

Time Schedule for Coaches and Swimmers

Friday, February 9, 2024

Swimmers and Coaches arrive – 3:30 PM
(Entrance around side of building)

Coaches Enter the Pool Area – 3:40 PM

Swimmers Enter the Pool Area – 3:45 PM

Warm ups – Starting at 4:10 PM (See
schedule on the next page)

Coaches Scratch Meeting – 5:30 PM

First event will start – 6:00 PM

Projected finish – 8:40 PM

Saturday, February 10, 2024

Swimmers and Coaches arrive – 9:30 AM
(Entrance around side of building)

Coaches Enter the Pool Area – 9:40 AM

Swimmers Enter the Pool Area – 9:45 AM

Warm ups – Starting at 10:10 AM (See
schedule on the next page)

Coaches Scratch Meeting – 11:30 AM

First event will start – 12:00 Noon

Projected finish – 2:50 PM

**Please adhere to these time lines above. Cumberland Valley HS is in session on Friday, so
please don't arrive earlier than 3:30 PM on Friday.**

Pool Deck Team Seating

The seating for both the Friday and Saturday sessions are as follows:

Trinity	East Penn				Guard		Announcer
Waynesboro	POOL						
Hershey							
CV/ Middletown							
Gettysburg	McDevitt	Chambersburg	Lower Dauphin	Big Spring			AWARDS
Boiling Sprgs	Northern		Susquehanna	Shippensburg			
		Mechanicsburg					
J Buchanan	Red Land		Carlisle	Cedar Cliff			
	Palmyra	State College	Milt Hershey	CD			