



Hot Cocoa Mini Meet 2026 – Warm Up Sessions

Sprint lanes will be permitted at the team's own discretion. During sprints, swimmers must enter pool from the starting blocks and exit from the opposite end of the lane.

Start 1:30pm – End 7:00pm

Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
11:30–11:45pm	BCLY	BCLY	BCLY	BCLY	BCLY	BCLY
11:45am–12:00pm	BCLY	BCLY	UMLY	UMLY	UMLY	UMLY
12:00–12:15pm	WCAY	WCAY	WCAY	WCAY	WCAY	WCAY
12:15–12:30pm	RAYS	RAYS	RAYS	RAYS	RAYS	RAYS
12:30–12:45pm	PAY	PAY	PAY	PAY	PAY	PAY
12:45–1:00pm	LYM	LYM	LYM/BRY	BRY	BRY	BRY
1:00–1:15pm	KJAY	KJAY	KJAY	KJAY	KJAY	KJAY