



# TYPES OF SWIM MEETS

## Regular Season Meets

### Dual Meets

Anyone can swim in these on the team or in Stroke/Conditioning



### Regular Season Invitationals

Some can have qualifying times and some open to everyone...must read description in Team Unify.

YMCA

USA Swimming



### Adams Divisional Championships

This meet is open to any swimmer that has swum in 2 dual meets. There are no qualifying times for this meet.



# Post Season Meets

Meets below are qualifying meets. Times can only be used from 9/1/20 to meet entry deadline. Swimmers must swim in 3 closed Y meets to swim to compete.

This date will reset at the start of each winter season.

Please note: All qualifying times will be posted under the event in Team Unify. Coach Kelly will run an eligibility report once she receives the meet file.

