



NEW CASTLE

Practice Schedule September 4th to June 6th

GROUPS	NEW CASTLE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SENIORS [BLUE/ GREEN/ YELLOW/ GOLD]	AM		5:30AM – 7:00AM				7:00AM – 10:00AM	8:00AM – 10:00AM
	PM	3:30PM – 6:15PM	3:30PM – 5:30PM	3:30PM – 6:15PM	3:30PM – 6:15PM	AS NEEDED		
SUPER DAWGS	AM						9:00AM – 12:00AM	10:00AM – 11:30AM
	PM	5:00PM – 7:00PM	5:30PM – 7:00PM	5:00PM – 7:00PM	5:00PM – 7:00PM	AS NEEDED		
MIGHTY DAWGS	AM						9:00AM – 11:30AM	10:00AM – 11:30AM
	PM	5:00PM – 7:00PM	5:30PM – 7:00PM	5:00PM – 7:00PM	5:00PM – 7:00PM	AS NEEDED		
WONDER DAWGS	AM						9:00AM – 11:30AM	10:00AM – 11:30AM
	PM	5:00PM – 6:45PM	5:30PM – 6:45PM	5:00PM – 6:45PM	5:00PM – 6:45PM	AS NEEDED		
MINI MUTTS	AM						9:00AM – 10:00AM	
	PM	5:30PM – 6:30PM	5:30PM – 6:30PM	5:30PM – 6:30PM	5:30PM – 6:30PM	OFF		OFF

NOTES –

All practice times include swimming & dryland.

Please reference Program Group Guidelines sheet for more details.

PIKE CREEK
Practice Schedule September 4th to June 6th

GROUPS	PIKE CREEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MIGHTY DAWGS	AM					AS NEEDED @ NEW CASTLE	9:00AM – 11:30AM @ NEW CASTLE	10:00AM – 11:30AM @ NEW CASTLE
	PM	6:45PM – 8:30PM	6:45PM – 8:30PM	6:45PM – 8:30PM	6:45PM – 8:30PM			
WONDER DAWGS	AM					AS NEEDED @ NEW CASTLE	9:00AM – 11:30AM @ NEW CASTLE	10:00AM – 11:30AM @ NEW CASTLE
	PM	6:45PM – 8:15PM	6:45PM – 8:15PM	6:45PM – 8:15PM	6:45PM – 8:15PM			
MINI MUTTS	AM						9:00AM – 10:00AM @ NEW CASTLE	
	PM	6:00PM – 7:00PM	6:00PM – 7:00PM	6:00PM – 7:00PM	6:00PM – 7:00PM	OFF		OFF

NOTES –

All practice times include swimming & dryland.

Please reference Program Group Guidelines sheet for more details.

PS DUPONT

Practice Schedule September 4th to May 22nd

[Practice Schedule November 18th to February 22nd]

these dates fall during the high school swimming season & may affect practice start times; ALL adjustments will be communicated via the weekly team email

GROUPS	PS DUPONT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SENIORS [GREEN/ GOLD]	AM		5:30AM – 7:00AM @ NEW CASTLE			AS NEEDED @ NEW CASTLE	7:00AM – 10:00AM @ NEW CASTLE	8:00AM – 10:00AM @ NEW CASTLE
	PM	5:45PM – 7:30PM	5:45PM – 7:30PM	5:45PM – 7:30PM	5:45PM – 7:30PM			
MIGHTY DAWGS	AM					AS NEEDED @ NEW CASTLE	9:00AM – 11:30AM @ NEW CASTLE	10:00AM – 11:30AM @ NEW CASTLE
	PM	5:45PM – 7:30PM	5:45PM – 7:30PM	5:45PM – 7:30PM	5:45PM – 7:30PM			
WONDER DAWGS	AM					AS NEEDED @ NEW CASTLE	9:00AM – 11:30AM @ NEW CASTLE	10:00AM – 11:30AM @ NEW CASTLE
	PM	5:45PM – 7:15PM	5:45PM – 7:15PM	5:45PM – 7:15PM	5:45PM – 7:15PM			
MINI MUTTS	AM						9:00AM – 10:00AM @ NEW CASTLE	
	PM	5:00PM – 6:00PM	5:00PM – 6:00PM	5:00PM – 6:00PM	5:00PM – 6:00PM	OFF		OFF

NOTES –

All practice times include swimming & dryland.

Please reference Program Group Guidelines sheet for more details.

Practices at PS DuPont are subject to Brandywine School District holidays, closures, and facility blackout days.