Hershey Aquatic Club

November 29, 2007

HAC CLOTHING

HAC clothing order forms have been placed in your communication folders. Order forms are due Wednesday, December 5. If you are out of town, email Jen Doss your orders (105doss@comcast.net). No late orders will be accepted.

PRACTICE UPDATES:

November 30-?	Silver Practice 6:15-8:00 (Friday Evening Workouts)
December 4	PRACTICE CANCELED for Bronze & Diamond 1	Home HS Meet
	Silver Practice 6:30-8:00	MHS Home Meet
December 7	PRACTICE CANCELED for Silver	TYR Meet
December 8	PRACTICE CANCELED Saturday	TYR Meet
December 11	PRACTICE CANCELED for Bronze & Diamond 1	Home HS Meet
December 18	PRACTICE CANCELED Diamond 1	Home HS Meet
December 20	PRACTICE CANCELED for Bronze & Diamond 2	Home HS Meet
December 24	PRACTICE CANCELED for Silver, Bronze, Diamond	POOL Closed
December 25	PRACTICE CANCELED for Silver, Bronze, Diamond	POOL Closed

Central Penn Aquatic League:

Below are the dates for the CPAL swim meet schedule. Please email Coach Jeff (<u>fasty3@aol.com</u>) by the Wednesday prior to the week of the meet.

December 1	NO MEET	
December 15	Chambersburg	
	Warm Up 8:30 a.m.	
January 12	York YMCA	@ Hershey Recreation Center
	Warm Up: 6:30-6:55	Senior & Silver
	7:00-7:25	Bronze & Diamond
January 19	West Shore YMCA	@ Northern York High School
-	Warm Up: 12:30	
January 26	Cumberland Valley AC	@ To Be Determined
February 16	Divisional Championships	
February 17	All Star Championships	@ Cumberland Valley

USA SWIMMING COMPETITIONS

SC National Championships: November 29-December 1, 2007

Georgia Tech will be hosting this competition that is bringing in over 10 former Olympians. This meet is the qualifier for the Short Course World Championships in Manchester, England in April. Katie Nolan will be competing with some of fastest competition in the country at Georgia Tech University as she tries to make Team USA. Here highest seed is 9th in the 100 Fly. Real time results can be followed on the USA swimming web site.



TYR Cup Holiday Meet: December 7-9, 2007:

Please review your entries on the online database. If you were already entered in a session and made more qualifying events at BCAT, those were added. Also, check to see if you are on any relays.

Prelims Warm up Schedule:

Friday & Sunday A.M. 6:30-7:10 Friday & Sunday P.M. 12:30-12:55 Saturday AM. 7:15-7:55 Saturday P.M. 1:00-1:25

Finals Warm Up Schedule:

All Days Arrive by 5:00 (check with coaches each day)

All Swimmers qualifying for Finals are expected to swim. Make sure the results are checked before leaving the pool. The following make it back to finals:

Senior Events: Top 24 13-14 Events: Top 16 11-12 Events: Top 16 10&Under: Timed Finals

GAAC 1650: January 6, 2008:

The meet has not been closed by the meet host. We currently have 15 swimmers attending. If you would like to swim the mile, please email me.

CBAC Inaugural: January 19-20, 2008:

The meet has not been closed by the meet host. If you would like to enter, please email me and I will get you in the meet.

Middle Atlantic Elite Meet: January 25-27, 2008:

Entry deadline is January 11, 2008. Meet information has not been released on the MA web site. The meet will be taking place at Gloucester County Institute of Technology (GCIT) located in Sewell, NJ. Please be sure to a make you room reservations.

WSY A/BB/C Meet: February 3, 2008:

Due to difficulties securing a pool for both days, this meet will be run as an IMX meet on Sunday, February 3. Meet information will be out on the MA web site later next week.



IMX Scores to Date:	<u>Age</u>	<u>Score</u>	National Rank	Zone Rank	LSC Rank
David Nolan	14	4745	$3^{\rm rd}$	2^{nd}	2^{nd}
Austin Doss	12	2789	95 th	16^{th}	$3^{\rm rd}$
Ariana Waitkavicz	12	2764	156 th	31^{st}	5 th
Vivian Tafuto	10	2245	252 nd	48 th	13 th

Virtual Club Championships

Hershey Aquatic Club

National VCC	131 st	out of 2009 teams
LSC VCC	7^{th}	out of 88 teams