

Maine Swimming, Inc.

800 Meter Freestyle – Long Course

Event #: _____ Lane #: _____

Men

Split Recording Sheet
Women (circle one)

Swimmer:				
Laps	Meters	Heat #: _____	Heat #: _____	Heat #: _____
2	100			
4	200			
6	300			
8	400			
10	500			
12	600			
14	700	Bell	Bell	Bell
16	800			

Event #: _____ Lane #: _____

Men

Women (circle one)

Swimmer:				
Laps	Meters	Heat #: _____	Heat #: _____	Heat #: _____
2	100			
4	200			
6	300			
8	400			
10	500			
12	600			
14	700	Bell	Bell	Bell
16	800			

Event #: _____ Lane #: _____

Men

Women (circle one)

Swimmer:				
Laps	Meters	Heat #: _____	Heat #: _____	Heat #: _____
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10	500			
12	600			
14	700	Bell	Bell	Bell
16	800			

Record the split times from the scoreboard. The watch time is to be recorded on the usual lane timer sheet