



Maine Swimming Times Report For 9/1/2024 - 8/31/2025

Girls 17-18 Short Course Yards Top Times

Rank	Event	Time	Power		Swim				Standard	Age Group
			Pts	First Name	Last Name	Club	Date	Meet		
1	50 FR SCY	24.05	762	Ella	Montgomery	DEFY	3/15/2025	2025 ME Maine Winter Championships	AAA	17-18
2	50 FR SCY	24.63	707	Sally	Vannini	PBAY	4/1/2025	2025 NC YMCA SC Nationals TT	AAA	17-18
3	50 FR SCY	25.30	644	Addison	Pollis	LRSC	3/15/2025	2025 ME Maine Winter Championships	AA	17-18
4	50 FR SCY	25.57	619	Ann-Katherin	Burns	DEFY	3/15/2025	2025 ME Maine Winter Championships	AA	17-18
5	50 FR SCY	26.22	561	Rowan	Stewart	KVY	6/14/2025	2025 ME BYB Stars, Stripes and Speedos	A	17-18
6	50 FR SCY	26.28	556	Rana	Abess	PBAY	4/3/2025	2025 NC YMCA SC Nationals TT	A	17-18
7	50 FR SCY	26.33	551	Lily	Byer	MDIY	2/28/2025	2025 ME AP YMCA State Swimming Champic	A	17-18
8	50 FR SCY	26.66	522	Lily	Allen	MDIY	3/15/2025	2025 ME Maine Winter Championships	A	17-18
9	50 FR SCY	27.48	453	Isabelle	Byer	MDIY	3/15/2025	2025 ME Maine Winter Championships	BB	17-18
10	50 FR SCY	27.81	426	Emma	McDowell	KVY	2/28/2025	2025 ME AP YMCA State Swimming Champic	BB	17-18
1	100 FR SCY	52.76	722	Ella	Montgomery	DEFY	3/16/2025	2025 ME Maine Winter Championships	AAA	17-18
2	100 FR SCY	54.19	653	Sally	Vannini	PBAY	4/3/2025	2025 NC YMCA SC Nationals TT	AA	17-18
3	100 FR SCY	56.16	562	Rana	Abess	PBAY	3/16/2025	2025 ME Maine Winter Championships	A	17-18
4	100 FR SCY	56.50	547	Addison	Pollis	LRSC	3/16/2025	2025 ME Maine Winter Championships	A	17-18
5	100 FR SCY	57.70	495	Ann-Katherin	Burns	DEFY	3/15/2025	2025 ME Maine Winter Championships	A	17-18
6	100 FR SCY	58.02	482	Lily	Byer	MDIY	2/28/2025	2025 ME AP YMCA State Swimming Champic	A	17-18
7	100 FR SCY	58.26	472	Lily	Allen	MDIY	3/15/2025	2025 ME Maine Winter Championships	A	17-18
8	100 FR SCY	59.64	416	Isabelle	Byer	MDIY	3/16/2025	2025 ME Maine Winter Championships	BB	17-18
9	100 FR SCY	59.96	403	Emma	McDowell	KVY	2/28/2025	2025 ME AP YMCA State Swimming Champic	BB	17-18
10	100 FR SCY	1:02.40	312	Adriana	Richardson	DEFY	3/16/2025	2025 ME Maine Winter Championships	BB	17-18
1	200 FR SCY	1:58.15	618	Ella	Montgomery	DEFY	12/14/2024	2024 ME ABF Michelle Arpin Memorial Meet	AA	17-18
2	200 FR SCY	2:00.16	571	Rana	Abess	PBAY	3/14/2025	2025 ME Maine Winter Championships	AA	17-18
3	200 FR SCY	2:07.10	424	Lily	Allen	MDIY	12/14/2024	2024 ME ABF Michelle Arpin Memorial Meet	BB	17-18
4	200 FR SCY	2:08.78	391	Sally	Vannini	PBAY	3/14/2025	2025 ME Maine Winter Championships	BB	17-18
5	200 FR SCY	2:10.30	363	Isabelle	Byer	MDIY	3/14/2025	2025 ME Maine Winter Championships	BB	17-18
6	200 FR SCY	2:10.95	351	Lily	Byer	MDIY	3/14/2025	2025 ME Maine Winter Championships	BB	17-18
1	500 FR SCY	5:21.34	549	Rana	Abess	PBAY	2/28/2025	2025 ME AP YMCA State Swimming Champic	AA	17-18
2	500 FR SCY	5:40.02	400	Lily	Allen	MDIY	3/15/2025	2025 ME Maine Winter Championships	BB	17-18
3	500 FR SCY	6:02.58	242	Adriana	Richardson	DEFY	2/28/2025	2025 ME AP YMCA State Swimming Champic	BB	17-18
1	1000 FR SCY	11:52.86	391	Lily	Allen	MDIY	3/16/2025	2025 ME Maine Winter Championships	BB	17-18
1	1650 FR SCY	19:06.18	504	Rana	Abess	PBAY	12/13/2024	2024 ME ABF Michelle Arpin Memorial Meet	A	17-18
1	100 BK SCY	57.01	805	Ella	Montgomery	DEFY	3/15/2025	2025 ME Maine Winter Championships	2025 Futures (LCM)	17-18
2	100 BK SCY	1:01.57	615	Rowan	Stewart	KVY	6/14/2025	2025 ME BYB Stars, Stripes and Speedos	A	17-18
3	100 BK SCY	1:03.18	552	Addison	Pollis	LRSC	3/15/2025	2025 ME Maine Winter Championships	BB	17-18



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			Pts					Date	Meet		
4	100 BK SCY	1:07.25	404	Emma	McDowell	KVY	2/28/2025	2025 ME AP YMCA State Swimming Champic		BB	17-18
5	100 BK SCY	1:07.64	391	Lily	Byer	MDIY	3/15/2025	2025 ME Maine Winter Championships		BB	17-18
1	200 BK SCY	2:09.60	687	Ella	Montgomery	DEFY	3/16/2025	2025 ME Maine Winter Championships		AA	17-18
2	200 BK SCY	2:20.03	509	Addison	Pollis	LRSC	3/16/2025	2025 ME Maine Winter Championships		BB	17-18
3	200 BK SCY	2:25.52	422	Emma	McDowell	KVY	3/16/2025	2025 ME Maine Winter Championships		BB	17-18
1	100 BR SCY	1:05.89	748	Ann-Katherin	Burns	DEFY	2/28/2025	2025 ME AP YMCA State Swimming Champic		AAA	17-18
2	100 BR SCY	1:08.94	647	Rana	Abess	PBAY	3/14/2025	2025 ME Maine Winter Championships		AA	17-18
3	100 BR SCY	1:18.68	354	Adriana	Richardson	DEFY	12/14/2024	2024 ME ABF Michelle Arpin Memorial Meet		BB	17-18
1	200 BR SCY	2:29.13	648	Rana	Abess	PBAY	4/1/2025	2025 NC YMCA SC Nationals TT		AA	17-18
2	200 BR SCY	2:29.67	640	Ann-Katherin	Burns	DEFY	3/15/2025	2025 ME Maine Winter Championships		AA	17-18
3	200 BR SCY	2:46.59	407	Adriana	Richardson	DEFY	12/15/2024	2024 ME ABF Michelle Arpin Memorial Meet		BB	17-18
1	100 FL SCY	55.43	821	Ella	Montgomery	DEFY	2/28/2025	2025 ME AP YMCA State Swimming Champic	2025 Futures (LCM)		17-18
2	100 FL SCY	1:00.00	643	Addison	Pollis	LRSC	3/14/2025	2025 ME Maine Winter Championships		AA	17-18
3	100 FL SCY	1:00.74	616	Sally	Vannini	PBAY	4/4/2025	2025 NC YMCA SC Nationals TT		A	17-18
4	100 FL SCY	1:02.80	540	Lily	Allen	MDIY	3/14/2025	2025 ME Maine Winter Championships		A	17-18
5	100 FL SCY	1:03.62	511	Ann-Katherin	Burns	DEFY	3/14/2025	2025 ME Maine Winter Championships		BB	17-18
6	100 FL SCY	1:07.67	375	Isabelle	Byer	MDIY	2/28/2025	2025 ME AP YMCA State Swimming Champic		BB	17-18
1	200 FL SCY	2:05.85	770	Ella	Montgomery	DEFY	4/4/2025	2025 NC YMCA SC Nationals		AAA	17-18
2	200 FL SCY	2:18.17	570	Addison	Pollis	LRSC	3/15/2025	2025 ME Maine Winter Championships		A	17-18
3	200 FL SCY	2:26.19	447	Sally	Vannini	PBAY	12/15/2024	2024 ME ABF Michelle Arpin Memorial Meet		BB	17-18
1	200 IM SCY	2:14.80	612	Rana	Abess	PBAY	4/2/2025	2025 NC YMCA SC Nationals TT		A	17-18
2	200 IM SCY	2:16.14	588	Ann-Katherin	Burns	DEFY	2/28/2025	2025 ME AP YMCA State Swimming Champic		A	17-18
3	200 IM SCY	2:18.77	541	Addison	Pollis	UN	2/8/2025	2025 ME HS OB HVAC Girls Championships		A	17-18
4	200 IM SCY	2:22.56	476	Sally	Vannini	PBAY	3/16/2025	2025 ME Maine Winter Championships		BB	17-18
5	200 IM SCY	2:23.27	464	Lily	Allen	MDIY	2/28/2025	2025 ME AP YMCA State Swimming Champic		BB	17-18
6	200 IM SCY	2:29.34	368	Isabelle	Byer	MDIY	3/16/2025	2025 ME Maine Winter Championships		BB	17-18
1	400 IM SCY	4:47.89	600	Rowan	Stewart	KVY	6/14/2025	2025 ME BYB Stars, Stripes and Speedos		AA	17-18
2	400 IM SCY	4:50.71	577	Rana	Abess	PBAY	3/14/2025	2025 ME Maine Winter Championships		A	17-18
3	400 IM SCY	5:09.29	433	Lily	Allen	MDIY	12/14/2024	2024 ME ABF Michelle Arpin Memorial Meet		BB	17-18
4	400 IM SCY	5:23.35	333	Isabelle	Byer	MDIY	3/14/2025	2025 ME Maine Winter Championships		BB	17-18