

Coaches Committee

Date - January 11, 2021

Members: Present - Nikki Walsh (Coaches Rep), Zach Miller, Kirstin McCoy, Dennis Tesch, Deni Cullom

1. Brief introduction for all the coaches - good variety
2. What Utah swimming needs from the coaches, for the coaches, what is lacking
 - a. Shared the comments from other coaches rep (LSC"s)
3. What one thing would each coach would like to see happen in Utah.
 - a. clarity, no general purpose, there is no togetherness
 - b. huge divide between coaches, officials, and the LSC. People/teams are not invited. Small little leagues within the LSC. Only see each other during state.
 - c. LSC is fractured or lack knowledge. Need transparency among coaches.
 - d. More education and interaction between coaches

Podcast

Mentorship

Visiting teams on deck - coaches visiting other teams

Germantown aquatics - a team to study

Coaches social at the meets

Goal - break down barriers - get the coaches together

Clinics - four times a year with swimmers and then a coaches meeting after. No sanctions

Action Items:

Send out ideas or questions you would want to hear on a podcast

Send email to coaches and introduce the committee

Present ideas to board

Start with podcasts - interview a coach - how does a podcast work, who would do the interviews

Shared workouts, technical aspects (the why) - Facebook group

Email to coaches - one thing they would like changed on admin side and then the coaches side

Find an athlete rep

The next meeting will be on January 25, 8:30 pm