



SafeSport Training

USA Swimming has a program called Safe Sport Recognition, which recognizes clubs who demonstrate their team's commitment to safeguarding its athletes and all participants involved in the sport of swimming. Clubs who achieve this are recognized and earn a badge, which is displayed on their team website and designated as Safe Sport team in USA Swimming's database. We encourage all swimmers to take these courses to promote a healthy, positive team environment.

The classes are broken down into two age groups:

Ages 13 and over please click on this link to access the "[Safesport for Youth Athletes](#)" training.

Ages 5-12 please click on this link to access the "[Safesport for Kids](#)" training.

The course only takes approximately 10-15 minutes to complete.

If you need help in creating an account for your swimmer to log into the USA swimming website and access the course, please [CLICK HERE](#) for instructions.

Thank you for your continued support!