

DSA - WILMINGTON

SHORT COURSE PRACTICE SCHEDULE - **DURING HS SEASON**: Monday November 10th To Saturday February 28th

GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SENIOR ELITE (DRYLAND TIMES INCLUDED)	3:30PM-5:45PM @DuPont	5:30AM-7:00AM @DuPont 4:00PM-5:45PM @DuPont	3:30PM-5:45PM @DuPont	5:30AM-7:00AM @DuPont 4:00PM-5:45PM @DuPont	3:30PM-5:45PM @DuPont	7:00AM-10:00AM @DuPont	
SENIOR*** (DRYLAND TIMES INCLUDED)	4:00PM-5:45PM OR 7:00-8:45PM @DuPont	4:00PM-5:45PM OR 7:00-8:45PM @DuPont	4:00PM-5:45PM OR 7:00-8:45PM @DuPont	4:00PM-5:45PM OR 7:00-8:45PM @DuPont	3:30PM-5:45PM @DuPont	7:00AM-9:00AM @DuPont	
JUNIOR I & II (DRYLAND TIMES INCLUDED)	7:00PM-8:45PM @DuPont	7:00PM-8:45PM @DuPont	7:00PM-8:45PM @DuPont	7:00PM-8:45PM @DuPont		11:00AM-12:45PM @DuPont	
GOLD I & II (DRYLAND TIMES INCLUDED)	6:30PM-8:00PM @Concord	6:30PM-8:00PM @Concord	6:30PM-8:00PM @Concord	6:30PM-8:00PM @Concord		11:00AM-12:45PM @DuPont	
SILVER	5:45PM-7:00PM @DuPont		5:45PM-7:00PM @DuPont		5:45PM-7:00PM @DuPont	12:45PM-2:00PM @DuPont	
BRONZE	5:45PM-6:45PM @DuPont		5:45PM-6:45PM @DuPont		5:45PM-6:45PM @DuPont	12:45PM-1:45PM @DuPont	

Practices at Concord are subject to Brandywine School District holidays and blackout days. Practice modifications will be communicated in a timely manner.

***Note: Senior Group practices will shift during the Delaware HS Swim Season due to availability at Concord High School.

Last Updated: 10/27/2025