DIAMOND STATE AQUATICS - FAQS

1. How do I register with USA Swimming and SWIMS 3.0?

All DSA swimmers must be registered with USA Swimming in order to practice or compete with the team. Registering with USA Swimming is online and requires creating an online profile as a parent first, and then adding your swimmers to your profile. The cost to be registered for USA Swimming is *\$80 per year*, paid directly to USA Swimming. More information about registration will be available at the beginning of the season.

2. How do I sign up for meets? Handbook p. 23

- * The meet entry process begins online at <u>Diamond State Aquatics</u>. Before the Deadline date, log into the Team Unify website, click on the EVENTS tab, and click "Edit Commitment" under the meet date. Select "Attending" and then proceed to choose your events. Speak with your coach if you are unsure of which events to enter.
- * If a swimmer forgets to enter a meet in which they should participate, please notify the coach immediately. If space is available and the meet director is willing, a late entry may be permitted, but there are no guarantees.
- * THE DSA COACHING STAFF RESERVES THE RIGHT, AT ALL TIMES, TO ALTER ANY SWIMMER'S MEET ENTRY. The coaching staff is best equipped to understand the competitive needs of the athletes and will make all decisions based on what is in the athlete's best interests.
- * RELAYS (when available) will be determined by the Coach at the meet.

3. What costs are there besides the monthly Practice dues? * Handbook p. 14 - 16, p.24, Appendix D, p. 45

- * At registration in addition to your monthly practice dues, you will pay a **\$50 one-time Annual Registration Fee** and **a \$40 one-time Team Activity Fee**. Second and subsequent swimmers within the same family will receive a 5% discount on practice dues and pay \$25 for the Annual Registration Fee for each sibling.
- * **Meet Fees**: You are responsible for Entry Fees for meets once the meet closes to entries, even if you do not attend the meet. DSA must prepay all entries and these costs are passed on to the swimmer. Once the meet is completed the Entry Fees and Coaches Fee will be added to your account and paid on the following first of the month.
- * **Team Travel**: Occasionally the team will travel together to an away meet, under the supervision of the coaches and chaperones. The location and status of the meet will require additional expenditures. Transportation, lodging, meals, tech suits, specialized meet apparel, and other charges may be included.
- * Other: Late Fees, Declined Credit Card Fees.

4. How do I order DSA Apparel?

DSA is a TYR Team, making TYR our exclusive provider of team suits and apparel. We have three ways to order:

- In Stock Apparel: We keep a stock of our standard team T-Shirt and Hoodie at DCC. Both are
 customized with the DSA logo and are great athletic TYR products. Order through DSA and your
 account will be charged.
- 2. Seasonal Orders: Several times during the season, we do a larger order of seasonal items (e.g. suits in the fall, parkas in the winter, tank tops in the spring). DSA will send out an order form and your account will be charged.
- **3. TYR Online Store:** We also offer a portal on the TYR store with many custom apparel options. Register at <u>TYR.com</u> to access the DSA apparel and deals. This custom store has many other apparel choices and ships directly to your house. Payments are made directly to TYR For any questions, tech support or sizing needs please reach out to our TYR Rep Joe at jeiden@tyr.com.

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5. What equipment does my swimmer need for practice? Handbook p. 32

Bronze Group: Kickboard, Long Fins

Silver Group: Kickboard, Long Fins, Paddles, Pull Buoy

Gold Group: Kickboard, Long Fins, Paddles, Pull Buoy, Snorkel **Junior Elite Group**: Kickboard, Long Fins, Paddles, Pull Buoy, Snorkel **Senior Group**: Kickboard, Long Fins, Paddles, Pull Buoy, Snorkel

Senior Elite Group: Kickboard, Long Fins, Paddles, Pull Buoy, Snorkel, Thera-Band (supplied by DSA)

Summer Conditioning Group: Kickboard, Long Fins

* It is suggested that swimmers in all groups carry their gear in a mesh equipment bag.

6. What are the volunteer responsibilities? Handbook p. 27

DSA hosts four "Home" meets at the University of Delaware per season. Meets require the assistance of dozens of volunteers. We cannot do it without you! DSA does not have a written requirement for volunteering, but it is expected that if you have a swimmer in a home meet that you will volunteer for at least one session. Sign Ups to volunteer are conducted the same way as entering meets and clicking the "Job Signup" button.

7. May I observe practices? Handbook p. 34 – 36

Parents are allowed to watch practice only from the designated watching area. They are NOT permitted to participate or instruct. Parents who attempt to coach their child during practice will be asked to leave the pool deck.

8. How does my swimmer Move Up to the next group? Handbook p. 12

- * Moving a swimmer to a new group is a joint discussion between the swimmer, the parents, the coach of their current group, and the coach of their intended new group. DSA coaches have final discretion over the timing and placement of swimmer move-ups.
- * A swimmer is eligible to move up to the next group when their next championship meet will be in the next age group up. For example: At the start of the season, Swimmer is 10 years old and is in the Silver group. His birthday is February 1st. Because Swimmer will be 11 years old for the March championship meets, he is eligible to move up to the Gold or Junior Elite groups immediately following his December championship meet. He also has the option to continue with the Silver group through March.

9. How do I become more involved? Handbook p. 38 & 39

USA Swimming Officials are parent volunteers who are committed to supporting and observing swimming by ensuring fair and equitable competition. These officials are required to have a "legal" sanctioned meet. DSA and Middle Atlantic are always looking for new volunteers to join the ranks. Being an official is a great way to serve your club and support swimming in the LSC. NO EXPERIENCE NECESSARY! Discounts offered to Officials too!

10. What do I do if we need to stop? Handbook p. 13

If your swimmer needs to stop before the regular end of the season, you should email swimoffice@diamondstateaquatics.com and give your stop date. Alerting DSA before the end of the month will avoid unwanted practice dues. *Medical emergencies or injuries will be addressed on a case-by-case basis.