
3	200 Yard Individual Medley	4
5	50 Yard Freestyle	6
7	100 Yard Butterfly	8
9	400 Yard Individual Medley	10
11	200 Yard Freestyle	12
13	100 Yard Breaststroke	14
15	100 Yard Backstroke	16
17	1650 Yard Freestyle	18
19	1000 Yard Freestyle	20
21	200 Yard Backstroke	22
23	100 Yard Freestyle	24
25	200 Yard Breaststroke	26
27	200 Yard Butterfly	28

Breaks may be added at the discretion of the Meet Director and Meet Referee

Time Trials will be offered at the discretion of the Meet Director and Meet Referee

**Eagle Aquatics
December Intrasquad Meet
Sunday, December 20, 2020**

**Evening Session
Warm-Ups: 3:30 PM-4:55 PM, Meet Start: 5:00 PM**

Women #	Event	Men #
101	500 Yard Freestyle	102
103	200 Yard Individual Medley	104
105	50 Yard Freestyle	106
107	100 Yard Butterfly	108
109	400 Yard Individual Medley	110
111	200 Yard Freestyle	112
113	100 Yard Breaststroke	114
115	100 Yard Backstroke	116
117	1650 Yard Freestyle	118
119	1000 Yard Freestyle	120
121	200 Yard Backstroke	122
123	100 Yard Freestyle	124
125	200 Yard Breaststroke	126
127	200 Yard Butterfly	128

Breaks may be added at the discretion of the Meet Director and Meet Referee

Time Trials will be offered at the discretion of the Meet Director and Meet Referee

Eagle Aquatics
 December Intrasquad Meet
 Margot Connell Recreation Complex, 140 Commonwealth Avenue, Chestnut Hill, MA 02467
 Sunday, December 20, 2020
CONTACT INFORMATION

Team Name: _____ Abbreviation: _____
 Deck Coach: _____ Phone: _____ Email: _____
 Entries Contact: _____ Phone: _____ Email: _____
 Address: _____
 Unattached Swimmers: _____

ENTRY FEES

____ Individual Entries all distances @ \$0.00 = \$ _____
 ____ NE Travel Surcharge: # athletes ____ @ \$1.00 each = \$ _____

Total: \$ _____

Make check payable to: Boston College Swimming & Diving

Mail entries and check to:

Boston College Swimming & Diving
 140 Commonwealth Avenue
 Chestnut Hill, MA 02467

Entry Deadline: 12/14/2020

For e-mailed entries, this form and payment
 must be received by: 12/20/2020

LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, his/her theirs, executors and administrators, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, Eagle Aquatics, and Boston College for any and all injuries suffered by him/her at said meet. In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND NEW ENGLAND SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

 Signature of Authorized Team Official

 Date