

# 20/20 VISION





Presented By:

# Jay Chambers

Sport Performance Consultant



Coach Jay Chambers is a Sport Performance Consultant for USA Swimming with 41 years of coaching experience at the Club, High School and NCAA Div I levels. He has coached in Ohio at the Athens Swim Club and Ohio University, but most of his 41 years of experience were in Indiana. There he coached at the Indianapolis Athletic Club, Tippecanoe Swim Team, Harrison HS, Zionsville HS, Carmel Swim Club & Carmel HS, Washington Township Swim Club, and Fishers Area Swimming Tigers/Fishers HS, where he coached National Champions and National Record holders.

Jay holds a Masters degree in Physical Education.

# What's Next? How Do I Qualify?



**National  
Junior  
Team?**



# Pool Competition



**LC World Championships**

Duel  
In  
Pool

Pan  
Am  
Games

World Univ.  
Games

World  
Champs  
(scm)

Pan  
Pacific  
Games

**National Junior Team**

**National Select Camp**

Central Zone  
Select Camp

Eastern Zone  
Select Camp

Southern Zone  
Select Camp

Western Zone  
Select Camp





# Open Water



**LC World Championship**

World  
Univ.  
Games

Pan  
Am  
Games

Pan  
Pacific  
Games

World  
Champs  
(scm)

**Open Water Junior Team**

**National Open Water Select Camp**

**LSC Open Water Camp**



# Progressive Success



**79% of National Select Camp > Zone Select Camp**

**45% National Junior Team > National Select Camp**

**60% National Team > National Junior Team**

**75% OW National Team > OW National Select Camp**



# All Camps/Teams Facts

**Must be a US citizen**

**Never represented another country**

**No previous higher experience\***

\* Possible Exception – NT relay only > NJT



# All Camps/Teams Facts

Long Course times only

No time trials, relay lead off, or intermediary splits considered

**All info subject to change**









# Qualifying Period Sept 1-August 31

Age at time of performance  
Girls: 12-13    Boys: 13-14







# IMX Selected-1<sup>st</sup> Priority

7 girls age 12 and 7 boys age 13

7 girls age 13 and 7 boys age 14

# Individual Event-2<sup>nd</sup> Priority

(fastest remaining qualifier)

Includes 800 and 1500 for both genders



## Southern Zone

May 25-28, 2017

U of Louisville

Louisville, KY

## Eastern Zone

June 8-11, 2017

Penn State

University Park, PA



## Central Zone

May 25-28, 2017

U of Cincinnati

Cincinnati, OH

## Western Zone

June 1-4, 2017

Arizona State U

Tempe, AZ



# Pool Competition

**National Select Camp**

**Central Zone  
Select Camp**

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Select Camp**

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Select Camp**

**Western Zone  
Select Camp**







# United States Olympic Training Center

## Colorado Springs, CO





## Qualifying Period Sept 1-August 31



Age 14-16 at time of performance  
(Both Genders)







Individual event selected before IMX

Times: Fastest 3 eligible per event

IMX: Top six 14-15 girls, 15-16 boys  
(after individual events selected)





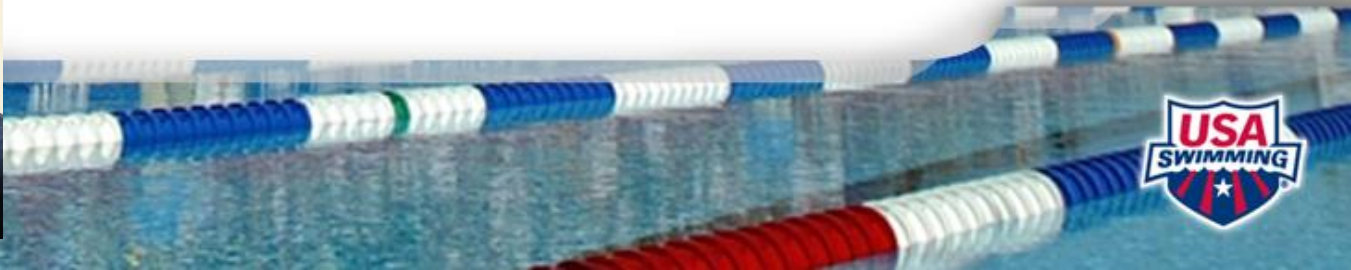
**48 Girls, 48 Boys**

**Held in Fall (except Olympic years)**

**Girls: October 19-22, 2017**

**Boys: October 26-29, 2017**

**No Competition**





*"Video taping and race analysis were wonderful. I have things to take home and work on."*

*"I'm not used to swimming with people who can beat me in workout. It was an eye opener!"*





*"I thought the camp was fun and at the same time it was very educational and really motivated me."*

*"The camp put a lot of things in perspective for me. It makes me want to work hard to become an even better swimmer."*



# Pool Competition

**National Junior Team**

**National Select Camp**

**Central Zone  
Select Camp**

**Eastern Zone  
Select Camp**

**Southern Zone  
Select Camp**

**Western Zone  
Select Camp**







## Top ranked 50 Men and 50 Women

Athletes are ranked according to their highest 18-Under World Ranking in an individual event.





# National Junior Team



# National Junior Team



**Mitch Dalton**  
Program Director  
National Junior Team





# 2008 Olympians with National Junior Team Experience

Ian Crocker, 1998

Matt Grevers, 2003

Brendan Hansen, 1998

Klete Keller, 1999

Ryan Lochte, 2002

Eric Shanteau, 2001

Scott Spann, 2005

Gil Stovall, 2004

Erik Vendt, 1998

David Walters, 2005

Mark Warkentin, 1995

Elaine Breeden, 2003

Natalie Coughlin, 1997

Kathleen Hersey, 2006

Margaret Hoelzer, 1998

Kara Lynn Joyce, 2002

Allison Schmitt, 2007

Julia Smit, 2004

Chloe Sutton, 2006

Kate Ziegler, 2004



# 2012 Olympians with National Junior Team Experience

**Camille Adams**

**Nathan Adrian**

**Alyssa Anderson**

**Haley Anderson**

**Ricky Berens**

**Rachel Bootsma**

**Clark Burckle**

**Tyler Clary**

**Natalie Coughlin**

**Anthony Ervin**

**Jimmy Feigen**

**Missy Franklin**

**Andrew Gemmel**

**Matt Grevers**

**Brendan Hansen**

**Kathleen Hersey**

**Charlie Houchin**

**Kara Lynn Joyce**

**Micah Lawrence**

**Caitlin Leverance**

**Ryan Lochte**

**Lauren Perdue**

**Lia Neal**

**Allison Schmitt**

**Eric Shanteau**

**Gil Stovall**

**Chloe Sutton**

**Shannon Vreeland**

**Amanda Weir**

**Kate Ziegler**



# 2016 Olympians with National Junior Team Experience

Camille Adams

Nathan Adrian

Haley Anderson

Kathleen Baker

Jack Conger

Kevin Cordes

Anthony Ervin

Jimmy Feigen

Hali Flickinger

Missy Franklin

Chase Kalisz

Jay Litherland

Ryan Lochte

Simone Manuel

Ryan Murphy

Lia Neal

Jacob Pebley

Blake Pieroni

Josh Prenot

Allison Schmitt

Leah Smith

Olivia Smoliga

Amanda Weir



# National Junior Team

## General Criteria

**All team members must be registered USA Swimming members at the time of the qualifying performance.**

**The athlete must be eligible to represent the U.S. in International Competition as of September 1.**





# National Junior Team

## General Criteria

**Athletes must be 18 or under on September 1.**

**Roster will be selected according to the FINA database as of early September. If a time is not in the FINA times database, then that time will not be considered.**



# National Junior Team

## General Criteria

**Relay lead-offs, time trials, swim-offs and intermediate splits will NOT be considered**

**Long course times will be considered from January 1st, 2017 through and including August 31st, 2017 from all USA Swimming and FINA approved competitions**



# National Junior Team

## Performance Criteria

Priority One: Fastest 2 in each Olympic Event

Priority Two: 3<sup>rd</sup> & 4<sup>th</sup> in 100 & 200 Free

Priority Three: Additional FEMALES within top 75  
& additional MALES in top 100 world rankings



# National Junior Team

## Performance Criteria

**Note:** A minimum of 26 men and 26 women will be selected. If team size below 26, additional athletes will be added based on highest world ranking.

Once an event has 4 swimmers, it is “closed.”





# National Junior Team

## Performance Criteria

**Maximum team size is 40 men and 40 women. If more qualify, those with the highest world rankings will be selected.**

**Should there be a tie, either within individual Olympic event or ranking, athletes' next highest world ranking in Olympic event will be used.**



# National Junior Team

## Additional Criteria

**Athletes who have competed in an individual Olympic event at The Olympic Games, Pan Pacific Games, or World Championships are not eligible.**

**Athletes will be considered regardless of year in high school, college or university.**



# National Junior Team

## Additional Criteria

**Athletes may not appear on the National Junior Team Roster and National Team Roster within the same season.**



# National Junior Team Camp

All members on roster

April in Colorado Springs





# NJT International Competition Selection

**Not all swimmers compete**

**Many meets limit rosters (4-10 per gender)**

**Must be 18U at start date of meet**



# NJT Youth Olympic Games

2018 Buenos Aires, Argentina (October)

4 women and 4 men

Full selection Criteria: [usaswimming.org](http://usaswimming.org)

Times from the 2018 Summer Nationals



# NJT Junior Pan-Pacific Games

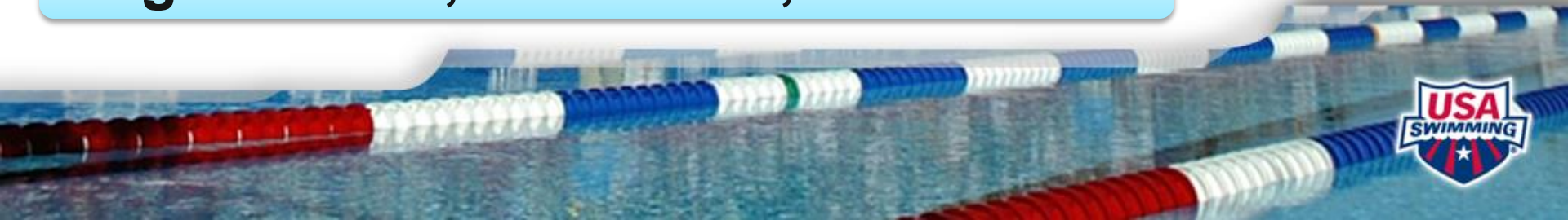
Held even number years

Up to 20 women and 20 men

Full criteria on [usaswimming.org](https://usaswimming.org)

Times from 2018 P66 Nationals

August 24-27, 2018 Kihei, Hawaii



# **NJT World Junior Championships**

**Held in odd number years**

**Qualifying from 2017 Summer Nationals**

**Up to 26 Women, 26 Men**

**Women 14-17, Men 15-18 as of Dec 31, 2017**

**Indianapolis: August 23-28, 2017**





# **18-U World Cup Meets**

**Top World Ranked 18&under**

**National Junior Team and National Team**

**Usually Top 50 World Ranking Female**

**Usually Top 75 World Ranking Males**

**Highest world rankings qualify first**

**FINA World Cup (Asia) in Fall**

**Or Mare Nostrum (Europe) in Spring**



# NJT 18-U World Cup

**2 World Cup meets**

**November 2014: Tokyo & Singapore**

**November 2015: Doha, Qatar & Dubai, UAE**



# NJT Open Water

Top 6 18&U finishers at 10K Nationals

May 20-21, 2017 Castaic Lake, CA



# NJT Past International Competitions

**Guam**  
**Lima, Peru**  
**Hawaii**  
**Canada**  
**Berlin**  
**Australia**  
**Dubai**  
**Tokyo**





# Pool Competition

National Team

**World Championships**

(long course)

**Duel  
In  
Pool**

**Pan  
Am  
Games**

**World  
Univ.  
Games**

**World  
Champs  
(scm)**

**Pan  
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Games**

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**Western Zone  
Select Camp**



# National Team



**Coach Frank Busch**  
(Retiring August 31)



# 2017-2018 National Team

Top 6 athletes

Olympic Events

Best Times from:

P66 Nationals (WCT/WUGS Trials)

FINA World Championships

World University Games

US Open



# Typical Selection Priorities

Priorities vary by meet!

1<sup>st</sup> & 2<sup>nd</sup> in 100/200 Free and 1<sup>st</sup> in all other Olympic events

2<sup>nd</sup> in all other Olympic events

3<sup>rd</sup> & 4<sup>th</sup> in 100/200 Free



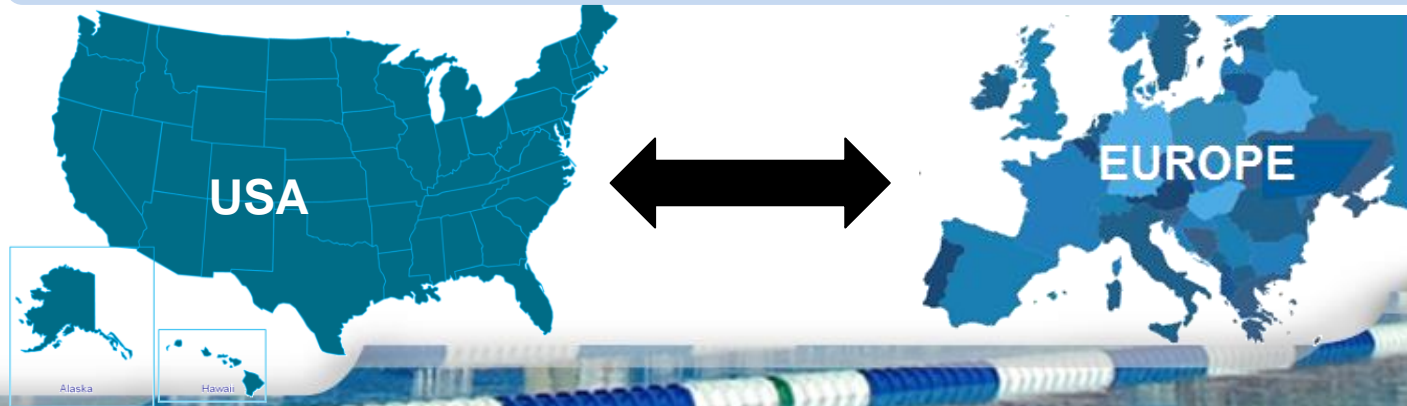


# Duel in the Pool

Originally: USA vs Australia

USA vs European All-Stars

2017? TBD



# Duel in the Pool

## 2013 Tie Breaker Mixed Relay



# World University Games

Nickname: “WUGs”

Usually held every 2 years (odd)

College age athletes

Gives International experience



# World University Games

Up to 20 men and 20 women

College age athletes and “enrolled”

Usually selected previous Summer Natls

Qualify at Nationals/WCT  
June 27-July 1, 2017 Indianapolis





# World University Games

August 20-26, 2017: Chinese Taipei, Taiwan



# World University Games

July 20-31, 2019: Naples, Italy

Qualify at 2018 Nationals



# Pan-American Games

Nickname: “Pan-Ams”

North & South America

Held once per quad

USA Team Selected at Nationals

2015: Toronto, Canada

2019: Lima, Peru





# Pan-American Games





# Pan-Pacific Games

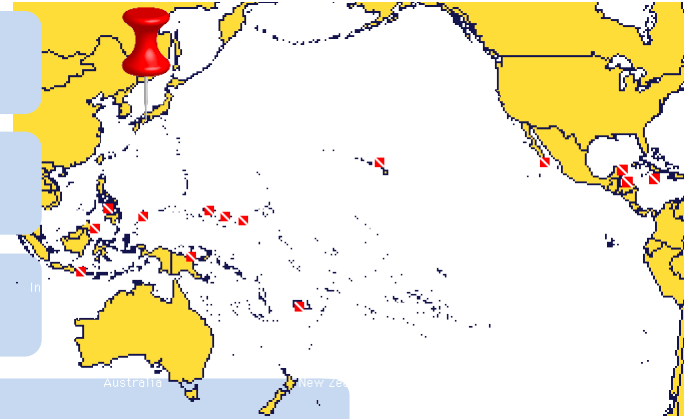
Nickname: “Pan-Pacs”

Countries from the “Pacific rim”

Once per quad

2014: Gold Coast, Australia

2018: Tokyo, Japan



# World Championships

(Short Course Meters)

Held every 2 years

Selected by World Rankings Jan 1- Sep 1

December, 2018 Hangzhou, China



# World Championships (LC)

**Highest Priority meet besides Olympics**

**Held every 2 years**


**July 15-30, 2017: Budapest, Hungary**

**Up to 26 men and 26 women**

**Qualify at Nationals/WCT  
June 27-July 1 Indianapolis**


# World Championships (LC)

Highest Priority meet besides Olympics




Budapest 2017 -  
FINA World  
Championships  
@finaworlds2017

Home



14-30 JULY  
BUDAPEST - BALATONFÜRED



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# Open Water



**LC World Championship**

World  
Univ.  
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Pan  
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(scm)

**Open Water Junior Team**

**National Open Water Select Camp**

**LSC Open Water Camp**



# Open Water Select Camp





# Open Water Select Camp

**12 male and 12 female athletes**

**Top 8 times in the *SWIMS* database in the 1500 meter freestyle. (8 male & 8 female)**

**Additional 4 male and 4 female athletes selected off 2016 5K National Open Water Championships.**





# Open Water Select Camp

**June 6-10, 2017 in Ft. Myers, FL. USA**

**Only Long Course times are considered**

**Times: Jan. 1 – Dec. 31 of previous year**

**All athletes must be US citizens.**

**Must be registered with USA Swimming.**





# Open Water National Team

Top 6 American finishers at...

Open Water 10K National Championships

May 19-21, 2017 Castaic Lake, CA

International races: 2 per country gender



# Open Water National Team

Athlete's Assistance for 8 World Cups

USA attends WUGS, Pan Ams, Pan Pacs,  
World Championships, Olympic Games



# Teams Picked at 2017 Nationals

World Championship Team

World University Games Team (2017)

Junior World Championship Team



# Teams Picked at 2018 Nationals

World Championship Team (sc)

Pan Pacific Team

Pan American Team

2019 WUGs Team

Junior Pan Pac Team





# Full Information:



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EVENTS

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ABOUT



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LSCS

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The National Team Division provides programs and services to prepare athletes for Olympic success.



# Full Information:

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[Policies](#)

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[Selection and Rosters](#)



# There is NO one Pathway!!

It is  
YOUR UNIQUE  
Pathway



# Elite Athlete Programming Flowchart

There is no ONE way...





# Katie Ledecki

October 2011



August 2012



# Katie Ledecki

**“Participating at National Select Camp in 2011 was a wonderful experience. It provided the opportunity to experience the inspiring training atmosphere and facilities found at the Olympic Training Center and allowed me to gain insights from presentations by veteran USA Swimming athletes such as Chloe Sutton and Allison Schmitt. I consider it a great milestone leading to my eventual participation at the 2012 Olympics.”**



# Katie Meili

Age 26

~~Zone Select Camp~~

~~National Select Camp~~

~~Nat'l Jr Team Roster~~

~~Nat'l Jr Team Trip~~



# Cammile Adams

2005 National Select Camp

2007 National Junior Team

2008 National Junior Team

2009 National Junior Team

2010 National Team

2011 National Team

2012 Olympic Team

2016 Olympic Team Captain





# Jacob Pebley

2009 National Junior Team

2010 Jr Pan Pacs, NJT

2011 World Juniors, NJT

2011 National Junior Team

2012 National Team

2013 WUGs, NT

2014 Pan Pacs, NT

2015 WUGs, NT

2016 Olympic Team



# Ryan Murphy

2010 Jr Pan Pacs, NJT

2011 FINA Junior Champs, NJT

2012 National Team

2013 National Team

2014 Pan Pacs, National Team

2015 World Champs, National Team

2016 Olympic Team



# My Swimming Life



by:  
Ryan Murphy

# Pool Competition



**World Championships**

(Long Course)

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**OLYMPIC TRIALS**  
**USA SWIMMING**

# USA Olympic Team

Limited to 2 per event (6 for free relays)

Only need to qualify at Olympic Trials!

Trials 2020: Omaha, Nebraska





# Olympic Games





# Olympic Games

July 25-Aug 1, 2020





Your  
Picture  
Here



**WHY KNOW THIS INFORMATION?**

