
CBR 2026 LAST LAST CHANCE MEET

MEET ANNOUNCEMENT

About the Meet

Date: **February 22, 2026**

Location: **Doylestown YMCA**

Entry Deadline: **February 21, 2026**

Deck Entries Allowed

Hosted by: Central Bucks Region YMCA

Meet Director: **John Foff III**

Web Site: <https://www.gomotionapp.com/team/macbfy/page/last-last-chance-meet>

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ABOUT THE MEET

This meet is a closed, inter-association YMCA meet. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. USA Swimming technical rules will be followed. Each event will be run as mixed gender and organized by age groups (10&U, 11-12, 13-14 & 15-21). This is NOT a USA MA Approved Meet.

ADJUSTMENTS TO THE MEET ANNOUNCEMENT: The Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible. None of the required elements for a YMCA Meet and USA-S Approved meet can be changed.

MEET TIMELINE: Warm-up and start times for all sessions are subject to change depending on the size of the meet.

Warm-ups start at 11 AM, lane assignments dependent upon entries.
Meet starts at 12 PM, depending on entries.

INCLEMENT WEATHER/CANCELTATION: In the event of inclement weather that results in the cancellation of the invitational meet, the invitational meet will not be rescheduled.

LOCATION AND FACILITY

Location: **Doylestown YMCA**

Emergency Phone Number: **215-805-9418**

This meet will be run in an 6-lane, 25-meter indoor pool with a depth of 10 feet at the start end of the pool and 4 feet at the turn end of the pool. Dolphin timing with manual backup will be used.

Seating for spectators will be indoors, subject to any public health restrictions at the time of the meet.

All Sessions: Swimmers will be seated in the gym. Deck space for spectator seating is extremely limited; spectators should rotate in and out of the pool to view the meet whenever possible.

Seating for swimmers will be in the gymnasium with close proximity to the pool. A ready bench will be available.

WEB SITE

Meet Information can be found at:

<https://www.gomotionapp.com/team/macbfy/page/last-last-chance-meet>

Online Meet Results: Meet Mobile will be available.

CONTACT INFORMATION

Meet Director: **John Foff III**

Email: jfoff@ymcarivercrossing.org

Entry Chairperson: **John Foff III**

Email: jfoff@ymcarivercrossing.org

Referee: **Paul Mangan & Mike Petrakis**

Email: pmangan@gmail.com &
mp@getpowerpay.com

Administrative Official: **Stephanie Downey**

Email: stephanieedowney@gmail.com

ELIGIBILITY

ATHLETE

YMCA Membership : An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 30 days prior to the first day of the meet.

Swimmers who wish to change their membership from one YMCA to another may do so through Transfer by Consent. An athlete may transfer from one YMCA team to another YMCA team and be eligible to compete for his/her new YMCA team immediately upon the written consent of the YMCA that he/she previously represented.

For further detail, reference: SWIMMING ADDENDUM TO THE RULES THAT GOVERN YMCA COMPETITIVE SPORTS

Amateur Status : An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

Unattached Athletes : There is no unattached status in YMCA Swimming.

Age : An athlete must not be older than twenty-one (21) years of age on the first day of the meet.

Athletes with a Disability : Swimmers with a disability are welcome to enter this meet. The coach or team entry person must enter a comment on the entry to alert the Entry Chairperson. The coach must also alert the meet director and the

meet referee prior to the competition as to the need for any special accommodations.

COACH

Teams without A Coach at the Meet : All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation.

TEAM

Teams : All teams participating must be YMCA Certified Teams in good standing.

Insurance : Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.

ENTRY INFORMATION

ENTRY LIMITS : Swimmer may compete in up to three (3) individual events. Deck entries will be permitted at a cost of \$10.00 per event.

Swimmers will compete in age groups based on their age as of December 1, 2025 as rostered for the dual meet season. Swimmers must compete in their own age group.

TIME STANDARDS : There are no Time Standards for this meet.

TIMES: No Times (NT) are allowed if the swimmer does not have an official time for the event. Submit entry times in actual time. Entered times must be the swimmer's BEST time achieved during the qualifying period.

ENTRY FEES : Swimmer event: \$10.00

There are no fees for coaches attending with their team.

INITIAL ENTRIES: February 18, 2026.

ENTRY DEADLINE : February 21, 2026. Deck Entries will be permitted.

ENTRY PROCEDURE :

Entries must be submitted electronically in a format compatible with Hy-Tek meet management software.

All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail:

- Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information

Electronic entry files (TM / TU or equivalent) are required for all entries.

All questions regarding entries should be directed to the entries chairperson.

PAYMENT: Entry fees are due at or within 1 week of the start of the Competition.

Check should be made payable to: CBR YMCA Swimming

Mailed to: Attn: John Foff
2500 Lower State Road
Doylestown, PA 18901

VOLUNTEERS/OFFICIALS/TIMERS

OFFICIALS: Are encouraged to sign up prior to the entry deadline.

ADMISSION No fees will be charged

Timer VOLUNTEERS : Each team will be required to supply timers and officials. An email will be sent around for teams to share with their volunteers to make this a successful meet.

SIGN-UP PROCEDURE :

<https://www.gomotionapp.com/team/macbfy/page/last-last-chance-meet>

ATTIRE: Officials should wear white Oxford or polo shirt and navy long pants, shorts, skorts, skirts, or capris and display their current certification patch.

CHECK - IN PROCEDURE

COACHES MEETING/SCRATCH MEETING : There will be a coaches meeting at the beginning of each session. Specific meeting times will be posted on the meet website:

<https://www.gomotionapp.com/team/macbfy/page/last-last-chance-meet>

At least one coach from each team must attend this meeting.

OFFICIALS AND TIMERS MEETING : There will be an officials Meeting followed by a volunteer timers meeting prior to each session. Specific meeting times will be posted on the meet website

<https://www.gomotionapp.com/team/macbfy/page/last-last-chance-meet>

MEET PROCEDURES AND OPERATIONS

RULES : The meet will run under YMCA Rules that Govern Competitive Sports, Swimming Addendum to the YMCA Rules that Govern Competitive Sports and USA-S Technical Rules.

MEET FORMAT : The meet will be swum using a Timed Finals format. Swimmer's age will be determined as of December 1, 2025.

EVENT SEEDING : All Events will be seeded slowest to fastest prior to the day of the meet. The Meet Referee/Administrative Referee reserves the right to combine heats and events at the completion of the scratch meeting.

SCRATCH PROCEDURES : An athlete can only be scratched from the meet at the coach/scratch meeting. After the coach/scratch meeting, an athlete is considered entered into the event.

DECLARED FALSE START : An athlete may withdraw from a heat by electing to take a declared false start. Such declaration must be made known to the Deck Referee before the heat or swim off is announced. A declared false start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete.

NO SHOW : An athlete who is seeded in an event and fails to compete (i.e., a "no show") will be allowed to swim in further individual or relay events with no penalty. A no-show will be counted in the maximum number of events allowed for each athlete.

WARM-UP SAFETY PROCEDURES : Teams will be assigned lanes for warm-ups. The warm-up assignments and schedule will be available on the meet website <https://www.gomotionapp.com/team/macbfy/page/last-last-chance-meet>

During designated warm up sessions, athletes may only enter the competition pools from the starting end. Athletes are expected to use a three-point entry in which they sit on the side of the pool then slide into the pool gently, with one hand on the wall. The exception is during specific warm up periods when sprint lanes are designated for practicing racing starts.

Coaches are responsible for the safety of their athletes and are expected to monitor them at all times during warm up sessions.

READY BENCH : There will be a ready bench for all sessions. However, swimmers are still responsible to be at the blocks for the start of their race.

STARTS : 'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

SWIM-OFFS : There will be no Swim-offs in the event of a tie for any places

RESULTS: Any results displayed on the scoreboard are unofficial until final results are published. Results will be posted on Meet Mobile.

PROTEST PROCEDURE: Protests may only be initiated by a coach or YMCA supervisor whose team is competing in the meet. The Championship committee will arbitrate protests, eligibility issues, safety rules and other issues

Protests against the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Meet Referee and the Meet Referee's decisions will be final (USA-S Rule 102.23).

CONDUCT AND RESTRICTIONS: The Meet Referee reserves the right to dismiss any swimmer, coach and/or spectator from the competition due to inappropriate conduct. The following Conduct Rules shall apply:

- Deck access is limited to only registered and approved coaches, swimmers, and working officials.
- Deck changes are prohibited.
- Glass, Food, and Chairs are not permitted on deck.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photographs are not allowed to be taken behind the block anytime that swimmers are present.
- Massage tables are not permitted.
- Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
- Swimmers are not permitted in the spectator stands.
- Shaving is not permitted in any areas of the facility.
- No Food on the Pool Deck.
- Swimmers are requested to wear sandals and towel off before traveling the corridors.
- No Flash Photography at the start of competition races.
- Operation of a **drone**, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming

AWARDS AND RECOGNITION

SCORING: This meet will not be scored

AWARDS: Awards will not be issued for this meet

SPECTATORS

ADMISSION FEE: Admission is free

HEAT SHEETS/PROGRAMS : Heat sheets will be available on Meet Mobile.

CONCESSION STAND : Light refreshments will be available for sale in the hallway.

CONDUCT AND RESTRICTIONS :

- No Flash Photography at the start of competition races.
- No personal chairs are allowed in the spectator area.
- Parents are responsible for the conduct of their children. Children are not allowed to roam the facility unattended.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Spectators are not permitted on deck
- No smoking, drugs, or alcohol are permitted in the swimming complex.
- FOOD is not allowed in the spectator area.
- The Meet Director has the discretion to remove any person whose conduct is inconsistent with the core values of the YMCA.
- Operation of a **drone** , or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming

LIABILITY, SAFETY AND EMERGENCY PROCEDURES

INSURANCE: Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of the meet.

EMERGENCIES: The Lifeguards on duty will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that individuals with serious injuries are transported immediately to the nearest hospital for further treatment.

Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

UNACCOMPANIED ATHLETE: Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).

CONCUSSION AWARENESS : This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.

If a head injury occurs, the action plan below will be followed:

1. Athlete is removed immediately from participation by the Meet Director
2. Athlete must be evaluated by a licensed health care professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
4. The athlete will not be allowed back to warm-up or compete until a health care professional, experienced in evaluating concussions, determines that the athlete is symptom-free and is OK to return to participation.

LIGHTNING POLICY: The National Lightning Safety Institute, National Athletic Trainers Association, American College of Emergency Physicians, USA Swimming, and YMCA of the USA all recommend or require closing an indoor pool during an electrical storm. This policy will be followed at the meet.

DECK ACCESS: Deck Access will be limited to swimmers, coaches, officials and meet workers. Deck Passes will be issued to gain access to the deck.

DIRECTIONS AND PARKING

There is ample parking adjacent to the Doylestown YMCA.

APPENDIX 1: Order of Events

***Breaks may be added between events, subject to timeline.

- 1) Mixed 13 & Over 400 Individual Medley
- 2) Mixed 13 & Over 200 Freestyle
- 3) Mixed 11-12 200 Freestyle
- 4) Mixed 10 & Under 200 Freestyle
- 5) Mixed 13 & Over 50 Freestyle
- 6) Mixed 11-12 50 Freestyle
- 7) Mixed 10 & Under 50 Freestyle
- 8) Mixed 11-12 200 Backstroke
- 9) Mixed 13 & Over 100 Backstroke
- 10) Mixed 11-12 50 Backstroke
- 11) Mixed 10 & Under 50 Backstroke
- 12) Mixed 11-12 200 Breaststroke
- 13) Mixed 13 & Over 100 Breaststroke
- 14) Mixed 11-12 50 Breaststroke
- 15) Mixed 10 & Under 50 Breaststroke
- 16) Mixed 11-12 200 Butterfly
- 17) Mixed 13 & Over 200 Butterfly
- 18) Mixed 11-12 100 Butterfly
- 19) Mixed 10 & Under 100 Butterfly
- 20) Mixed 13 & Over 100 Freestyle
- 21) Mixed 11-12 100 Freestyle
- 22) Mixed 10 & Under 100 Freestyle
- 23) Mixed 11 & Over 500 Freestyle
- 24) Mixed 13 & Over 200 Backstroke
- 25) Mixed 11-12 100 Backstroke

- 26) Mixed 10 & Under 100 Backstroke
- 27) Mixed 13 & Over 200 Breaststroke
- 28) Mixed 11-12 100 Breaststroke
- 29) Mixed 10 & Under 100 Breaststroke
- 30) Mixed 13 & Over 100 Butterfly
- 31) Mixed 11-12 50 Butterfly
- 32) Mixed 10 & Under 50 Butterfly
- 33) Mixed 13 & Over 200 Individual Medley
- 34) Mixed 12 & Under 200 Individual Medley
- 35) Mixed 10 & Under 100 Individual Medley
- 36) Mixed 13 & Over 1000 Freestyle
- 37) Mixed 13 & Over 1650 Freestyle

This is the last page of the Meet Announcement