



**NEW  
ENGLAND  
SWIMMING**

**YMCA of the North Shore  
Candy Cane YMCA Specialty Meet**  
Sterling Center YMCA, 254 Essex Street, Beverly, MA  
December 7, 2019

Held under the approval of USA Swimming/New England #NE20-1207YNS-A

<b>Meet Director</b>	Arthur Athanas	athanasa@northshoreymca.org	978-564-3910
<b>Meet Referee:</b>	Bob Seltzer	rlseltzerjr@gmail.com	617-510-0746
<b>Entry Chairperson:</b>	John Brennan	johnbrennan@comcast.net	978-852-1847
<b>Admin Official:</b>	Dan Sionkiewicz	dan.sionkiewicz@comcast.net	781-576-9801
<b>Safety Monitor</b>	Arthur Athanas	athanasa@northshoreymca.org	978-564-3910

**IMPORTANT DEADLINES:**

**Entry open date:** October 1, 2019

**Final date of entry:** November 26, 2019

**Payment deadline:** December 1, 2019

**MEET FORMAT:** The meet is a closed YMCA Meet. All events will be swum as timed finals. Each session will be seeded by computer based on positive check-in at the beginning of each session. Coaches will receive a positive check-in sheet before each session, which must be returned no later than 30 minutes before the beginning of the session. Heat sheets will be posted around the pool deck. Coaches will be able to pick up heat sheets for each event at the timing table. No events will swim with more than one swimmer per lane.

**SITE:** The Sterling YMCA Pool is an 8-lane, 25-yard pool with seven-foot-wide lanes and non-turbulent lane lines. There is a fully-automatic Colorado Time Systems electronic timing system. There are touch pads at the finish end of the pool with eight-line electronic display. There are touch pads at the turn end of the pool. Attached to the main pool is an area that is available for warm-up and warm down, approximately 20x20 feet in size. The finish end of the pool is 5 feet deep; the turn end of the pool is 4 feet deep. Spectator seating is for 300. The pool is located inside the Sterling YMCA, 254 Essex Street, Beverly, MA 01915. Please enter through the main entrance. Directions may be found later in this document. The competition course has not been certified in accordance with 104.2.2C(4).

**COURSE:** Short course yards (25 yards).

**25-YARD EVENTS:** 25-yard events will start at the starting block end of the pool and finish at the turn end with manual timers using three watches, or two buttons, or with electronic timing.

**RESERVE THE RIGHT TO MAKE CHANGES:** Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, [Bob Menck](#). Any change to the meet format after the meet begins will be at the discretion of the Meet Referee and will be presented to the coaches at a coaches meeting.

**MEET COMMITTEE/ JURY:** The Meet Jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the Meet Jury but not vote. The three members shall be from separate teams. The Meet Jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook.

**CUT PROTOCOL:** If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour rule using the following cut protocols in any order deemed necessary:

- a) May be asked to cut each athlete to two less events per day than the maximum allowed.
- b) Entries may be cut by time or to a specific number of heats for specified events.
- c) May be asked to cut relay events

If deck scratches allow a reasonable time-line, the swimmers may be reinstated into those previously entered events. Clubs will be notified of cuts no later than Monday before the meet

**WEATHER PROTOCOL:** If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or a session, is a decision of the Meet Director and the Meet Referee. If weather requires the cancellation of any finals session, the results of the preliminary session will be the final order.

**ELIGIBILITY:** This meet is open to both USA-registered and non-USA-registered (Y-only) swimmers. Swimmers who wish their times to be entered into SWIMS must be current registered swimmers with USA Swimming. Age is determined by the age of the swimmer on the first day of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

**SWIMWEAR:** Per New England Swimming policy, swimmers 12 years old and younger are not allowed to wear "Tech" suits at any sanctioned or approved meet. The age of the swimmer is determined on the first day of the meet. A list of banned suits is found on [www.neswim.com](http://www.neswim.com) under ADMIN/Governance/Policies.

**REGISTRATIONS:** All USA swimmers must be registered (includes proof of age and payment) with USA Swimming before 5:00 pm on the Thursday before the first day of the start of the meet. New England teams are required to check their entries with the online registration check tool on the New England Swimming web site to verify registration status.

**DECK REGISTRATIONS:** Will not be accepted

**DISABILITY SWIMMERS:** Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the Meet Referee and Meet Director of any disability prior to competition.

**EVENTS and SESSIONS:** See attached list.

**ENTRY POLICY:** Closed YMCA; First Come, First Served

**ENTRY LIMITS:** Athletes may enter as many events as they choose but may only compete in a maximum of 6 individual events per day for timed final events, or 3 individual events per day for trials/finals events. Time trials count in the per day event count.

**ENTRY INFORMATION:**

Final date of entry acceptance: November 26, 2019

Make checks payable to "YMCA of the North Shore".

Mail completed signed entry cover page and waiver, and payment to the entry chairperson:

John Brennan  
P.O. Box 5184  
Beverly Farms, MA 01915

Payment due date for all entries: December 1, 2019. Any team that fails to send payment, cover page and waiver form, by this due date can be scratched from the meet at the discretion of the Entry Chairperson.

**ENTRY FEES:** Electronic entries:

\$5.00 for all timed final individual events

\$20.00 for relays.

\$10.00 for time trials

Non-electronic entries: \$5.50 for individual events; \$25.00 for relays

\$10.00 Swimmer Participation Fee

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at johnbrennan@comcast.net. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by December 1, 2019

**ENTRY TIME UPDATES:** Entry times may be updated until the Monday prior to the first day of the meet. No new entries will be accepted after the entry deadline. Entry time updates should be sent via email to the entry chairperson at johnbrennan@comcast.net. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

**ENTRY TIMES:** All entry times must be entered in the specified meet course. (Coach's times should be used instead of NT's)

**TIME TRIALS:** Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are \$10.00 for individual events.

**LEGAL SPLITS:** Legal splits (including relay lead-offs) must be requested before the event, by a coach, using a legal split form (available from the Control Table) and the requesting party must supply an additional timer(s) on the lane for the split, if necessary, to meet the USA-S requirement. (1 timer with a pad, 3 timers when no pad) When this form is submitted for relay take offs, it will be used to verify a time that is in question. It can also be used to verify and record a lead off split in an event that does not automatically go into SWIMS.

**ADMISSION:** \$3.00 per session

**PROGRAMS:** \$2.00 per session.

**MEET MOBILE:** Meet Mobile will be functional for this meet, (dependent upon satisfactory internet access). All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.

**OFFICIALS:** If you know that you will be attending this meet, please email the Meet Referee and let him/her know your level of certification, team, and sessions you will be available. This is for pre-meet planning purposes only. All officials are welcome to work any number of sessions and walk-ons are always welcome. Officials meetings shall be at least one hour prior to the start of a session.

**WARM-UPS:** The pool will open for warm-ups one-hour before the beginning of each session. The pool will close ten minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received. The warm up area will be available during the meet for warm-up and warm-down.

**SAFETY:**

- Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time.
- No shaving is permitted at the competition site.
- No glass containers are permitted within the facility.
- Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
- Deck changes are prohibited.

**MISCELLANEOUS SAFETY:**

- No swimmer can use the adult locker rooms, fitness areas or other areas of the YMCA not specified for the use of swimmers. Any swimmer found using adult locker rooms or areas not designated for use during the meet will be removed for the remainder of the meet.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
- No ball, Frisbees or other propulsion devices are allowed in the gym.

**RULES:** Current USA Swimming rules and the Minor Athlete Protection Abuse Policy (MAAPP) will govern all competition. Decisions by the Meet Referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

**RELAYS:**

- Use of Electronic Relay Judging Pads: Dual Human Confirmation of relay take off violations will be required at all New England Swimming meets. If Electronic Relay Judging pads are to be used at a meet, they will serve in the following capacity. Once a Dual Confirmation of a relay take off has been confirmed (Dual Human Confirmation), the Meet Referee or his/her designee shall request the RJP data. This data can only be used to support the disqualification or overturn the disqualification. In the event the RJP data is either missing or deemed invalid, the disqualification will stand.
- Relays will be limited to 3 relays per team per event.
- All relay swimmers must be officially entered into the meet.
- Unattached swimmers may not participate in any relays.

**DRONES** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

**SAFE SPORT:** The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to the Meet Referee or Meet Director.

USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Anne Kaufman: [nesafesport@gmail.com](mailto:nesafesport@gmail.com) (857-928-3638) or through the [USA-S online reportable form](#).

**ON DECK PHOTOGRAPHY:** As per New England Swimming policy, professional photographers contracted by the YMCA of the North Shore or press photographers who have been approved in advance by the Meet Director, are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests

**AWARDS:** There are no awards for this meet.

**SCORING:** The meet will not be scored.

**FOOD:** A concession stand will be in operation for the duration of the meet.

**EQUIPMENT VENDOR:** There will not be a swimming equipment vendor

**MISCELLANEOUS:** New England Swimming and YMCA of the North Shore assumes no responsibility for lost or stolen property. A swimmer attending the meet without a coach must report to the meet referee. The Sterling YMCA is open to YMCA members during the meet. Swimmers are not permitted to use adult locker rooms or areas not designated for use during the meet. Failure to comply may result in a swimmer being removed from the remainder of the meet. Pets of any kind and smoking are not permitted within the facility.

**PARKING:** There will be off-site parking. Swimmers may be dropped off at the entrance to the Sterling but **all** cars will be directed to one of the nearby off-site lots. Directions to lots will be available daily at the entrance to the Sterling YMCA and may change from day to day during the meet **Your cooperation is vital in order to run future meets at this facility!**

**DIRECTIONS:** The Sterling YMCA is located on 254 Essex Street, Beverly MA 01915. From the north (New Hampshire, Maine) take Interstate 95 South to Route 128 North to exit 18. Take a right off the exit and proceed 1 mile. From the south or west, take 128 North to exit 18. Turn right off the exit and proceed 1 mile. The Sterling YMCA is on the right. Telephone # is 978-927-6855.

**LODGING:** The following hotels and motels are in the area:

**Springhill Suites** 43 Newbury Street (US 1 North), Peabody 978-535-5000

**Beverly Garden Suites** 5 Lakeview Ave & Rte 1A, Beverly 800-922-7535

**Courtyard by Marriott** at the Liberty Tree Mall, Independence Drive, Danvers 978-777-8630

**Towne Place Suites/Marriott**, 238 Andover St., Danvers, MA 978-777-6222

**Residence Inn/Marriott Hotel**, 51 Newbury St., Rt. 1, Danvers, MA 978-777-7171

**Days Inn**, 152 Endicott St. Danvers, 978-777-1030

**Super 8 Motels**, Rte.1 North, Danvers 978-774-6500

**Motel 6**, Rte 1 North, Danvers 978-774-8045

**Holiday Inn**, 1 Newbury St., Rt. 1, Peabody, MA 978-535-4600

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<b>Session 1 Saturday Morning</b>		
<b>Warm-up: 6:30AM / Session Start: 7:30AM</b>		
<b>Girls Event #</b>	<b>Age Group / Distance / Stroke</b>	<b>Boys Event #</b>
1	11 & Over 200 FR	2
3	11 & Over 100 FL	4
5	11-12 50 BR	6
7	11 & Over 200 BR	8
9	11 & Over 100 BK	10
11	11-12 50 FL	12
13	11 & Over 200 FL	14
15	11 & Over 50 FR	16
17	11 & Over 200 IM	18
19	11 & Over 100 BR	20
21	11-12 50 BK	22
23	11 & Over 200 BK	24
25	11 & Over 100 FR	26
27	11 & Over 200 Medley Relay	28
<b>Session 1 Saturday Afternoon</b>		
<b>Warm-up: 12:00PM / Session Start: 1:00PM</b>		
29	10 and Under 50 FL	30
31	10 and Under 100 FL	32
33	8 and Under 25 FL	34
35	8 and Under 25 BK	36
37	10 and Under 50 BK	38
39	10 and Under 100 BK	40
41	10 and Under 100 IM	42
43	10 and Under 50 BR	44
45	10 and Under 100 BR	46
47	8 and Under 25 BR	48
49	8 and Under 25 FR	50
51	10 and Under 50 FR	52
53	10 and Under 100 FR	54
55	10 and Under 200 FR Relay	56

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**CONTACT INFORMATION** *(all fields required)*

Team Name: \_\_\_\_\_ Abbreviation: \_\_\_\_\_

Deck Coach: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Entries Contact: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Unattached Swimmers: \_\_\_\_\_

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**ENTRY FEES** *(non-electronic add .50 per entry)*

\_\_\_\_\_ Individual Entries @ \$5.00 each = \$\_\_\_\_\_

\_\_\_\_\_ Relay Entries @ \$20.00 each = \$\_\_\_\_\_

\_\_\_\_\_ Swimmer Participation Fee: # athletes \_\_\_\_\_ @ \$10.00 each = \$\_\_\_\_\_

Total: \$ \_\_\_\_\_

Make check payable to: "YMCA of the North Shore"

Mail entries and check to:

John Brennan  
P.O. Box 5184  
Beverly, MA 01915  
978-852-1847

Entry Deadline: 11/26/2019

For e-mailed entries, this form and payment  
must be received by: 12/1/2019

**LIABILITY RELEASE**

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, YMCA of the North Shore for any and all injuries suffered by him/her at said meet. In submitting this entry, the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.

\_\_\_\_\_  
Signature of Authorized Team Official

\_\_\_\_\_  
Date