



Thank you for your interest in the Central Bucks Region YMCA Swim Team (The Barracudas). We are an eleven month competitive swim program, offering opportunities for swimmers ages 6 to 21. Our mission is to develop strong, well-rounded student-athletes who not only excel in the pool but also contribute positively to their communities. The coaching staff focuses on creating a positive and enjoyable atmosphere, emphasizing hard work, proper technique, and balanced development for all swimmers.

The CBR Barracudas Swim Team operates across three YMCA locations: Doylestown, Fairless Hills, and Quakertown. We are proud members of both USA Swimming's MidAtlantic region and the PennDel YMCA Swim League, competing in the Washington and Madison Divisions.

Our swim year is divided into two competitive seasons:

- **Fall/Winter (Short Course Season):** Runs from September through the first week of April, with a focus on the PennDel YMCA Swim League. During the season, we participate in 4-5 USA Swimming-sanctioned meets. Our season culminates with YMCA championship meets at the regional, state and national level.
- **Spring/Summer (Long Course Season):** Runs from April through the end of July and offers two training tracks to allow swimmers to choose the path that best aligns with their goals and interests for the season.
  - **Long course competition track** is designed for USA Swimming registered athletes, with a focus on 4-5 competitive meets throughout the season. This track culminates in options for Long Course Championships held at the end of July or early August, offering swimmers the opportunity to compete at a higher level and challenge themselves in a more competitive environment.
  - **Summer swim club track** offers a more recreational focus, with opportunities to compete in non-USA Swimming meets. This option provides a fun and flexible environment for swimmers who want to stay active and engaged during the summer without the intensity of long course competition.

Before joining, all new swimmers are required to complete an evaluation to ensure placement in the appropriate swim level.

For any questions or to register for a swimmer evaluation, please reach out to the Site Director at your desired location:

- **Fairless Hills:**
  - Mei Brown and Jade Robidoux – [MBrown@ymcarivercrossing.org](mailto:MBrown@ymcarivercrossing.org) and [jrobidoux@ymcarivercrossing.org](mailto:jrobidoux@ymcarivercrossing.org)
- **Doylestown:** Jessica Martin - [JMartin@ymcarivercrossing.org](mailto:JMartin@ymcarivercrossing.org)
- **Quakertown:** Sarah Siegel – [Ssiegel@ymcarivercrossing.org](mailto:Ssiegel@ymcarivercrossing.org)

