

2024 MA Short Course Silver Champs - York

Warm Up Assignments

FRIDAY			SATURDAY and SUNDAY								
All Swimmers			13 & Over Prelims					11-12 Prelims		FINALS	
LANE	4:00-4:40 pm	4:40-4:55 pm	7:00-7:25 am	7:25-7:50 am	7:50-8:15 am	8:15-8:40 am	8:40-8:55 am	1:00-1:27 pm	1:28-1:55 pm	5:00-5:40 pm	5:40-5:55 pm
1	OPEN	PACE LANE	EMAC	HAC	LMAC	WSY/UN-01	STARTS all lanes	EMAC	UMLY	OPEN	PACE LANE
2		STARTS	EMAC	HAC	WIL/BDA	GAAC		EMAC	WIL/FSSC		STARTS
3		STARTS	EMAC	HAC	WIL/BDA	UMLY		PSC	SSC/LMAC		STARTS
4		STARTS	EMAC	PACE	GPAC	UMLY		PACE	SSC/LMAC		STARTS
5		STARTS	PSC	PACE	GPAC	SSC		HAC	GPAC		STARTS
6		STARTS	PSC	FSSC	GPAC	SSC		WSY	GPAC		STARTS
7		STARTS	TRA	LMOR/NEYS	GPAC	SSC		LMOR/TRA	GPAC		STARTS
8		PACE LANE	TRA	LMOR/NEYS	GPAC	SSC		GAAC/BDA	GPAC		PACE LANE

11-12 Pelims Only - Starts are to be done within a team's warm up time in their warm up lane(s).

The 6 lane continuous warm up pool will be open throughout all sessions, including the warm ups. ***NO DIVING AND NO STARTS IN THIS POOL.***