

Please enter the pool area by Lane 1 and have the swimmers exit though the locker rooms. Sprint lanes will be permitted at the team's own discretion. During sprints, swimmers must enter pool from the starting blocks and exit from the opposite end of the lane.

Saturday, November 8th ~ Session 1

Start 4:30pm - End 7:15pm

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
2:40pm-3:00pm	KJAY	KJAY	KJAY	KJAY	KJAY	KJAY	KJAY	KJAY
3:00pm-3:20pm	WCAY	WCAY	WCAY	WCAY	WCAY	LYM	LYM	LYM
3:20pm-3:40pm	BCLY	BCLY	BCLY	BCLY	BCLY	BCLY	CECY	CECY
3:40pm — 4:00pm	RAYS	RAYS	RAYS	RAYS	RAYS/KJAY	KJAY	KJAY	KJAY
4:00pm-4:20pm	SFY	SFY	SFY	SFY	BYST	BYST	BRY	BRY



Sunday, November 9th ~ Session 2

Start 8:45am - End 11:30am

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:30am-7:45am	KJAY							
7:45am-8:00am	WCAY	WCAY	WCAY	WCAY	WCAY	WCAY	CECY	CECY
8:00am-8:15am	BCLY	BCLY	BCLY	BCLY	RAYS	RAYS	RAYS	RAYS
8:15am-8:30am	LYM	LYM	SFY	SFY	BYST	BYST	BRY	BRY

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Start 2:00pm – End 6:45pm

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
12:00pm-12:20pm	KJAY	KJAY	KJAY	KJAY	KJAY	KJAY	KJAY	KJAY
12:20pm-12:40pm	KJAY	KJAY	KJAY	KJAY	BRY	LYM	LYM	LYM
12:40pm-1:00pm	WCAY	WCAY	WCAY	WCAY	WCAY	WCAY	WCAY	CECY
1:00pm-1:20pm	RAYS	RAYS	RAYS	RAYS	RAYS/SFY	SFY	SFY	SFY
1:20pm-1:40pm	BCLY	BCLY	BCLY	BCLY	BCLY	BCLY	BYST	BYST

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