

# New England Swimming

## ★ 2024 Junior Athlete Representative Candidate ★

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**Name:** Emma Main

**Hometown:** Hinesburg, VT

**Club:** Edge Swim Club (EDGE)

**Swimming Experience:**

- ★ EDGE Swim Club (2014 - present)
- ★ NES Age Groups and Seniors Qualifier
- ★ NES Age Groups Finalist
- ★ Eastern Zone Age Group Qualifier
- ★ NE Top Ten Swimmer (2021)

**Leadership Experience:**

- ★ Private swim lesson instructor, Hinesburg, VT (2023 - present)
- ★ Team Captain, Vibe Vermont Volleyball Club (2024 - present)
- ★ Instructor and Second Degree Black Belt, Youth Martial Arts (2021 - 2024)
- ★ Co-leader, Girls in STEM Club Champlain Valley Union High School (CVU) (2023 - present)
- ★ Member, Amnesty International Club CVU (2022 - present)
- ★ Member, Environmental Action Club CVU (2023 - present)
- ★ Member, Racial Alliance Committee CVU (2022 - present)
- ★ Hinesburg Food Shelf Volunteer (2022 - present)
- ★ DEI Student Representative Hinesburg (2022)



**Personal Statement:**

Hi, my name is Emma Main, and I am a sophomore at Champlain Valley Union High School. I live in Hinesburg VT and swim for the EDGE swim club. I have been swimming since I was 6 years old and have never stopped! I have tried many different sports but swimming is still the one that I feel most connected to and brings me the most joy and satisfaction. I have seen many of the amazing things that NE Swimming has done for my team and our community and I would be honored to be part of such an incredible organization in the role of Junior Athlete Representative.

I am part of a small swim team in a rural community. Our closest racing opportunity is an hour and forty-five minutes away, we are the only year-round swim team in the area, and we are one of the few states without high school swimming. Due to our size and lack of opportunity to swim meets, we are often overlooked when applying to large meets. However, even through these difficulties, we have incredible and motivated athletes who push themselves every day to compete against much larger and more competitive teams. As an Athlete Representative, I would be dedicated to helping underrepresented teams connect with the greater NE Swimming because I can relate to the struggles of a small rural team. Additionally, I would be focused on helping swimmers give back to their communities through water safety days and swim instruction. Especially in less populated areas, swim instruction and safety are incredibly important because of the lack of swimming opportunities and accessibility. I would love to be a part of this

great organization to make connections with other swimmers and coaches and relate and give voice to the many stories throughout New England.

**Why do you want to be the Junior Athlete Representative?**

I am interested in becoming a Junior Athlete Rep because I have been part of New England Swimming for 10 years and I would like to be a small part of the organization that has been such a big part of my life for so many years. I am interested in how I can make a change for other New England athletes through this position. I want to connect with incredible swimmers within this role and bring many teams and ideas together to create a connected environment for swimmers and teams all around New England. I will also focus on connecting underrepresented teams with the greater NE Swimming community to have access to meets and clinics. As well as enable these same teams to advocate for swimming and water safety in their areas. I would love to be the Junior Athlete Representative to make connections with other swimmers and coaches and relate and give voice to the many stories throughout New England.