

# NANTUCKET SWIMMING

## **Intra-squad Meet**

Nantucket Community Pool, Nantucket MA November 21, 2020

Held under the sanction of USA Swimming/New England #NE21-1121NANT

<b>Meet Director</b>	Rachael Slosek	rachaelslosek@gmail.com	
Meet Referee:	Ann Wolf	aawolf12@aol.com	508-981-2563
Entry Chairperson:	Beau Garufi	Garufib@npsk.org	508-360-1438
Admin Official:	Carol Healey	Office@neswim.com	781-449-0270
Safety Monitor	Jim Pignato	Pignatoj@npsk.org	

# **IMPORTANT DEADLINES:**

First date of entry: 11/11/20 Final date of entry: 11/18/20 Payment deadline: 11/18/20

ASSUMPTION OF RISK: We, Nantucket Swimming, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at 2021 NE NANT November Splash or on site at Nantucket Community Pool. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at 2021 NE NANT November Splash and being on site at Nantucket Community Pool, you voluntarily assume all risks related to exposure to COVID-19.

**RELEASE:** An inherent risk of exposure to COVID-19 exists in any public place where people are present COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease, therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition you voluntarily assume all risks associated with exposure to Covid-19 and forever release and hold harmless USA Swimming and New England Swimming and each of their Officers, Directors, Agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection with exposure, infection and/or spread of Covid-19 related to participation in this competition.

# SAFETY PROTOCOLS DUE to COVID RESTRICTIONS:

Statement outlining the plan for use of locker rooms: and other facility restrictions in place: Spectators will not be allowed in the building or pool area.

Number of individuals gathering in each area of the facility including all spaces, the pool, deck and spectator seating, and all other areas to be used: 25

Any parent or legal guardian requesting access to their child will be allowed following all safety guidelines, by contacting the Meet Director, Beau Garufi at: 508-360-1438

# **STATE GUIDELINES: attached**

**MEET FORMAT:** The meet will be swum as timed finals. Each session will be PRE-SEEDED, no scratches or deck entries will be accepted. Heat sheets will be posted around the pool deck and distributed to coaches.

No events will swim with more than one swimmer per lane.

**SITE:** The Nantucket Community Pool is a 6 lane, 25-yard pool with 7 foot-wide lanes and non-turbulent lane lines. The timing system includes a fully-automatic Colorado Time Systems electronic timing system with touchpads at the finish end of the pool with single-line electronic display. The finish end of the pool is 12 feet deep; the turn end of the pool is 4 feet deep. The pool is located adjacent to Nantucket High School at 10 Surfside Road Nantucket, MA 02554. Swimmers should enter through the door on the corner of Surfside Road and Sparks Avenue. Directions may be found later in this document.

The competition course has not been certified in accordance with 104.2.2C(4).

**COURSE:** Short course yards (25 yards)

**RESERVE THE RIGHT TO MAKE CHANGES**: Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, <u>Patrick Johnstone</u>. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.

**MEET COMMITTEE/ JURY:** The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the Meet Jury but not vote. When possible, the three members shall be from separate teams. The Meet Jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.

# **ENTRY POLICY**: 100% Intrasquad

**CUT PROTOCOL**: If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour rule using the following cut protocols in any order deemed necessary:

If deck scratches allow a reasonable time-line, swimmers may be reinstated into those previously entered events. Clubs will be notified of cuts no later than Monday before the meet

**WEATHER PROTOCOL:** If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a

session, is a decision of the Meet Director and the Meet Referee. If weather requires the cancellation of any Finals session, the results of the preliminary session will be the final order.

**ELIGIBILITY:** All swimmers must be currently registered as athlete members of United States Swimming. Age is determined by the age of the swimmer on the first day of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**SWIMWEAR**: Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at any Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first day of the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under Tech Suit Restriction for 12-and-Under Swimmers.

**REGISTRATIONS:** All swimmers must be registered (including proof of age and payment) with USA Swimming before 5:00 pm on the Thursday before the first day of the start of the meet. New England teams are required to check their entries with the online registration check tool on the New England Swimming website to verify registration status. Coaches must be registered before the start of the meet.

**FALSE REGISTRATIONS**: If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC will impose a fine of up to \$100.00 per event against the individual, member coach, or a member club submitting a meet the entry.

**DECK REGISTRATIONS**: Will not be accepted.

**DECK ACCESS:** Only current USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must produce proof of their valid USA Swimming registration when asked. Deck Pass is an acceptable proof of membership. Individuals without proof of a valid membership in USA Swimming will be removed from the pool deck and will be fined by New England Swimming of \$100 to the coach, and \$200 to the coach's club.

**DISABILITY SWIMMERS:** Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the Meet Referee and Meet Director of any disability prior to competition.

**EVENTS and SESSIONS:** See attached list.

# **ENTRY INFORMATION:**

First date of entry acceptance: 11/11/20, (any entry received before this date will be considered received on 11/11/20)

Final date of entry acceptance: 11/18/20,

Make checks payable to "Nantucket Swimming Boosters".

Mail completed signed entry cover page and waiver, and payment to the entry chairperson:

Beau Garufi

10 Surfside Road

Nantucket, MA 02554

Payment due date for all entries: 11/18/20, Any team that fails to send payment, cover page and waiver form, by

this due date can be scratched from the meet at the discretion of the Entry Chairperson.

Any team that has been entered into the meet but is prevented from attending due to a change in restrictions imposed by state or local health authorities or the facility shall not be responsible for any meet fees.

Entries will be acknowledged within 48 hours of the first date of entry if they are accepted into the meet. *Your entry is considered received only if you receive an acknowledgement.* 

All unattached swimmers must be declared as unattached, on the entry cover sheet, before the meet begins.

Any team who has not paid their meet fees by the start of the meet will be assessed a \$100 fine. If no payment is received after 30 days, the fine is doubled. This fine is payable to the Nantucket Swimming. Late payment of entry fees may result in future exclusion from meets hosted by our club.

Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made per the New England policy.

**ENTRY LIMITS:** Athletes may enter as many events as they choose but may only compete in a maximum of 6 individual events per day for timed final events. Time trials count in the per day event count.

**ENTRY FEES:** There are no entry fees.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format should be emailed as an attachment to the entry chairperson at garufib@npsk.org. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by: 11/18/20

**ENTRY TIME UPDATES:** Entry times may be updated until the Monday prior to the first day of the meet. No new entries will be accepted after the entry deadline. Entry time updates should be sent via email to the entry chairperson at garufib@npsk.org. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

**ENTRY TIMES:** All entry times must be entered in the specified meet course. (Coach's times should be used instead of NT's)

**TIME TRIALS:** Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are \$10.00 for individual events, and \$40.00 for relays.

**LEGAL SPLITS** – **Individual Events:** Legal splits must be requested before the event, by a coach, using a legal split form (available from the Control Table) and the requesting party must supply an additional timer(s) on the lane for the split, if necessary, to meet the USA-S requirement. (1 timer with touchpad timing, 3 timers without touchpad timing). Timers must be positioned over the lane at the end of the racing course.

**LEGAL SPLITS** – **Relays:** All lead-off splits for relays are automatically loaded into SWIMS and do not require additional watches for validation unless there are no touchpads present, or the second swimmer starts in the water. If there are no touchpads, or the second swimmer starts in the water, a legal split form with three watches will be required for entry into SWIMS. Timers must be positioned over the lane at the end of the racing course. It is recommended that coaches report lead-off time discrepancies to the Administrative Referee or

Administrative Official.

**ADMISSION:** No spectators will be permitted in the Facility without approval from the Meet Director or Beau Garufi.

**PROGRAMS:** None will be provided.

**OFFICIALS:** Officials that know they will be attending the meet are highly encouraged to email the Meet Referee and let him/her know your level of certification, team, and sessions you will be available. An official meeting will be held on the pool deck 30 minutes prior to the start of a session.

**WARM-UPS:** The pool will open for warm-ups as designated on the event list. The pool will close five minutes before the beginning of each session. Swimmers will be assigned warm-up lanes after all entries are received. **SAFETY:** 

- Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- No shaving is permitted at the competition site.
- No glass containers are permitted within the facility.
- Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
- Deck changes are prohibited.

**RULES:** Current USA Swimming rules will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or

spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

**SAFE SPORT:** The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to the Meet Referee or Meet Director. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Anne Kaufman: nesafesport@gmail.com (857-928-3638) or through the USA-S online reportable form.

ON DECK PHOTOGRAPHY: As per New England Swimming policy, professional photographers contracted by Nantucket Swimming, or press photographers who have been approved in advance by the Meet Director, are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests

**AWARDS:** None

**SCORING:** None

FOOD: None

**VENDOR:** None

**MISCELLANEOUS:** New England Swimming and Nantucket Swimming assume no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

**PARKING:** 10 Surfside Road

**DIRECTIONS**. The Nantucket Community Pool is located at 10 Surfside Road, Nantucket, MA 02554.

**LODGING:** N/A

# **EVENTS**:

### **Session One:**

Mixed Open 500 Freestyle

Mixed Open 50 Freestyle

Mixed Open 200 Breastroke

Mixed Open 100 Backstroke

Mixed Open 100 Butterfly

Mixed Open 100 Breastroke

Mixed Open 200 Freestyle

Mixed Open 200 Individual Medley

Mixed Open 100 Freestyle

Time Trials as time permits

# Session Two:

Mixed Open 500 Freestyle

Mixed Open 50 Freestyle

Mixed Open 200 Breastroke

Mixed Open 100 Backstroke

Mixed Open 100 Butterfly

Mixed Open 100 Breastroke

Mixed Open 200 Freestyle

Mixed Open 200 Individual Medley

Mixed Open 100 Freestyle

Time Trials as time permits

# Nantucket Swimming November Splash

# 10 Surfside Road, Nantucket, MA 02554 11/21/20

# **CONTACT INFORMATION**

Team Name: Nantucket Swimming		Abbreviation: NANT
Deck Coach: Beau Garufi	Phone: 508-360-143	Email: garufib@npsk.org
Entries Contact: Beau Garufi	Phone: 508-360-1438	Email: garufib@npsk.org
Address: Nantucket Community Pool 10 Surfsi	de Road Nantucket, MA 02.	554
Entry Deadline: 11/18/20		
theirs, executors and administrators, waive and rele United States Swimming, New England Swimming injuries suffered by him/her at said meet. In submentry are registered with USA Swimming and under	ase any and all rights and clain , Nantucket Swimming and Na nitting this entry the undersign	antucket Community Pool for any and all ed team certifies that all athletes in the ined \$100 for each swimmer in the entry
BY ATTENDING OR PARTICIPATING IN THIS COMP. EXPOSURE TO COVID-19 AND FOREVER RELEASE. SWIMMING AND EACH OF THEIR OFFICERS, DIRECANY LIABILITY OR CLAIMS INCLUDING FOR PERSO OTHER LOSS, INCLUDING BUT NOT LIMITED TO C. TO SEEK DAMAGES, WHETHER KNOWN OR UNKNO EXPOSURE, INFECTION AND/OR SPREAD OF COVID	AND HOLD HARMLESS USA SV CTORS, AGENTS, EMPLOYEES DNAL INJURIES, DEATH, DISEA LAIMS OF NEGLIGENCE AND O DWN, FORESEEN OR UNFORES	WIMMING AND NEW ENGLAND OR OTHER REPRESENTATIVES FROM ASE OR PROPERTY LOSSES, OR ANY GIVE UP ANY CLAIMS YOU MAY HAVE SEEN, IN CONNECTION WITH
Signature of Authorized Team Official	Date	

# The Commonwealth of Massachusetts Executive Office of Energy and Environmental Affairs



Charles D. Baker GOVERNOR

Karyn E. Polito LIEUTENANT GOVERNOR

Kathleen A. Theoharides SECRETARY

# 100 Cambridge Street, Suite 900 Boston, MA 02114

# Memorandum

Tel: (617) 626-1000 Fax: (617) 626-1081 http://www.mass.gov/eea

From: Executive Office of Energy and Environmental Affairs Date: July 3, 2020 Subject: Safety Standards for Public and Semi-Public Swimming Pools - Phase III, Step 1

The Executive Office of Energy and Environmental Affairs (EEA) is providing guidance for the operation of public and semi-public<sup>1</sup> indoor and outdoor swimming, wading, and special purpose pools (including but not limited to hot tubs and whirlpools) at recreational facilities in Phase III, Step 1 of the Commonwealth's Reopening. Indoor facilities may open facilities to users of all ages, subject to the limitations below, in Phase III, Step 1.

All public and semi-public pools must continue to meet the requirements of 105 CMR 435.00: Minimum Standards for Swimming Pools, State Sanitary Code: (Chapter V) in addition to any stricter state or local standard developed to control the transmission of COVID-19.

This guidance applies until amended or rescinded.

# **General Pool Guidelines**

❖ Pool operators should review and follow the Commonwealth's Guidance on Safety Practices for Non-Healthcare Service Workers, General Business Guidance for Reopening Massachusetts, the Centers for Disease Control and Prevention (CDC) Considerations for Public Pools, Hot Tubs, and Water Playgrounds During COVID-19, and review the Environmental Protection Agency (EPA) list of disinfectants meeting EPA criteria for use against the novel coronavirus. Pool operators should consult with venue designer in selecting a disinfectant.

<sup>1</sup>Pursuant to 105 CMR 435.00 a Semi-Public Pool means a swimming, wading or special purpose pool on the premises of, or used in connection with a hotel, motel, trailer court, apartment house, condominium, country club, youth club, school, camp, or similar establishment where the primary purpose of the establishment is not the operation of the swimming facilities, and where admission to the use of the pool is included in the fee or consideration paid or given for the primary use of the premises. Semi-public pool shall also mean a pool constructed and maintained by groups for the purposes of providing bathing facilities for members and guests only.

- ❖ •According to the CDC, there is currently no evidence that the virus that causes COVID-19 can be spread to people through the water in pools. Proper operation and maintenance (including disinfection with chlorine and bromine) of these facilities should inactivate the virus in the water. Criteria for maintaining proper water chemistry, pursuant to 105 CMR 435.00, is noted in the section: *Maintaining Chemical Standards and Turnover*.
- ❖ •The temporary shutdown or reduced operation of a building and reductions in normal water use can create hazards for returning occupants; these hazards can include mold and *Legionella*. After a prolonged shutdown, building owners and employers should ensure that their building does not have mold and that the water system is safe to use to minimize the risk of Legionnaires' disease. Guidance on how to do this is available from the CDC https://www.cdc.gov/coronavirus/2019-ncov/php/building-water-system.html.
- ❖ Consider operating hours set aside for high-risk populations (e.g. adults 60 years or older). **Social Distancing** 
  - ❖ •Recreational activities, including swimming and wading,

should be conducted with adherence to social distancing recommendations of 6 feet between individuals and the proper use of face coverings in public settings where other social distancing measures are difficult to maintain. Organized swimming programs should ensure compliance with the *Workplace Safety and Reopening Standards for Businesses and Other Entities Providing Youth and Adult Amateur Sports Activities*.

- ❖ •Swimming lessons that require contact are allowed in Phase III, Step 1. Prolonged close contact should be minimized to the extent it is possible and safe to do so.
- ❖ •Face coverings should be worn by patrons and staff in accordance with Covid-19 Order 31: Order Requiring Face Coverings in Public Places Where Social Distancing is Not Possible to prevent against the transmission of COVID-19 while at the facility. Face coverings should not be worn while in the water (diving masks, goggles, and snorkels may be worn):

https://www.mass.gov/info-details/covid-19-state-of-emergency

- ❖ •Social distancing of at least 6 feet is required for all individuals outside of a household group and applies to deck areas, bathrooms, locker rooms, and wading areas. No one should congregate in the water or on the pool deck.
- ❖ •Pool operators, taking into consideration bather load, any building occupancy limits, and social distancing on deck areas should manage capacity to accommodate social distancing to the greatest extent possible, such as setting a maximum number of individuals that can be in a pool facility or pool area at one time. This number should not exceed 40% of existing facility capacity.
- ❖ •Hot tubs and whirlpools should be closed in Phase III,Step 1.
  - ❖ •Locker rooms and changing areas may open in Phase III

but should be limited to 50% capacity. Pool Managers should ensure that users can abide by capacity restrictions and social distancing standards and are encouraged to establish signage and visual guidelines. Signage should remind users to limit time spent in enclosed areas.

- ❖ •Indoor and outdoor pool facilities must provide access showers in compliance with 105 CMR 435. If outdoor showers are not available, facilities may meet this requirement by providing access to indoor showers. If outdoor showers are available, facilities should keep indoor showers closed.
- ❖ Physical barriers such as plastic partitions, orange cones, rubber mats, tape and other easily cleanable products may be used to maintain social distancing.
- ❖ •Consider using one-way signs on walkways and pool deck or visual guidelines for maintaining 6 feet distance in all restroom facilities to support social distancing and control flow of traffic.
- ❖ Make regular announcements or post clear signage to remind pool staff and patrons to follow social distancing guidelines.
- ❖ •Facilities should limit the number and spacing of items of pool deck furniture on premises to maintain social distancing.
- ❖ •Exceptions to the social distancing guidance include: ○
  Anyone rescuing a distressed swimmer, providing first aid, or performing cardiopulmonary resuscitation, with or without an automated external defibrillator. Individuals in the process of evacuating an aquatic venue or entire facility due to an emergency.
- ❖ Organized activities in the pool, such as events or tournaments, must comply with the guidelines in the *Workplace Safety and Reopening Standards for Businesses and Other Entities Providing Youth and Adult*

*Amateur Sports Activities*. **General Sanitation** Pool operators should clean in accordance with CDC Guidance: Considerations for Public Pools, Hot Tubs, and Water Playgrounds During COVID-19:

https://www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/aquatic-venues.html

- ❖ •Clean and disinfect frequently touched surfaces at least daily and shared objects each time they are used. For example: Surfaces such as handrails, slides, and structures for climbing or playing Objects such as lounge chairs, tabletops, pool noodles, and kickboards Door handles and surfaces of restrooms, showers, handwashing stations, and diaper-changing stations Consult the EEA May 18, 2020 Outdoor Recreation Facility Restroom Cleaning Best Practices Memorandum, which details the standards and processes for the cleaning and disinfecting of certain outdoor recreation facility restrooms.
- ❖ ·Consult with the company or engineer that designed the aquatic venue to decide which List N disinfectants approved by the U.S. Environmental Protection Agency external icon (EPA) are best for your aquatic venue.
- ❖ ·Limit use of shared furniture or objects to one individual or group of users at a time and clean and disinfect between use by different individuals.
- ❖ Set up a system so that furniture (for example, lounge chairs) or objects (for example, kickboards, noodles) that need to be cleaned and disinfected is kept separate from already cleaned and disinfected furniture or objects. Label containers for used equipment that has not yet been cleaned and disinfected and containers for cleaned and disinfected equipment.
- ❖ ·If provided, launder towels and clothing according to the manufacturer's instructions. Use the warmest appropriate water temperature and dry items completely.

- ❖ •Protect shared furniture, equipment, towels, and clothing that has been cleaned and disinfected from becoming contaminated before use.
- ❖ •Ensure safe and correct use and storage of disinfectants and store them securely away from children.
- ❖ ·All handwash sinks shall be fully stocked with soap and paper towels.
- ❖ ·Allow water fountains to be used as refill stations only, provided that social distancing can be maintained. Customers and workers should bring their own water bottles or purchase from the business.
- ❖ ·Alcohol-based hand sanitizer with at least 60 percent alcohol shall be available to staff.
- ❖ •Close pool facilities used by a person who tests positive for COVID-19 and wait 24 hours before cleaning and disinfecting these pool facilities.
- ❖ •Ensuring safe and correct use and storage of EPA-approved List N disinfectant, including storing products securely away from children.
- ❖ ·Admission/entry transactions are encouraged, where possible should be carried out through a no contact process such as online reservations, timed-ticketing, permit/sticker issuance or an on-site electronic transaction method that allows for social distancing guidelines to be followed. If not feasible, hand transactions and cash may be allowed.
- ❖ ·In order to manage capacity and allow for social distancing, operators may consider limiting the time individuals or groups are allowed to use pool facilities.
- ❖ •Pool users may use personal floatation devices (PFD) that are U.S. Coast Guard (USCG) approved. PFDs cannot be shared. PFDs provided by the facility should be cleaned in accordance with the USCG guidance.

- o No other equipment brought from home, such as pool noodles, inflatables, lounge furniture and toys, are allowed into the facility. However, Americans with Disabilities Act (ADA) approved equipment for personal use is allowed.
- ❖ Pool operators are strongly encouraged to include strategies to reduce COVID-19 exposure to the pool staff and patrons according to the following best practice guidance from CDC:
- https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html

# Ventilation

Operators are required to maintain the facilities in accordance with CDC's guidelines found here:

https://www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/aquatic-venues.html

- **Ensure** ventilation systems of indoor spaces operate properly.
  - ❖ •Increase introduction and circulation of outdoor air as much as possible by opening windows and doors, using fans, or other methods. However, do not open windows and doors if doing so poses a safety risk to staff, patrons, or swimmers. **Signs**
  - ❖ •Post signage at each public entrance to inform all pool staff and patrons that they should: Stay home if sick or in quarantine. Avoid entering the premises if symptomatic, e.g., a fever of 100.0 degrees Fahrenheit or above, unusual coughing, shortness of breath, headaches, chills, shaking chills, sore throat, muscle aches or pains, new loss of taste or smell, or whether they have felt feverish.
- o Maintain 6 feet separation between individuals, except for in household groups.
- o Sneeze/cough into cloth, tissue, elbow or sleeve. Discard tissue in trash cans o

Avoid hand shaking or physical contact except among household members.  $\circ$  Wash hands often with soap and warm water, and for at least 20 seconds.

❖ Post signs throughout the facility reminding patrons to maintain a minimum of 6 feet of separation between individuals in all areas of the facility, including swimming areas, pool decks, locker rooms, and bathrooms and to wear face coverings required in accordance with COVID Order No. 31: *Order Requiring Face Coverings in Public Places Where Social Distancing is Not Possible*, except for when in the water.

# **Staff Procedures**

- ❖ Staff must receive training about social distancing and general sanitation best practices. Conducting training virtually or ensuring that social distancing is maintained during in-person training.
  - ❖ •Staff should complete a self-assessment for symptoms and stay home if sick.
  - ❖ •Operators are encouraged to develop protocols to assess staff at the beginning of each shift and ask if they have experienced unusual coughing, shortness of breath, headaches, chills, shaking chills, sore throat, muscle aches or pains, new loss of taste, or smell or whether they have felt feverish.
  - ❖ •Anyone that develops a fever or symptoms, such as a coughor difficulty breathing, should not perform their work duties until they have obtained medical advice from a health care provider.
  - ❖ •Encourage workers who test positive for COVID-19 to disclose to the workplace employer for purposes of cleaning / disinfecting and contact tracing. If the employer is notified of a positive case at the workplace, the employer shall notify the local Board of Health (LBOH) in the city or town where the workplace is located and assist the LBOH as reasonably requested to advise likely contacts to isolate and self-quarantine. Testing of

other workers may be recommended consistent with guidance and / or at the request of the LBOH.

- ❖ •Require frequent handwashing by staff, with soap and warm water for at least 20 seconds or the use of alcohol-based hand sanitizers or disinfecting wipes to reduce the spread of COVID-19.
- ❖ •Operators should make a reasonable attempt to log everyone (name and email or name and phone number) who comes in contact with site to enable contact tracing, including patrons, staff, and visitors.
- ❖ Employers should take measures to ensure employees comply with all State-issued rules concerning out of state travel for any employer-paid or employer-reimbursed travel. **Maintaining Chemical Standards and Turnover** According to the CDC, there is no evidence that the virus that causes COVID-19 can be spread to people through the water in pools. Proper operation and maintenance (including disinfection with chlorine and bromine) of these facilities should inactivate the virus in the water. Water Chemistry testing kits used by the facility should be in accordance with 105 CMR 435.30. In addition to meeting the minimum standards of 105 CMR 435.00, and in order to maintain safe swimming conditions, the Department is recommending:
- ❖ •Increasing the frequency of water chemistry testing to a minimum of 6 times per day for all swimming, wading, and special purpose pools. Additional testing should be conducted during peak bather load periods.
- ❖ •Increasing pool shocking frequency each week during hours of pool closure.
- ❖ •Ensuring swimming, wading, and special purpose pools meet the minimum turnover requirement specified in 105 CMR 435.00.
  - ❖ •Operators and Supervisors should close immediately for

maintenance and correction if the water chemistry does not meet minimum standards. All closures, maintenance, and corrections must be documented.

Lifeguards and Water Safety & Lifeguard staff who are actively monitoring pool safety should not be asked to monitor handwashing, use of face coverings, or social distancing of others. Other staff should be assigned this task. Lifeguards must wear a face covering while out of the water if social distancing cannot be maintained and limit any close contact with other people to emergency situations. Communication Systems & Put systems in place for: o Responding when staff, patrons, and swimmers self-report they have symptoms of COVID-19, a positive test for COVID-19, or were exposed to someone with COVID-19 within the last 14 days.

# Vending/Rentals

- ❖ Food service shall follow all applicable food service and restaurant guidance for such activities.
- ❖ Snorkels, goggles, etc., may not be rented or provided by a facility.

Notifying local health authorities of COVID-19 cases that have been brought to their attention.

<sup>❖</sup> Provide online and other means of communication to alert pool staff and patrons to any pool status updates or changes, such as closures to maintain social distancing and general cleaning practices.