



Boston based Commonwealth Swimming is hiring a Part Time Assistant Coach to work with our team of 75 swimmers.

About the team: We are a small team of 75 swimmers aged 6-18 based in Boston, MA with Level 3 Club Recognition & Bronze and Silver Club Excellence from USA Swimming. Over the past few years the team has qualified 1 athlete for the Junior Pan Pacific Games, 3 athletes for the US Olympic Team Trials and National Championships, 11 for US Junior National Championships, over 25% of the team is at the Sectionals level, and more than 50% qualify for the New England Championships. We hope to build on that success as we head into our 9th year. We have multiple age group swimmers in the top 10 of New England and the US, and have broken multiple New England Records.

Position: Part Time Assistant Coach

Requirements:

- USA Swimming background check and coaching certification in good standing.
- Availability for Early AM, Evenings and Weekends.
- Ability to assist at all sites (All are MBTA accessible, car is easier).
- CPR/Safety Training certifications up to date.
- Interest in working with all levels.
- Must be energetic and engaging.
- Must be a self-starter who also takes direction from the Head Coach.

Ideal candidate has:

- Prior USA Swimming coaching experience with athletes of all ages.
- Experience with Learn-To-Swim programming.
- Willingness to learn, grow, experiment.
- Personal competitive experience.
- Strong verbal and written skills.
- Understanding of Hy-Tek and Team Unify software.

Responsibilities include:

- Assist in designing and administering designated practices.
- Attend meets as scheduled.

- Coordinating training methodologies, drills and practice group goals with Head Coach and/or Practice Group Lead Coaches. A primary focus on technique, skill development and long term athlete development is a must.
- Maintain good membership standing with USA Swimming and New England Swimming.

Compensation:

\$23.00/hour

Interested candidates should email a resume and cover letter to head coach Chris Sheppard at commonwealthswimming@gmail.com

Committed to developing the highest level of athletic performance, integrity and citizenship within the team and individual through hard-work, commitment and leadership development. Each community member plays an integral role in the creation and cultivation of a culture of excellence where fulfilling our highest potential becomes possible. These tenants are embraced by all coaches, athletes and parents as the foundation for personal and community growth in and out of the pool.

Commonwealth Swimming is founded on the beliefs that in order to maximize long term athletic development 1) young athletes must be developed as a whole person 2) greatness does not happen in a vacuum and 3) training groups must provide systematic progression of increased expectations and involvement. Within this framework the Commonwealth coaches work to instill the foundations of a love for the water and swimming; the value of citizenship and teamwork; a love for the Commonwealth Current and Commonwealth teammates; strong technical skill acquisition and a sound, robust work ethic. As swimmers develop emotionally and physically, the workloads they experience in and out of the water must increase in order to maximize future growth. This increase in physical demands as well as demands on their time outside of the pool will most often lead to psychological growth necessary for managing difficult and challenging experiences in the pool and in life. Through these tribulations, athletes learn the importance of relying on coaches, teammates, family and themselves to manage trying situations.