## Hershey Aquatic Club

October 14, 2006

WELCOME to all new and returning families to the Hershey Aquatic Club. New families to the club are:

Bauchawitz	Jeremy (11)	Benjamin (13)		Drayer	Mallory (6)
Dinello	Taylor (11)	Tess (7)		Ferrera	Paula (13)
Grier	Sean (14)	Alexis (12)		Geyer	Grant (8)
Doss	Skyler (14)	Austin (11)		Maloy	Taryn (6)
<b>Pandolios</b>	John (12)	Mark (9)		Meyer	Kristina (8)
Sevco	Tyler (15)	Leah (12)		Mistrovic	Alexander (7)
Luttrell	Zach (10)	Kiersten (8)	Cole (6)	Wolffe	Paige (6)



### Halloween Parade:

We will be placing another float into the Derry Township Halloween Parade held October 31. The float will be designed and assembled by the 8<sup>th</sup> grade swimmers and over seen by Coach Jeff. All swimmers are invited to walk in the parade wearing Hershey Aquatic Club attire. Swimmers are to be dropped off at the library and walk over to the plaza between 5:00-6:00 p.m. All parking is at the library or high school. **Senior group** swimmers are to park at the library prior to practice.

#### Practice Information:

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October 26	Diamond 2	Cancelled	Derry Township Trick or Treat
October 31	Silver, Bronze	Cancelled	Plaza Closes for Halloween Parade
November 4	Saturday Practice	Cancelled	BCAT A/BB/C
November 24	Silver, Bronze, Diamond	Cancelled	HHS Alumni Meet (subject to change)
December 9	Saturday Practice	Cancelled	TYR Cup
December 14	Silver, Diamond	Cancelled	Home High School meet (Schuylkill Valley)
January 4	Silver, Diamond	Cancelled	Home High School meet (Cedar Crest)
January 6	Saturday Practice	Cancelled	Parkland A/BB/C
January 11	Silver, Diamond	Cancelled	Home High School meet (Cumberland Valley)
January 13	Saturday Practice	Cancelled	CPAL Dual Meet @ York
January 16	Silver, Bronze	Cancelled	Home High School meet (Susquehanna)

**CPAL Officials Training Clinic:** Looking to get into officiating at swim meets. Attend the Officials Training Clinic held at the Recreation Center November 10 from 6:00-8:00. If you can not make the 10<sup>th</sup>, Penn State Harrisburg will be hosting training November 1. The time has not been confirmed.

**Open Positions:** Bookkeeper (non Board Position). This position would report to the Treasurer and would assume responsibility for entering financial transactions and assist in preparing financial statements. Interested parents should email Steve Mancuso (<u>SMancuso@psu.edu</u>). Webmaster (non Board Position). This position would report to the Director of Communications and assume responsibility for updating the website. Interested parents should email Jennifer Schwartz (jweist@hersheys.com).

Fast Skin II Suits Navy/Orange: Speedo will be offering custom FS II suits to Speedo sponsored teams for a limited time. I will be taking orders via email until October 25. All checks made out to Hershey Swimming Booster Club must be dropped off in the HAC mailbox by this deadline. You can not put this on you club account. All orders are final. Suit sizing can be found at <a href="mailto:speedo.com">speedo.com</a>. Suit arrival will not be until February 1, 2007. Swimmers attending NCSA Junior Nationals or Spring Championships will receive any FS II suit free (E.Rapp, K.Nolan, J.Dyer, M.Leushcner, and K. King). If you do not attend either of these meets, you are responsible for the suit cost.

Female Record Breaker & Male Jammer \$139 Female Leg Skin \$193 Male Leg Skin \$162



<b>Meet Date</b>	Meet Name	<b>Entry Deadline</b>	<b>Meet Type</b>	# of Days
October 28-29	MA Fall Classic	Closed	<b>USA</b> Swimming	2 Day Meet
November 3-5	BCAT A/BB/C Mini	Closed	<b>USA Swimming</b>	3 Day Meet
December 8-10	TYR Cup Holiday Meet	Monday, November 6	<b>USA Swimming</b>	3 Day Meet
January 5-7	PAAC A/BB/C	Monday, November 20	<b>USA Swimming</b>	3 Day Meet
January 7	GAAC 1650 Meet	Monday, November 20	<b>USA Swimming</b>	1 Day Meet
January 10-14	Jr. Pan Pacific Champs	<b>USA Swimming Invite</b>	<b>USA Swimming</b>	5 Day Meet
*January 19-21	*MA Elite Meet	Monday, January 8	<b>USA Swimming</b>	3 Day Meet
February 3-4	WSY A/BB/C	Monday, January 8	<b>USA Swimming</b>	2 Day Meet

- WSY A/BB/C Results: The season opening USA Swimming proved to be very successful in many ways. We took over 60 swimmers, which was the most in our history of attending USA meets. There were over 100 USA Swimming personal best times (PBs). Leading the way was Austin Doss with 9 and behind him with 7 were Skyler Doss, Tyler Sevco, Sam Surfus, and Ariana Waitkavicz. Next meet is at Penn State which will be the last chance to qualify for the TYR Cup Holiday meet.
- <u>BCAT A/BB/C</u> morning sessions have been split to accommodate the number of swimmers entered into the meet. The first a.m. session will be the 13-14 swimmers followed by the 15 & Over swimmers. The sessions will run as follows: Friday: All Warm up 4:00 Start 5:00

<u>Friday:</u>	All	Warm up 4:00	Start	5:00	
Saturday	<u>:</u> 13-14	Warm up 7:00	Start	8:00	
	<b>15&amp;O</b>	Warm up 10:30	Start	11:30	(1st half of warm up in SCM Pool)
	12&U	Warm up 2:00	Start	2:45	
Sunday:	13-14	Warm up 7:00	Start	8:00	
	15&0	Warm up 9:40	Start	10:50	(1st half of warm up in SCM Pool)
	12&U	Warm up 1:30	Start	2:15	_

- **TYR Cup** is filling up quickly. If you have qualifying times, get your entries in ASAP. We will not be able to add anyone once the meet fills and the meet director closes the meet.
- <u>Parkland A/BB/C Meet</u> is filling up quickly. Please get your entries in prior to the November 8<sup>th</sup> deadline. Hershey High School swimmers are not to enter the meet on Friday. There are two HS meets that week and the swimmers need to practice instead of competing three more days. If they have already entered, please delete them from the 500 free or 400 IM.
- <u>MA Elite Meet</u> date was changed from January 26-28 to January 19-21 due to facility availability. It will be at Franklin and Marshall College.
- <u>USA Swimming</u> is very pleased to announce an exciting new program ... the **I.M. Xtreme Challenge**. The IMX Challenge is a motivational program whereby swimmers will be scored and ranked nationally on their performance in a combination of five or six events. The purpose of the program is to promote versatility in age group swimming while advocating greater participation and development across a range of events integral to long term success in swimming.

10&Under Events: 200 IM, 200 Free, 100 Fly, 100 Back, and 100 Breast 500 Free, 200 IM, 100 Fly, 100 Back, and 100 Breast 500 Free, 400 IM, 200 Fly, 200 Back, and 200 Breast 500 Free, 400 IM, 200 Fly, 200 Back, and 200 Breast

Middle Atlantic Swimming will be rewarding the Top 10 IMX scores with in each age group and gender. The top IMX scorer will receive a plaque and the remaining 9 will receive certificates. Power points ranging from 1-1500 will be awarded to each specific time by each age not age group. The total points accumulated by each swimmer in the specified events are their IMX score. MA will also be using the IMX scores a Select Training Camp in Colorado Springs held in December. The criteria will be the Top 10 Male and Female high school aged IMX scorer based on LCM Times starting December 1, 2005 to September 1, 2006. They will also select the Top 5 male and female individual event scorers. Check out MY SWIMMING on the USA Swimming Web site and create your account. The following swimmers a have already completed all the 2006-2007 IMX swims for their age group: Leah Sevco (12) and Paula Ferrara (12).

maswim.org directathletics.org usaswimming.org

# Central Penn Aquatic League

October 22 December 2 December 16 January 13	WSY Kick Off Classic CPAL WSY CPAL Chambersburg CPAL at York Y	10&Under Warm up 8:00a.m. 12&Over Warm up 12:30 8:00 a.m. Start 8:30 a.m. Start 1:00 p.m. Start
January 27 February 11 February 18 February 19	CPAL at Cumberland Valley WSY Valentine Invite (10&U) CPAL Divisional at York Y CPAL All Stars at CVHS	TBA TBA TBA TBA

#### **Dual Meet Guidelines**

- Declaration of absence for a dual meets; need to be emailed to the coaches by the Wednesday prior to the meet.
- Swimmers may miss 1 practice of their practices offered the week of a meet.
- Each swimmer has 2 free passes to use the week of a meet anytime during the season.
- Coaching staff will determine the 3 events each swimmer will swim. If the swimmer can not swim an event legally during practice, they will not be entered into the meet.
- Swimmers must attend at least 3 dual meets to participate in the CPAL Divisional Championships.
- **HOME MEETS:** Warm up schedule will be as follows:

6:30 a.m. Senior, Silver 1&2

7:00 a.m. Bronze, Diamond 1&2

• **AWAY MEETS:** Warm ups begin thirty-five minutes prior to the start of the meet.