



Greenwood Swimming
10 & Under Challenge Meet
 69 Park Street, Gardner MA 01440
 July 24-25, 2021



New England #NE21-0724GS

Meet Director	Dan Warner	Nssc1@aol.com	978-852-3985
Meet Referee:	Patrick Hunter	Phunter.usaswimming@gmail.com	612-845-3031
Entry Chairperson:	Dan Warner	Nssc1@aol.com	978-852-3985
Admin Official:	Dan Warner	Nssc1@aol.com	978-852-3985
Safety Monitor	Don Lemieux	thegreenwoodswimming@gmail.com	978-360-0966

IMPORTANT DEADLINES:

First date of entry: June 11, 2021

Final date of entry: July 14, 2021(to be in the meet, teams must submit entry by this date)

Updated entry due: July 19, 2021 (by 12:00 PM, no changes, additions, removals without payment after this date)

Payment deadline: July 21, 2021

SESSIONS:

Date	Session	Warm-up	Meet Start
Saturday, July 24, 2021	Saturday AM	9:00 – 9:50 AM	10:00 AM
Sunday, July 25, 2021	Sunday AM	9:00 – 9:50 AM	10:00 AM

Start times/sessions may be changed once all entries have been received. Depending on entry numbers, and at the discretion of the Meet Director and Meet Referee, boys and girls events may be conducted in separate sessions. Teams will be notified of exact times by e-mail Tuesday, July 20, 2021.

ASSUMPTION OF RISK: We, Greenwood Swimming, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at GS Outdoor Specialty Meet or on site at Gardner Outdoor Pool. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at Greenwood Swimming Outdoor Meet and being on site at Gardner Outdoor Pool, you voluntarily assume all risks related to exposure to COVID-19.

RELEASE: *An inherent risk of exposure to COVID-19 exists in any public place where people are present COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading*

COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease, therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition you voluntarily assume all risks associated with exposure to Covid-19 and forever release and hold harmless USA Swimming and New England Swimming and each of their Officers, Directors, Agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection with exposure, infection and/or spread of Covid-19 related to participation in this competition.

SAFETY PRECAUTIONS: (Pool is outdoors)

- There are no restrictions to the number of people permitted in the pool at one time.
- There are no restrictions to the number permitted on the pool deck.
- There are no spectators allowed on the pool deck at any time during the meet. Spectators will be allowed only in Designated area. Only coaches, officials, meet staff, timers and swimmers are allowed on deck.
- Teams/families are responsible for making sure their athletes/staff do not have a temperature or any COVID symptoms.
- Fully vaccinated individuals no longer need to wear a face mask covering or social distancing indoors or outdoors and should be respectful of others.
- Non-vaccinated individuals are advised to continue wearing face masks and to continue distancing.

STATE GUIDELINES: [Reopening Massachusetts | Mass.gov](https://www.mass.gov/info-details/reopening-massachusetts)

MEET FORMAT: The meet will be swum as timed finals. Each session will be seeded by computer based on scratches received by the scratch deadlines. Scratches for Saturday's events are due to the Administrative Official, Dan Warner, by 7:00 PM Friday, via email to nssc1@aol.com. Scratches for Sunday's events are due to the Administrative Official, Dan Warner, by 5:00 PM Saturday, and may be made on-deck at the meet or submitted via email to nssc1@aol.com. All events will be seeded slowest to fastest.

Heat sheets will be posted around the pool deck and distributed to coaches prior to the start of the sessions. Swimmers should report directly to the blocks for their events. Coaches and swimmers are responsible for ensuring swimmers are in the correct heat and lane.

No events will swim with more than one swimmer per lane.

Clubs will be notified of any change in the meet format by Tuesday, July 20, 2021.

Distance Event (500 Freestyle): Swimmers must provide at least one timer and one counter. The 500 Freestyle will be seeded slowest to fastest, without any alternating of heats.

SITE: The Gardner Competition Pool is 8 lane, 25-yard pool with 7 foot-wide lanes and non-turbulent lane lines. The timing system includes a fully automatic Colorado Time Systems electronic timing system with touchpads at the finish end of the pool. There are no touchpads at the turn end of the pool. Attached to the main pool is an area that is available for warm-up and warm-down. The start/finish and turn ends of the pool range from 13 feet deep to 4.5 feet deep. The pool is located at the Garner Outdoor Facility, 69 Park Street Gardner MA, 01440. Enter through the main entrance on Park Street. Directions may be found later in this document. The competition course has not been certified in accordance with 104.2.2C(4).

COURSE: SCY

25-YARD events will start at the starting block end of the pool and finish at the turn end with two buttons electronic timing.

RESERVE THE RIGHT TO MAKE CHANGES: Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, [Patrick Johnstone](#). Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.

MEET COMMITTEE/ JURY: The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the Meet Jury but not vote. When possible, the three members shall be from separate teams. The Meet Jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.

ENTRY POLICY: 100%

When using the 100% policy, only teams or unattached swimmers from the New England Swimming LSC will be allowed to enter the meet until 7 days after the first date of entry, at which point entries will be opened to teams from other LSCs.

CUT PROTOCOL: If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour rule using the following cut protocols in any order deemed necessary:

For meets using the 100 % entry policy:

- (a.) Entries may be cut by time or to a specific number of heats for specified events.
- (b.) May be asked to cut relay events.
- (c.) Swimmers may be limited to fewer than 6 individual events per day if needed.

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as

possible. Cancellation of the meet, or a session, is a decision of the Meet Director and the Meet Referee.

ELIGIBILITY: All swimmers must be current registered swimmers with United States Swimming. Age is determined by the age of the swimmer on the first day of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Any swimmer who ages up to 11 between the first day of 11/12 (July 8th) and the first day of the 10 & Under Challenge (July 24th) will be allowed to compete at the 10 & Under Challenge. They will compete as exhibition (their time will count, but they will not receive awards). All exhibition declarations must be made at the time of the team entry to the Entry Chair.

SWIMWEAR: Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under [Tech Suit Restriction for 12-and-Under Swimmers](#)

REGISTRATIONS: All swimmers must be registered (includes proof of age and payment) with USA Swimming before 5:00 pm on the Thursday before the first day of the start of the meet. New England teams are required to check their entries with the online registration check tool on the New England Swimming web site to verify registration status. Coaches must be registered before the start of the meet.

FALSE REGISTRATIONS: If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC will impose a fine of up to \$100.00 per event against the individual, member coach, or a member club submitting a meet the entry.

DECK REGISTRATIONS: Will not be accepted

DECK ACCESS: Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must produce proof of their valid USA Swimming registration when asked. Deck Pass is an acceptable proof of membership. Individuals without proof of a valid membership in USA Swimming will be removed from the pool deck and will be subject to a fine by New England Swimming of \$100 to the coach, and \$200 to the coach's club.

DISABILITY SWIMMERS: Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the Meet Referee and Meet Director of any disability prior to competition.

EVENTS and SESSIONS: See attached list.

ENTRY INFORMATION:

Make checks payable to “Greenwood Swimming”.

Mail completed signed entry cover page and waiver, and payment to the entry chairperson:

Greenwood Swimming

34 Bancroft Street

Gardner MA, 01440

Payment due date for all entries: July 21, 2021, teams that fails to send payment, cover page and waiver form, by this due date can be scratched from the meet at the discretion of the Entry Chairperson.

Entries will be acknowledged within 48 hours of the first date of entry if they are accepted into the meet. *Your entry is considered received only if you receive an acknowledgement.*

All unattached swimmers must be declared as unattached, on the entry cover sheet, before the meet begins.

Any team who has not paid their meet fees by the start of the meet will be assessed a \$100 fine. If no payment is received after 30 days, the fine is doubled. This fine is payable to the Greenwood Swimming. Late payment of entry fees may result in future exclusion from meets hosted by our club.

Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made per the New England policy.

ENTRY LIMITS: Athletes may enter and compete in a maximum of 6 individual events per day. Time trials count in the per day event count.

ENTRY FEES: Electronic entries:

\$10.00 for all timed final individual events.

\$25.00 for relays

\$10.00 for time trials

Swimmer Participation Fee is \$25.00 per swimmer

NE Swimming Travel Fee of \$2.00 per swimmer (to be included in the check and the host team will send to NE Swimming)

ELECTRONIC ENTRIES: Electronic entries that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at nssc1@aol.com. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by July 21, 2021.

ENTRY TIME UPDATES: Entry time updates will be accepted via email until 12:00 PM on Monday, July 19, 2021 (no changes, additions, removals without payment after this date).

ENTRY TIMES: All entry times must be entered in the specified meet course Short Course Yards. (Coach's times should be used instead of NT's)

RELAYS:

Dual Human Confirmation of relay take off violations will be required at all New England Swimming meets. Relays will not be limited per team per event. Unattached swimmers may not participate in any relays.

TIME TRIALS: Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are \$10.00 for individual events, and \$20.00 for relays.

LEGAL SPLITS – Individual Events: Legal splits must be requested before the event, by a coach, using a legal split form (available from the Control Table) and the requesting party must supply an additional timer(s) on the lane for the split, if necessary, to meet the USA-S requirement. (1 timer with touchpad timing). Timers must be positioned over the lane at the end of the racing course.

LEGAL SPLITS – Relays: All lead-off splits for relays are automatically loaded into SWIMS and do not require additional watches for validation unless there are no touchpads present, or the second swimmer starts in the water. If there are no touchpads, or the second swimmer starts in the water, a legal split form with three watches will be required for entry into SWIMS. Timers must be positioned over the lane at the end of the racing course. It is recommended that coaches report lead-off time discrepancies to the Administrative Referee or Administrative Official.

ADMISSION: \$3.00 per session

MEET MOBILE: will be functional for this meet, (dependent upon satisfactory internet access) All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.

OFFICIALS: Officials that know they will be attending the meet are highly encouraged to email the Meet Referee and let him/her know your level of certification, team, and sessions you will be available. Walk-on officials may not be accepted to limit the number of people on the deck.

WARM-UPS: The pool will open for warm-ups as designated on the event list.... one-hour before the beginning of each session. The pool will close ten minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received. Warm up area will be available during the meet for warm-up and warm-down.

SAFETY:

- Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at anytime
- No shaving is permitted at the competition site.
- No glass containers are permitted within the facility.

- Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.
- Deck changes are prohibited.

RULES: Current USA Swimming rules will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

SAFE SPORT: The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to the Meet Referee or Meet Director.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Anne Kaufman: nesafesport@gmail.com (857-928-3638) or through the [USA-S online reportable form](#).

VIDEO STREAMING: All video streaming must be approved in advance by the Meet Director. Any such video stream must conform to all current Safe Sport policies defined by USA Swimming, New England Swimming, and the Meet Host. No video stream may originate from behind the starting blocks or from any other area marked as a NO CAMERA ZONE.

ON DECK PHOTOGRAPHY: As per New England Swimming policy, professional photographers contracted by the Greenwood Swimming, or press photographers who have been approved in advance by the Meet Director, are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests.

TIMING ASSIGNMENTS and "NO SHOW" WORKERS: All teams will be assigned to time based on the number of entries. A team will be fined \$100 per incident if it does not provide the timers it has been assigned, and will not be allowed to enter swimmers in another New

England meet until the fine(s) is paid. This can be appealed to the Admin Review Board of New England Swimming and is enforced only if the meet management has properly assigned timers based on the number of swimmers a team has entered in the meet.

AWARDS:

- Ribbons in places 1 – 8th will be awarded for individual events.
- The top 3 high point winners for girls and boys will be awarded a plaque. The high point ceremony will take place on Sunday at the conclusion of the session.
- Swimmers and coaches are responsible for making sure they are present to receive their awards. All awards can be collected by teams at the control table on Sunday.
- Relays Ribbons for 1-3 places
- **Gong Heats:** Random Heats will be announced throughout sessions and heat winner will receive a special gift.

SCORING:

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Individual	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

FOOD: Food Trucks will be in operation for the duration of the meet.

VENDOR: A swimming equipment vendor will be onsite and will be selling suits, goggles, and other accessories for the duration of the meet.

MISCELLANEOUS: New England Swimming and Greenwood Swimming assume no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

PARKING: Available on street parking and overflow parking at the hockey rink (Veterans Memorial Skating Rink, 45 Veterans Drive) signs will be posted to hockey rink parking.

DIRECTIONS:

Greenwood Memorial Pool is located at 69 Park Street in Gardner Ma 01440.
From the East take Rt2 west and take Exit 87 for Pearson Blvd
From the West take Rt2 East to Exit 86 toward Gardner/Hubbardston

HOTELS:

Colonial Hotel
625 Betty Spring Rd
Gardner, MA 01440

Double Tree by Hilton
89 Erdman Way
Leominster, MA 01453

Super 8 by Wyndham
22 Pearson Blvd.
Gardner, MA 01440

SESSION 1
SATURDAY, JULY 24, 2021
WARM-UP 9:00 AM

WOMEN	EVENT	MEN
1	200 MEDLEY RELAY	2
3	200 IM	4
5	25 BREASTSTROKE	6
7	50 BUTTERFLY	8
9	100 FREESTYLE	10
11	25 FREE	12
13	50 BACK	14
15	100 BREAST	16
17	(AGE 9-10) 500 FRESSTSYLE	18

SESSION 2
SUNDAY, JULY 25, 2021
WARM-UP 9:00 AM

WOMEN	EVENT	MEN
19	200 FREE RELAY	20
21	200 FREESTYLE	22
23	25 BACKSTROKE	24
25	50 BREASTSTROKE	26
27	100 BUTTERFLY	28
29	25 BUTTERFLY	30
31	50 FREESTYLE	32
33	100 BACKSTROKE	34
35	100 IM	36



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 New England #NE21-0724GS



CONTACT INFORMATION

Team Name _____ Abbreviation: _____

Deck Coach: _____ Phone: _____ Email: _____

Entries Contact: _____ Phone: _____ Email: _____

Unattached Swimmers: _____

ENTRY FEES

_____ Individual Entries in events 200 yards & Under @\$ 10.00/\$10.50\$ _____

_____ Individual Entries 500 free # _____ @ \$10.00/\$10.50 = \$ _____

_____ Relays Entries # _____ @ \$25.00/\$25.50 = \$ _____

_____ Swimmers NE Travel Surcharge (\$2.00) # _____ @ \$27.00 = \$ _____

and Swimmer Participation Fee (\$25.00) Total: \$ _____

Any team entries submitted after Tuesday July 20, 2021 @ 9:00 pm deadline are subject to a \$100 fine.

Make checks payable to "GS Swimming".

Mail completed signed entry cover page and waiver, and payment to the entry chairperson:

GS Swimming
 34 Bancroft Street
 Gardner MA 01440

LIABILITY RELEASE: Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, Greenwood Swimming and all meet personnel for any and all injuries suffered by him/her at said meet. In submitting an entry, the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.

 Signature of Authorized Team Official & Date