AGE GROUP/ SENIOR MEETING Jan. 24 2023 Finalize Jacob Pebley Clinic

We have the Cafe at Cape from 10 am to 3:30. Be at Registration Desk. 3 athletes at the desk. 9:00 am get there 9:30 check in open 10 am start 10-12 clinic 12-1 eat and signing 1 pm warm up

Buy sharpies and water bottles

Award the winners at the meet!!!