

New England Swimming

★ 2024 Junior Athlete Representative Candidate ★

Name: Lilah Doherty

Hometown: Longmeadow, MA

Club: Bluefish Swim Club (ABF)

Swimming Experience:

- ★ Indian Valley YMCA Breakers (2015 - 2018)
- ★ Storrs Aquatics (2018 - 2020)
- ★ Pioneer Valley Aquatics (2021 - 2022)
- ★ Bluefish Swim club (2022 - current)
- ★ 2022 LCM Zones team member
- ★ Futures qualifier (2023 - 2024)
- ★ NES Age Group, Senior, Sectional, and Future finalist
- ★ States and sectional high school champion (2023 - current)
- ★ States and sectional winning team (2023 - current)
- ★ Longmeadow High school swim team (2022 - 2023, 2023 - 2024)



Leadership Experience:

- ★ Longmeadow High school member of FATE club (current)
- ★ LHS writing center tutor (current)
- ★ Junior captain high school swim team (2024)
- ★ LHS Business Club member (current)
- ★ NES Bluefish Athlete delegate
- ★ Crystal lake annual Springfield boys and girls club fishing trip volunteer (2023)
- ★ Springfield Largest pancake breakfast volunteer Vox Church (2023)
- ★ Annual Easter Egg hunt Vox church volunteer (2022)

Personal Statement

Hello everyone! My name is Lilah Doherty, and I am a sophomore at Longmeadow High school. I swim for Bluefish swim club and am so excited to be running for this position. I have been swimming since I was 7 and been a part of New England swimming since I was 13. I joined NES during Covid while the meets were virtual, so it was very intimidating to jump into a new LSC. I realized that NES was incredibly inviting and made me feel very welcomed. I want to pay it back to NES for everything that it has done for me. I also want to continue to see people feel apart of the NES community. I am extremely dedicated to this sport and that would carry over if I were to have the honor of this position. I also have two little sisters who are going to be a part of NES for a lot longer after I'm go to college. It is important to me that they have a bright future in NES.

Why do you want to be the Junior Athlete Representative?

I want to be able to advocate on the behalf of swimmers for their rights and interests. I aspire to mindfully contribute to voting and shaping policies as well as the decisions. I aim to make a meaningful mark on New England swimming and in its community.