

2023 UDHS Cardinal Classic Invitational

Friday December 15th and Saturday December 16th

Below you will find information regarding the Upper Dublin High School Cardinal Classic. We are hoping the meet will provide teams and individuals an opportunity to accomplish some of their season goals (especially trying to make the automatic District cut) early in the season. If you have any questions regarding the meet, **please contact Jamie Forlini at jlfswim@comcast.net**. Thank you in advance and we hope to see you on the 15th/16th.

Location: Upper Dublin High School
800 Loch Alsh Ave
Ft. Washington, PA 19034

Eligibility: Open to members of PIAA and InterAc schools. **This is a FIRST COME, FIRST SERVE meet and we anticipate the meet will fill. We are splitting the meet into two sessions: Girls (AM) and Boys (PM)**
Only entry files reserve a spot in the meet. School checks sent prior to entry files DO NOT reserve a spot in the meet.

Entry Limitations: Swimmers are limited in competition to no more than (4) events per PIAA rules: (2 individual events + 2 relays, or 1 individual event + 3 relays). Each school may enter any number of athletes per event as long as they don't exceed the 4 event limit per athlete. Relays are limited to two entries per team. All events are timed finals.

Schedule: **Diving:**
Friday December 15th
Warm-ups: 2:45-3:50 PM Competition: 4:00 PM

Swimming:
Saturday December 16th
Girls: Warm-ups: 8:00-9:20 AM Competition: 9:30 AM
Boys: Warm-ups: 1:00-2:20 PM Competition: 2:30 PM

Rules: Current PIAA Rules & Regulations shall govern the meet. The meet is pending USA Observation status.

Entry Fee: Entry fee is \$250.00 per school for Boy's *and* Girl's Teams, or \$125 per school for those sponsoring just one team. If you are entering an individual(s) from your team, it will be \$25.00 entrance fee per individual. If you are entering diving only, it will be \$75 per team.

Entry Deadline: **5:00 PM Tuesday, December 5, 2023 OR WHEN MEET IS FULL***
This meet is First Come/First Serve- the meet will close to entries when full
ONE TIME UPDATE FILE may be sent NO LATER THAN 8 P.M., Thursday, December 14, 2023

No Late entries will be accepted.

All entries and fees for all swimmers and divers are due by Friday, December 15.

Make checks payable to: UDHS Fund and mail to:

Upper Dublin Athletic Department
c/o Matthew Heiland

800 Loch Alsh Ave.
Ft. Washington, PA 19034

*UDHS reserves the right to close the meet when max entries are reached, if max entries are reached prior to entry deadline.

Qualifying Times: All competitors must meet individual qualifying standards. There are no qualifying times for relays.

Girls Q-Time (Yards)	Event	Boys Q-Time (Yards)
	200 Medley Relay	
2:11.00	200 Freestyle	2:05.00
2:34.00	200 I.M.	2:24.00
28.00	50 Freestyle	25.50
1:13.00	100 Butterfly	1:05.00
	200 Freestyle Relay	
1:01.00	100 Freestyle	56.00
6:10.00	500 Freestyle	5:45.00
1:10.00	100 Backstroke	1:06.00
1:19.00	100 Breaststroke	1:11.50
	400 Free Relay	

Entry Procedures: Swimmers: Entry forms can be downloaded as Hy-Tek file (to be imported To Team Manager). Competitors must enter their qualifying times for all individual events.

Emailed entries must be submitted to Jamie Forlini (**jlfswim@comcast.net**). Emails sent to any other site will not be valid for purposes of the meet. Include with your entry file one (1) report by name and one (1) report by event. In the body of your email, provide contact information (Name of coach, email address, and cell phone number).

Divers: Email completed diving entries to Jamie Forlini (**jlfswim@comcast.net**) Please include coach's email address. **Dive sheets are due NO LATER THAN Tuesday, Dec. 12.**

THIS WILL BE A 6 DIVE MEET. The required dive of the week will be used.

Food: The concession stand will provide a full range of food and beverages during the meet. Water is the only food item allowed on deck or in the balcony. ALL other beverages and food must be consumed in the athletic complex lobby and are NOT permitted on the pool deck or in the stands.

Spectators: The fee for admission to this event is \$5 for adults and \$2 for students.