

# **Doylestown Coaching Staff**

CBR Doylestown is fortunate to have a dedicated and very qualified coaching staff. The majority of CBR Coaches had competitive swimming experience at the collegiate level, bringing their knowledge and love of the sport to our team.

The CBR Coaching Staff takes a collaborative approach towards training, practice organization and meet event selections for student-athletes. Lead Coaches are primarily responsible for writing workouts and managing training for their assigned groups, while also helping training across all practice groups. Assistant Coaches work at any level bringing their knowledge and experience to each practice.



John Foff

Head Coach, Director of Competitive Aquatics Doylestown YMCA

**Lead Senior Level Coach** 

Email: jfoff@rivercrossingYMCA.org

Coach John joined the CBR YMCA Swim Team Family in 2017 and the coaching staff in 2021 working primarily with the Senior Practice Group. He is a lifelong swimmer and member of the YMCA. Learning to swim at the age of two through the Abington YMCA lessons program. In addition to swimming Coach John played soccer, football, basketball, baseball & track. While swimming with the Hatboro YMCA, he was fortunate enough to represent the community at YMCA Nationals in 1998.

Coach John graduated from Gettysburg College 2002, where he played Varsity Football & Swimming. After College he married and moved to Charlottesville, VA, where he and his amazing wife Erin, had two children, Louden & Eliot, who started their swimming careers with the Piedmont YMCA. Coach John, believes in a positive approach to sports and life, understanding that life is made up of a series of moments, each of which give us an opportunity to challenge ourselves and grow.



Mary Catherine Capizzi

### **Lead Junior and Academy Level Coach**

Mary Catherine has been a member of the Doylestown YMCA Swim Team since 2012. She has the pleasure of working closely with all age groups from beginners to advanced senior swimmers.

One of the things Mary Catherine values most about this Doylestown YMCA team is the opportunity she has had to work with many kids over the years watching them grow and helping them navigate all the ups and downs this sport and life bring.

Mary Catherine is herself a life-long YMCA swimmer, swimming through High School. She is a graduate of UNC Chapel Hill and an ASCA level 1 certified swim coach.



**Kevin Murray** 

### **Lead Pre-Senior Level Coach**

Kevin Murray started swimming in the summer season when he was 7 years old. Winter swimming was on and off as he dabbled in other sports. Swimming became the main sport after an injury on the football field. Kevin swam all four years in high school as well as with the Lansdowne (Community) Y. He then continued his career at Shippensburg University.

During his student teaching year, Kevin coached the Shippensburg Aquatic Club. After graduation, he coached at UMLY and Lansdowne Y. Upon moving to Bucks County, Kevin took over as Head Coach for CB South Girls Swim Team for 8 years.

Coach Kevin is entering his 3rd season as a coach with CBR and is excited to be working with the terrific group of swimmers at CBR!

### Strength & Conditioning Coaches

- Kymm Phibbs
- Alek Dinesen

### **Assistant Senior Level Coaches**

- Tanya Barone-Durant
- Sarah Staudenmeier
- Brian Santangelo
- Charlie Hoffman
- Michele Heims

# **Assistant Pre-Senior Level Coaches**

- Kevin McCann
- Jaclyn Dietsch
- Heather Worby
- Chip McElrath

## **Assistant Junior & Academy Coaches**

- Eve Zucker
- Jean Culler
- Kris Moyer
- Kristin Carpenter
- Gretchen Booth