

Quakertown Coaching Staff



Sarah Staudenmeier

Head Coach

Hello! My name is Sarah Staudenmeier, and I am thrilled to be joining our Quakertown community on deck this season! I grew up swimming in the Bux-Mont area from the age of 5, swimming for NPAC, Nor-Gwyn, Fanny Chapman, and CBST. I continued swimming through high school at C.B. West, and in college at West Chester University. I am a 2016 graduate, with a dual degree in elementary and special education, and I am currently pursuing a masters degree in special education. I have spent the majority of my career working as a special education teacher in a classroom setting, but have never been fully able to step away from the sport of swimming, and traded my suit and goggles for a clipboard at 19. I have had the pleasure of coaching many local teams including CBST, Pennridge, Friends Central, Fanny Chapman, and CBR.

My coaching philosophy is centered around grit and consistency-dedication, a hardworking attitude, and a growth mindset will take you far. My goal is that every athlete who steps on deck feels seen, supported, and championed by their coaches and teammates-and of course have fun in the process! I can not wait to get to know our community and athletes, and look forward to working with all of you! GO CBR!

Assistant Coaches coming soon