

STROKE AND TURN TRAINING LOG

OFFICIAL'S NAME / TEAM				
SESSION 1 DATE / MEET / TRAINER / LSC				
SESSION 2 DATE / MEET / TRAINER / LSC				
SESSION 3 DATE / MEET / TRAINER / LSC				
SESSION 4 DATE / MEET / TRAINER / LSC				
APPRENTICESHIP REQUIREMENTS				
USA Swimming Member				
Attend a Stroke and Turn clinic (Please indicate date to the left)				
Apprentice as a Stroke and Turn Judge for at least 4 training sessions at a minimum of 2 meets with a trainer. OR Coach or Athlete members with 5+ years USA Swimming experience shall apprentice as a Stroke and Turn Judge for at least 2 training sessions with a trainer.				
Pass the USA Swimming ST Certification test with an 80%				
Session 1	Session 2	Session 3	Session 4	CERTIFICATION PERFORMANCE REQUIREMENTS FOR CERTIFICATION May be evaluated during last apprentice session and use MR sign-off for each session. Y-Yes, N-No, ND - Not Demonstrated
				Arrives on time, prepared with necessary personal equipment, in proper and professional uniform.
				Is respectful of other officials, coaches, meet volunteers, spectators, and athletes.
				Understands and applies proper positioning on deck.
				Understands and applies communicated jurisdictions and protocols.
				Understands and applies the rules for the start, stroke, kick, turn, and finish for butterfly.
				Understands and applies the rules for the start, stroke, kick, turn, and finish for backstroke.
				Understands and applies the rules for the start, stroke, kick, turn, and finish for breaststroke.
				Understands and applies the rules for the start, stroke, kicks, turn, and finish for freestyle.
				Understands and applies the rules for relays.
				Understands and applies the rules for individual medley.
				Is comfortable making calls as appropriate and also understands when a call is not appropriate.
				Can correctly communicate a disqualification and what was observed using USA Swimming rulebook language.
				Always gives the swimmer the benefit of the doubt.
				Understands performance criteria as outlined in Stroke & Turn Judge Professional Document.
				Understands USA Swimming Safe Sport and MAAPP rules.
Comments (if needed)(Can use back of sheet)				
Signature of MR (session 1)				
Signature of MR (session 2)				
Signature of MR (session 3)				
Signature of MR (session 4)				
Recommend Certification as Stroke & Turn Judge (Y/N)				

Certification must be complete within one year of the S&T clinic.

Email completed form to: certifier@utahswimming.org