

See an accident, injury or other concern?

Need Help?



Who might help? Lifeguard, Meet Marshal, Coach or Official

How to get help:

- Can't move? Ask bystander (not swimmer in next heat) to get help or notify the "person blowing the whistle."
- Heat in the water? Try to honor those competing by doing assigned position and getting help
- Emergency? Wave hands over pool and call out to lifeguard or referee

Head Injury?

Follow Utah Swimming Concussion Management Plan (TinyURL.com/UTConcussion)

Safe Sport Violation?

- No camera or other recording device use behind blocks or in locker rooms
- No Deck Changing.
- Coaches, officials, and other adult meet volunteers may not be alone in locker or rest room with a minor athlete. All interactions with athletes must be observable and interruptable. (more at usaswimming.org/maapp)
- No Rubdowns/Massages (except by non-coach Licensed Massage Therapist)
- See Something, Hear Something, Say Something
 - If you see or hear something suspicious, or that makes you uncomfortable, please ask that it stop and/or report to Meet Marshal, Meet Director or Referee immediately
 - www.usaswimming.org/report

PREVENT

usaswimming.org/protect

RESPOND

tinyurl.com/UTSafeSport

REPORT

usaswimming.org/RiskManagement

