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High School Season

Monday, Nov. 20 Official Hershey High School Practice Begins Monday-Friday

Non Hershey High School swimmers will need:

- A. Practice with their high school team
- B. Become a member of the DTCC and swim alongside HHS at the normal practice time.
- C. Saturday practice are HAC practices, not high school.

Thanksgiving Break

College Swimmers may come in 1:00-2:30 (non DTCC members will be charged \$5/practice)

Wednesday, Nov. 23 Normal Practice Schedule

Thursday, Nov. 24 No Practice for all groups

Friday, Nov. 25 Normal Practice Schedule + AG-Silver Dives @ DTCC

Saturday, Nov 26 Normal Practice Schedule ~ HAC

Monday, Nov. 28 Normal Practice Schedule

Holiday Break

College Swimmers: Until the dates below you may come in at 1:00-2:30 for an organized practice. (Non DTCC members will be charged \$5/practice). Starting December 26 you may practice during the HAC Senior practice 7:00-9:00 am practice time.

Friday, Dec. 23 Normal Practice Schedule

Saturday, Dec. 24 NO PRACTICE

Monday, Dec. 26	HHS	3:00-5:00			
	Pre Sr	4:15-5:45	Dry Land	5:00-6:30	Swim
	AG-Gold	6:30-7:45			
	AG-Silver	6:15-7:15	@DTCC		
	AG-Bronze	5:15-6:15	@DTCC		

Tuesday, Dec. 27	HAC Sr	7:00-9:00 am	SCY @ DTCC or LCM @ KA		
	HHS	3:00-5:00			
	Pre Sr	5:00-6:30			
	AG-Gold	6:00-6:20	Dry Land	6:30-7:45	Swim
	AG-Silver	6:15-7:15	@DTCC		
	AG-Bronze	5:15-6:15	@DTCC		

Wednesday, Dec. 28	HAC Sr	7:00-9:00 am	SCY @ DTCC or LCM @ KA		
	HHS	3:00-5:00			
	Pre Sr	4:15-5:45	Dry Land	5:00-6:30	Swim
	AG-Gold	6:30-7:45			
	AG-Silver	6:15-7:15	@DTCC		
	AG-Bronze	5:15-6:15	@DTCC		

Thursday, Dec. 29	HAC Sr	7:00-9:00 am	SCY @ DTCC or LCM @ KA		
	HHS	3:00-5:00			
	Pre Sr	5:00-6:30			
	AG-Gold	6:00-6:20	Dry Land	6:30-7:45	Swim
	AG-Silver	6:15-7:15	@DTCC		
	AG-Bronze	5:15-6:15	@DTCC		

Friday, Dec. 30	HAC Sr	7:00-9:00 am	SCY @ DTCC or LCM @ KA		
	HHS	3:00-4:30			
	Pre Sr	4:30-5:45			

Saturday, Dec. 31	HAC Sr	7:00-10:00 am	LCM @ KA		
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